

**PSYCHOLOGY
(SOCIAL SCIENCES DIVISION)**

PSYC-101 INTRODUCTION TO PSYCHOLOGY (3 cr.) This general survey of psychology course typically explores research methodology, bio-psychology, human development, memory, consciousness, motivation, emotions, personality, mental disorders, therapy, health psychology, social psychology, etc.

PSYC-190 DIRECTED STUDY IN PSYCHOLOGY (1-9 cr.)

PSYC-205 DEVELOPMENTAL PSYCHOLOGY (3 cr.) Helps students gain an understanding of the physical, intellectual, emotional, social and moral development of children and adolescents from a multicultural perspective. Basic theories of child and adolescent development will be addressed to assist the student to learn to set the conditions for human development.

PSYC-226 BIOLOGICAL BASES OF BEHAVIOR (3 cr.) Introduces students to a field of neuroscience that is variously referred to as physiological psychology, biopsychology, behavioral biology, or behavioral neuroscience. Main focus is on gaining and/or demonstrating an understanding of relationships between central nervous system processes and human behavior. Cross-listed with SW 226. Pre-requisite: PSYC 101.

PSYC-240 HISTORICAL AND CONTEMPORARY ISSUES (3 cr.) An examination of issues surrounding the aims, methods, and structure of psychology with attention to (1) professional and ethical considerations for the psychological practitioner, researcher, and writer, (2) a survey of historical and contemporary issues in the field, and (3) employment and graduate school possibilities for psychology majors. The course aims to assist students to acquire a professional orientation to the discipline of psychology by gaining knowledge about a variety of issues, synthesizing and evaluating this knowledge, and applying it toward development and communication of informed positions and opinions relevant to these issues.

PSYC-243 INTRODUCTION TO ADDICTION STUDIES (3 cr.) An intensive survey and introductory course for those wanting to pursue a degree minor in the field of substance abuse counseling and addictionology. Basic information about Federal and State Funding streams, Federal agencies and their function and role in setting federal mandates for shaping policy and procedures that drive funding for the addictions field. An overview of historical and current trends in the War on Drugs, the economy of keeping drug cultures alive, as well as the secret history of addictions will be explored. Specifically this course is designed to help the student determine direction and professional career planning in this ever-changing field of treatment and prevention. The goal is to allow the student to gain valuable information and then to determine career choices in the various settings where treatment and prevention services are administered. Pre-requisites: PSYC 101, or the permission of the Instructor. Cross-listed with ADS 243.

PSYC-250 GROUP DYNAMICS (3 cr.) Provides the theory and practice necessary to develop effective group skills. An experiential approach to learning about group behavior will be used. The student will practice skills in the following behaviors: leadership, decision making, goal setting, interpersonal communication, problem solving, dealing with conflict and controversy, and effective use of power and influence. Pre-requisite: PSYC 101.

PSYC-290 DIRECTED STUDY IN PSYCHOLOGY (1-6 cr.)

PSYC-291 WORKSHOP IN PSYCHOLOGY (1-6 cr.)

PSYC-292 SPECIAL TOPICS IN PSYCHOLOGY (1-3 cr.)

PSYC-295 PRACTICUM IN PSYCHOLOGY (1-12 cr.) Emphasizes the development of the basic helping skills and/or psychological research skills through a supervised field experience. Learning plans and goals will be defined to target students desiring a specific field experience in various settings utilizing addictions professionals and programs. Pre-requisite: Permission of the instructor and PSYC 442.

PSYC-296 COOPERATIVE EDUCATION IN PSYCHOLOGY (1-12 cr.)

PSYC-299 RESEARCH ASSISTANTSHIP (1-12 cr.) Requires students to assist faculty in the conduct of research projects and other creative professional activities within the field of psychology. Students are expected to meet on a regular basis with the faculty member and to perform activities needed to bring the research or creative activity to a successful completion. Pre-requisite: PSYC 101.

PSYC-300 STATISTICAL METHODS (3 cr.) Survey of descriptive and inferential statistical concepts commonly used in the treatment of data in social science research. The understanding and application of the concepts will be emphasized. Topics covered will include: measures of central tendency, measures of variability, correlation methods, hypothesis testing and simple analysis of variance. Pre-requisite: Core Math. Cross-listed with ECON 300, SS 300.

PSYC-305 ADULT DEVELOPMENTAL PSYCHOLOGY (3 cr.) Traces ongoing human physical, cognitive and psychosocial development from early adulthood through the late years from a multicultural perspective. Recommended pre-requisite: PSYC 205.

