

STUDENT COUNSELING CENTER / STUDENT HEALTH SERVICES

CONTACT PERSON

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OVERVIEW

Two separate and unique student service functions exist within the Student Counseling Center (SCC) and Disability Services (DS) office. While SCC focuses on improvement in the emotional, psychological and relational well-being of our students, our DS office and staff works with students who present with a documented physical, cognitive, sensory and/or psychological disability to provide reasonable accommodations and/or course adjustments for these students.

COUNSELING SERVICES

The counseling office provides short-term developmental and preventive assistance for both full and part-time students at LCSC. At any age, adjustment to college represents a major life transition and counseling is a learning process that assists students in taking responsibility for their lives and education. SCC professional counselors are available to assist students with a variety of personal and mental health issues, which may impede academic progress and personal growth. SCC provides services to individuals and couples and time-limited, topical groups are offered for students based on need and/or interest. Substance abuse screening and assessment services are also provided and referral to community treatment providers occurs as warranted. SCC also responds to students in crisis situations and facilitates referral to other campus and/or community medical/behavioral health providers as needed. All information discussed with counselors is kept strictly confidential. The department adheres to the American Counseling Association code of ethics.

DISABILITY SERVICES

The goal of Disability Services (DS) is to establish a campus environment that is accessible to students with disabilities. The DS coordinator or other designated staff member, will meet with each student (who self-identifies) to assess the students' individual needs and will assist with the provision of accommodations and course adjustments that might be necessary for that student on a case-by-case basis. Students must provide satisfactory documentation of their disability which identifies not only a medical or mental health condition or diagnosis that is interfering with the student's learning, but also provides information regarding the student's functional limitations and recommendations to address such limitations within the classroom. Disability Services seeks to inform faculty, staff and the entire campus community of the needs of students with disabilities. Some of the specific course adjustments or accommodations available include but are not limited to: physical accessibility accommodation, academic adjustments, auxiliary aids, recorded textbooks, and

assistance with note-taking, readers and sign language interpreters as needed. Students are strongly encouraged to notify the DS office before arrival on campus and to make an appointment to discuss documentation and our services. All information will be kept confidential unless a release of information is signed by the student and in compliance with FERPA (Family Educational Rights & Privacy Act) guidelines.

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Student Health Services e-mail: studenthealthservices@lcsc.edu

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OVERVIEW

Student Health Services (SHS) provides basic health care needs and works collaboratively with students to achieve their basic physical and emotional health goals while helping the student move forward with their academic pursuits.

SERVICES

SHS provides basic health care by licensed and experienced medical practitioners. All LCSC students are eligible to utilize services at SHS and do not need to be enrolled in the Student Health Insurance Program (SHIP). Providers are available by appointment, although, walk-ins are welcome. Services include evaluation and treatment of minor injuries and illnesses, and wellness exams. Personal counseling services are available and are coordinated with Student Counseling Center. The sessions may address high-risk behaviors, alcohol and drug problems, eating disorders, depression, anxiety, PTSD and more. The SHS nurse can provide minor assessments, quick screens (influenza, mono, strep, UTI's), immunizations, minor wound dressing changes, blood pressure and temperature checks, and on-site lab draws. In addition SHS provides both individual and population based educational programming and presentations.

Additional services include: Over the counter medications, flu shot clinic, STD testing when requested, and teaching resources and material for many different health and wellness topics. Hours of operation are 8:00 a.m. to 12:00 p.m. and 1:00 to 5:00 p.m. Monday through Friday. Summer hours are 8 a.m. to 12 p.m. and 1:00 to 5:00 p.m. Monday through Thursday and 8 a.m. to 12 p.m. on Fridays. Student Health Services is open 12 months out of the year and is closed on holidays.

