

ADDICTION STUDIES

ADS-243 INTRODUCTION TO ADDICTION STUDIES (3 cr.) An intensive survey and introductory course for those wanting to pursue a degree minor in the field of substance abuse counseling and addictionology. Basic information about Federal and State Funding streams, Federal agencies and their function and role in setting federal mandates for shaping policy and procedures that drive funding for the addictions field. An overview of historical and current trends in the War on Drugs, the economy of keeping drug cultures alive, as well as the secret history of addictions will be explored. Specifically this course is designed to help the student determine direction and professional career planning in this ever-changing field of treatment and prevention. The goal is to allow the student to gain valuable information and then to determine career choices in the various settings where treatment and prevention services are administered. Pre-requisites: PSYC 101, or the permission of the instructor. Cross-listed with PSYC 243.

ADS-245 GROUP SKILLS SUBSTANCE ABUSE PREVENTION (3 cr.) This course will explore beginning group processes and group skills necessary for the prevention professional. Focus will include the learning and practicing of basic listening and helping skills and learning about group dynamics and processes, types of groups, and differences between various types of groups such as therapy, process and skill building groups. Additional information will center on assisting the beginning group facilitator to practice as a competent, ethical, cultural and gender sensitive facilitator. Specific content of the course will address theories of group process and dynamics, actual in class, hands-on practice of methods of group process and chances to participate and evaluate their group involvement. Through the reading, role playing, actual in class group participation as facilitator, in class assignments, lectures, writing projects and other educational tools the student will gain a general understanding of group work in substance abuse prevention services and how these services can be applied to youth in communities and schools in Idaho. Although the text and lectures are a minimal source for course content, the student will also be required to respond to and interact with other sources of information such as research, relevant educational and training videos and possible guest lectures. The student, as a result of this course, should have a basic knowledge and understanding of theories and skills needed to facilitate various groups in prevention settings as a competent, ethical and culturally sensitive group facilitator. This is a required course taken by students pursuing training as a Prevention Specialist or wishing to enhance their understanding and skill level in working with groups in the substance abuse prevention field. It is a course highly relevant to other majors and helping professions such as Education, Health, Social Work, Sociology, Kinesiology, Psychology, and Nursing, or anyone interested in improving general helping skills, group management techniques and basic knowledge, skills and attitudes related to running groups within the prevention field or other helping professions.

ADS-442 ETHICAL PRINCIPLES IN COUNSELING (3 cr.) Topics covered include federal and state laws, client welfare as a primary concern, professional competence-supervision/development, financial issues, personal wellness, and relationships to professionals and institutions. Development of students' ability to conceptualize ethical issues, utilize an appropriate model for resolution, and appreciate personal values and modes of ethical problem-solving are also considered. Fee required. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with PSYC 442.

ADS-443 CASE MANAGEMENT AND CHEMICAL DEPENDENCY (3 cr.) The course focuses on practical application and administration of Case Management Services in health and human service delivery systems in Idaho. Case management studies emphasize clinical focus on case management services that apply to Rural and Frontier settings in Idaho. Students work with case management models where case management and records monitoring occur, from hospital, in-patient care to out-patient settings in rural communities. Students are exposed to various treatment populations such as High Risk populations including AIDS/HIV populations, elderly, Native American, as well as gender specific issues. Students will be exposed to other disciplines such as Mental Health, Voc-Rehab. as well as Developmental Disability populations. Pre-requisites: PSYC 101, PSYC 442, or permission of instructor. Cross-listed with PSYC 443.

ADS-444 CHEMICAL DEPENDENCY AND PHARMACOLOGY (3 cr.) Introduction to basic concepts of drug absorption, distribution and effect. It is intended to provide substance abuse counselors with a broad background in the understanding of drug effects and operations. Additionally, to allow the student to have a base of knowledge of pharmacology upon which instruction and education of clients can be facilitated. Fulfills the requirement for certification for both Idaho and Washington State Certification Boards. Includes concepts of basic neuroanatomy, concepts of drug absorption and drug elimination, anatomy of drug effects, and consequences of long term drug use. A comprehensive survey of entities and agencies that govern Controlled Substances and ODT issues. A global perspective on the physiology and pharmacology of different classes of drugs both those illegal and legal, abused and those used for treatment in institutions. Pre-requisites: PSYC 101, PSYC 205, PSYC 442 or permission of instructor. Cross-listed with PSYC 444.

ADS-446 CHEMICAL DEPENDENCY AND FAMILY SYSTEM (3 cr.) Includes behavioral patterns in dysfunctional family systems, intervention techniques and best practice model programs in dealing with family issues surrounding addiction problems. This course will expose the student to a plethora of various approaches to family systems and cultures that are diverse in nature. Students will create and experience sculpting, remodeling and replicating family roles and dysfunctional systems within a learning lab model. Students will study and become intimately acquainted with the roles of family dysfunction and dependency issues. Additionally, the student will review historical perspectives that help shape and steer the current modes of treatment for this underserved population within the addictions field. Pre-requisites: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with PSYC 446.

ADS-447 TREATING CODEPENDENCY AND ADULT CHILDREN OF ALCOHOLICS (3 cr.) Identifies patterns of family dysfunction and the roots of codependency. Identifies the impact of chemical dependency, physical and sexual abuse, and parental rigidity on the development of the personality. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with PSYC 447.

ADS-448 CHEMICAL DEPENDENCY AND THE GROUP APPROACH (3 cr.) Identifies specific needs and treatment issues of the chemically dependent client. It is designed to provide both a cognitive and an experiential base from which the student can develop competency in treating this special population. Fulfills the requirements for certification as a chemical dependency counselor. Competency based education models for learning and integration of skills and techniques will be utilized. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with PSYC 448.

ADS-449 ASSESMENT/SCREENING AND CHEMICAL DEPENDENCY COUNSELING

(3 cr.) Reviews techniques for intake screening and assessment of chemical dependency clients. Appropriate for use in multiple settings. Field experience is included. Pre-requisites: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with PSYC 449.

ADS-470 CRISIS INTERVENTION (3 cr.) Introduction and comprehensive overview of crisis intervention. Basic principles and theory of crisis intervention will be presented. Gives a foundation toward developing the skills to effectively deal with others in a crisis situation. Included are special populations/topics such as war veterans, rape, adult survivors, national disasters and other topics. Pre-requisites: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with PSYC 470.

ADS-495 PRACTICUM IN PSYCHOLOGY (3 cr.) Emphasizes the development of the basic helping skills and/or psychological research skills through a supervised field experience. Learning plans and goals will be defined to target students desiring a specific field experience in various settings utilizing addictions professionals and programs. Pre-requisites: Permission of the instructor and PSYC 442. Cross-listed with PSYC 495.