PSYC-310 PERSONALITY THEORIES (3 cr.) Survey of the major theories of personality and personality development. Psychoanalytic, phenomenological, trait, behavioral and social learning views of personality will be presented along with the relevant research that evaluates the assumptions and implications of each approach. Special issues involving multiculturalism, points of controversy, and personality processes that are the focus of extended debate and research by personality psychologists will also be studied. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-311 ABNORMAL PSYCHOLOGY (3 cr.) Study of the conceptualization and treatment of psychological difficulties including: anxiety disorders, mood disorders, schizophrenia, and personality disorders. Issues related to multiculturalism and gender, and issues of controversy are also explored. Recommended pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-318 ASSESSMENT OF LEARNING (3 cr.) An introduction to the theory of assessment. Presents the foundational concepts, principles, and procedures needed to systematically acquire, organize, and apply information about learners and learning. This course is a component in the elementary and secondary teacher education programs' technology strand and is designated technology-intensive. Pre-requisite: Elementary education majors must be admitted to the teacher education program, secondary education majors must have completed ED 214. Cross-listed with ED 318.

PSYC-320 SOCIAL PSYCHOLOGY (3 cr.) Provides students with knowledge of a representative sampling of topics and issues in social psychology plus an understanding of the methodology used by social psychologists. Covers the ways in which people or groups affect others and, in turn, are affected by them. Topics will include social cognition, attitudes, persuasion, interpersonal attraction, pro-social behavior, prejudice, aggression, and selected social issues.

PSYC-321 EDUCATIONAL PSYCHOLOGY (3 cr.) Builds on knowledge gained in Developmental Psychology to further the understanding level of various learning, teaching, developmental theories and processes. Pre-requisite: PSYC 205 or acceptance into the Education Program. Cross-listed with ED 321.

PSYC-370 PEACE, CONFLICT AND VIOLENCE (3 cr.) Interdisciplinary introduction to the field of peace psychology with an emphasis on methods of nonviolent conflict resolution. An historical perspective of the causes of war and peace will be used to introduce the basic concepts and theories of peace psychology. Topics will include conflict resolution, negotiation and bargaining, nonviolence, political efficacy, political participation and activism. The content and applications of concepts will draw upon current national and international situations. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-375 ISSUES IN ABUSIVE RELATIONSHIPS (3 cr.) This class is a general introduction to the different issues in abusive relationships. Topics include domestic violence counseling, working with perpetrators as well as victims, recognizing abusive patterns, breaking the cycle of violence, and creating effective relationships. The class format is interactive.

PSYC-380 PSYCHOLOGY OF LEARNING (3 cr.) A study of learning theory and its principles, implications, and applications. Individual differences in learning are explored. Behavioral, information processing, and cognitive theories of learning are emphasized. Pre-requisite: PSYC 101 or PSYC 205 .

PSYC-385 RESEARCH METHODS (3 cr.) Develops a student's ability to design an empirical study within the ethical constraints of human research and to understand the results of research in professional journals. Specific research designs covered include archival research, experimental designs, naturalistic observation, participant observation, quasi-experimental designs, single subject designs, and survey research. Integrates (1) analytical and evaluative thinking, (2) descriptive, explanatory, and critical writing, and (3) basic knowledge of the theory and application of qualitative and quantitative research design. Pre-requisite: PSYC 300 and PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with SS 385.

PSYC-390 DIRECTED STUDY IN PSYCHOLOGY (1-6 cr.)

PSYC-391 WORKSHOP IN PSYCHOLOGY (1-6 cr.)

PSYC-392 SPECIAL TOPICS IN PSYCHOLOGY (1-3 cr.)

PSYC-395 PRACTICUM IN PSYCHOLOGY (1-12 cr.)

PSYC-396 COOPERATIVE EDUCATION IN PSYCHOLOGY (1-12 cr.)

PSYC-399 RESEARCH ASSISTANTSHIP (1-3 cr.) Requires students to assist faculty in the conduct of research projects and other creative professional activities within the field of

psychology. Students are expected to meet on a regular basis with the faculty member and to perform activities needed to bring the research or creative activity to a successful completion.

PSYC-402 MEASUREMENT AND EVALUATION/PSYCHOLOGY (3 cr.) Understanding and application of psychology tests and measurements by applying the concepts of validity, reliability, norming, item analysis, and test interpretation in test construction and to the evaluation of standardized tests. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-405 ADVANCED DEVELOPMENTAL PSYCHOLOGY (3 cr.) Gives greater depth to several of the themes covered in PSYC 205 Developmental Psychology. The cognitive, emotional, social, and moral development of children and adults will be studied from a multicultural perspective. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-410 SPORTS PSYCHOLOGY (3 cr.) Application of the principles and methodologies of psychology to athletics. Topics include individual philosophies of sport, motivation, personality of coaches and athletes, recreational sports for children, psychological testing, training and learning principles, mind/body relationships, and the effects of anxiety, arousal, and relaxation on performance and current research in the field. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with KIN 410.