FEES

A flat fee is charged for each office visit with the health care practitioner but additional charges are assessed for any further testing ordered by a provider. There are also minimal fees to see the registered nurses, depending on the service requested. SHS currently bills LCSC SHIP and other select insurance companies and will provide direction for students to file claims with other insurance companies that SHS does not bill directly. All fees are due at the time of a scheduled appointment; payment arrangements are available but all

accounts must be paid in full by the end of each semester. All outstanding accounts will result in a 'Hold' being placed on the student account until the account is paid in full (a Hold includes not being able to ~~cannot~~ register, receive diploma, etc.)

REQUIRED HEALTH INSURANCE & STATE STUDENT HEALTH PLAN (SHIP)

SHIP is an Idaho State Board of Education mandate requiring full-fee paying students (enrolled in 12 or more credits per semester) to have health insurance. These students are automatically enrolled in the SHIP. There are no insurance forms to complete. The cost of SHIP is added directly to the Student Fees. SHIP brochures are available by contacting the LCSC center in Coeur d'Alene, Student Health Services at the Lewiston Campus, or at the LCSC Student Health web site: <http://www.lcsc.edu/osl/inshealth>.

Students who currently have medical insurance or are covered by a spouse's or parents insurance may waive SHIP. To waive SHIP, students log on to the Student Health website and click on "SHIP Rates and Coverage." Students should compare their present health insurance policy against the plan coverage of SHIP. Students who are covered under a plan that does not meet all of the applicable requirements will not be allowed to waive coverage under this plan. If their plan is comparable in covered services, they may begin the waiver process. Students can access the waiver by going to the student menu and clicking the Student Health Insurance Waiver. The waiver form must be completed and submitted on WarriorWeb by the fifth day of each semester by 5 pm. Only waivers received through the Warrior Web before fifth day will be accepted. Students enrolled in less than 12 credits are not eligible to participate in SHIP and are NOT required to submit a waiver.

Full-time students enrolled in SHIP have the option of adding a spouse and/or child(ren) to SHIP. Students may enroll eligible Dependents in the plan online with a MasterCard or Visa at www.renstudent.com/lcsc by the Dependent Enrollment Deadline Date. Students who wish to pay by check or money order may download a Dependent enrollment form from www.renstudent.com/lcsc and submit the completed form, along with the proper payment, to Renaissance Insurance Agency, Inc. For more information please contact Renaissance Insurance Agency, Inc. at 1-800-537-1777.

For all newly acquired Dependents (spouse and/or children) must be received within 60 days of marriage or within 91 days of birth or placement of a Dependent child. Please visit www.renstudent.com/lcsc for additional information on Dependant definition and Enrollment Deadline Dates.

HOW SHIP WORKS

Students enrolled in SHIP are encouraged to use Student Health Services (SHS) during office hours. Students are responsible for 20% of the cost of services provided at SHS. SHIP uses In-Network Providers (PPO) and Out-of-Network Providers (non-PPO). For more details regarding PPO/non-PPO network visit www.renstudent.com/lcsc. For all emergencies (unconscious, bleeding following accident, etc) students should proceed to the closest emergency facility. Students or their representatives must notify Student Health by calling 208-792-2251, after they are stabilized in the ER. Non-emergent ER visits will be charged the \$200 plus the \$250 deductible for each unauthorized non-emergent ER visit before SHIP will pay for covered services at 80%.

All international students attending Lewis-Clark State College, on a nonimmigrant visa with LCSC as the sponsoring institution, regardless of the number of credit hours they are enrolled in, are required to purchase the Lewis-Clark State College SHIP. Students who are studying outside the US through a LCSC program are not required to purchase LCSC SHIP.

International students are informed of the insurance requirements, coverage and estimated costs on the I-20 immigration form prior to the issuance of a visa.

CONFIDENTIALTY

All patient/student information is confidential. Student Health is a FERPA compliant service; information in students' medical charts is viewed only by health care providers involved directly in the plan of care for each individual. The student must provide written permission to the staff in Student Health Services authorizing release of any medical information to anyone other than those professionals directly involved in the plan of care. All information provided to the medical or office staff is protected and confidential.