PSYC-415 POSITIVE PSYCHOLOGY (3 cr.) Positive psychology is the scientific study of what goes right in life, from birth to death and at all the stops in between. It takes seriously as a subject matter those things that make life most worth living. The three pillars of positive psychology include a) positive subjective experiences (pleasures, happiness, joy, etc.) b) positive individual traits (character strengths and virtues) and c) positive institutions. The course will concentrate on learning to apply positive psychology methods in a service-learning approach. The methods are appropriate for both clinical and non-clinical populations. Prerequisites: A 'C' or better in PSYC 101 or PSYC 205 and ENGL 102.

PSYC-425 MORAL REASONING IN SPORTS (3 cr.) The study of moral reasoning, rationality, and reflection on ethical dilemmas in sport using nonfiction short stories, documentary video, and movies. Cross-listed with KIN 425.

PSYC-440 COUNSELING THEORIES AND TECHNIQUES (4 cr.) Study and application of the theories and techniques of counseling as well as issues related to multiculturalism, gender, and diversity. Fee required. Recommended pre-requisite: PSYC 101 and PSYC 311.

PSYC-442 ETHICAL PRINCIPLES IN COUNSELING (3 cr.) Topics covered include federal and state laws, client welfare as a primary concern, professional competence-supervision/development, financial issues, personal wellness, and relationships to professionals and institutions. Development of students' ability to conceptualize ethical issues, utilize an appropriate model for resolution, and appreciate personal values and modes of ethical problem-solving are also considered. Fee required. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with ADS 442.

PSYC-443 CASE MANAGEMENT AND CHEMICAL DEPENDENCY (3 cr.) The course focuses on practical application and administration of Case Management Services in health and human service delivery systems in Idaho. Case management studies emphasize clinical focus on case management services that apply to Rural and Frontier settings in Idaho. Students work with case management models where case management and records monitoring occur, from hospital, in-patient care to out-patient settings in rural communities.

Students are exposed to various treatment populations such as High Risk populations including AIDS/HIV populations, elderly, Native American, as well as gender specific issues. Students will be exposed to other disciplines such as Mental Health, Voc-Rehab. as well as Developmental Disability populations. Pre-requisites: PSYC 101, PSYC 442, or permission of Instructor. Cross-listed with ADS 443.

PSYC-444 CHEMICAL DEPENDENCY AND PHARMACOLOGY (3 cr.) Introduction to basic concepts of drug absorption, distribution and effect. It is intended to provide substance abuse counselors with a broad background in the understanding of drug effects and operations. Additionally, to allow the student to have a base of knowledge of pharmacology upon which instruction and education of clients can be facilitated. Fulfills the requirement for certification for both Idaho and Washington State Certification Boards. Includes concepts of basic neuroanatomy, concepts of drug absorption and drug elimination, anatomy of drug effects, and consequences of long term drug use. A comprehensive survey of entities and agencies that govern Controlled Substances and ODT issues. A global perspective on the physiology and pharmacology of different classes of drugs both those illegal and legal, abused and those used for treatment in institutions. Pre-requisite: PSYC 101, PSYC 205, PSYC 442 or permission of instructor. Cross-listed with ADS 444.

PSYC-445 COUNSELING THE TEENAGER (3 cr.) Reviews personality theories, counseling strategies, communication skills, values clarification and perception in relationship to adolescent developmental tasks and coping skills. Examines social problem areas often associated with teenage populations and the implications that those situations present for the counselor. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-446 CHEMICAL DEPENDENCY AND FAMILY SYSTEM (3 cr.) Includes behavioral patterns in dysfunctional family systems, intervention techniques and best practice model programs in dealing with family issues surrounding addiction problems. This course will expose the student to a plethora of various approaches to family systems and cultures that are diverse in nature. Students will create and experience sculpting, remodeling and replicating family roles and dysfunctional systems within a learning lab model. Students will study and become intimately acquainted with the roles of family dysfunction and co dependency issues. Additionally, the student will review historical perspectives that help shape and steer the current modes of treatment for this underserved population within the addictions field. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with ADS 446.

PSYC-447 TREATING CODEPENDENCY AND ADULT CHILDREN OF ALCOHOLICS (3 cr.) Identifies patterns of family dysfunction and the roots of codependency. Identifies the impact of chemical dependency, physical and sexual abuse, and parental rigidity on the development of the personality. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with ADS 447.

PSYC-448 CHEMICAL DEPENDENCY AND THE GROUP APPROACH (3 cr.) Identifies specific needs and treatment issues of the chemically dependent client. It is designed to provide both a cognitive and an experiential base from which the student can develop competency in treating this special population. Fulfills the requirements for certification as a chemical dependency counselor. Competency based education models for learning and integration of skills and techniques will be utilized. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with ADS 448.

PSYC-449 ASSESSMENT/SCREENING AND CHEMICAL DEPENDENCY COUNSELING (3 cr.) Reviews techniques for intake screening and assessment of chemical dependency

clients. Appropriate for use in multiple settings. Field experience is included. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with ADS 449.

PSYC-450 COGNITIVE PSYCHOLOGY (3 cr.) Human thinking and problem solving will be covered in depth. In particular, students will learn about memory, abstraction and concreteness in thought, symbolic concepts and mental structures, mental operations, search strategies and problem solving. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-455 PSYCHOLOGY OF MOTIVATION (3 cr.) A study of various theoretical perspectives which psychologists have used to explain and predict the relationships between state/trait motivation and human behavior. Special emphasis is given to the development of strategies to positively affect motivation and models for self-motivation in applied settings. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-456 DRUGS IN SOCIETY (2 cr.) An overview of current drugs of choice and their impact on all age groups. Covers drug education relevant to today's society. Explores the history, use, physiology, behavior, dependency, treatment and prevention aspects of drugs. Students and guest speakers will share their knowledge on specific issues through presentations and discussions. Utilizes many instructional methods in the pursuit of a general understanding of the effects of drugs upon society. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with HLTH 456.

PSYC-457 DRUGS AND THE ATHLETE (1 cr.) Covers the social-psychological aspects of the use of alcohol and other drugs by athletes. Explores the trends of commonly abused drugs, the physiological effects of use, media influences and social norms towards use, and proactive programming for the educator/coach. Many instructional approaches will be utilized in the pursuit of an understanding of the phenomenon of athletes as drug-abusers.

PSYC-464 POLITICAL PSYCHOLOGY (3 cr.) In this course students will examine patterns of political behavior, including leadership, group behavior, voting, race, ethnicity, nationalism, political extremism, terrorism, war and genocide. Pre-requisite: POLS 101 or PSYC 101, or permission of instructor. Cross-listed with POLS 464.

PSYC-470 CRISIS INTERVENTION (3 cr.) Introduction and comprehensive overview of crisis intervention. Basic principles and theory of crisis intervention will be presented. Gives a foundation toward developing the skills to effectively deal with others in a crisis situation. Included are special populations/topics such as war veterans, rape, adult survivors, national disasters and other topics. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with ADS 470.

PSYC-475 HIV/AIDS CRITICAL ISSUES (3 cr.) An analysis of the medical, social, cultural and economic issues related to HIV/AIDS. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor. Cross-listed with HLTH 475.

PSYC-480 ISSUES OF ABUSE (3 cr.) Meets the State of Washington re-certification requirements. Pre-requisite: PSYC 101 or PSYC 205 or permission of instructor.

PSYC-485 ADVANCED RESEARCH SEMINAR (3 cr.) Provides experience in carrying out research projects in the social sciences, nursing and other disciplines. The emphasis will be on the active participation in seminar discussions to develop an understanding of the design and completion of all phases of selected research projects. Each student will design a study, obtain ethical approval, collect and analyze data and write a research report summarizing

the results of their study. In addition, each student will assist other seminar members in selected aspects of their studies. Pre-requisite: PSYC 385 or permission of instructor.

PSYC-490 DIRECTED STUDY IN PSYCHOLOGY (1-6 cr.)

PSYC-491 WORKSHOP IN PSYCHOLOGY (1-6 cr.)

PSYC-492 SPECIAL TOPICS IN PSYCHOLOGY (1-3 cr.)

PSYC-494 INTERNSHIP IN PSYCHOLOGY (1-6 cr.) Emphasizes the development of basic helping skills through a supervised non-chemical dependency internship. Pre or co-requisite: Criminal history background check, permission of the instructor, and PSYC 442. Graded P/F only.

PSYC-495 PRACTICUM IN PSYCHOLOGY (1-12 cr.) Emphasizes the development of the basic helping skills and/or psychological research skills through a supervised field experience. Learning plans and goals will be defined to target students desiring a specific field experience in various settings utilizing addictions professionals and programs. Pre-requisite: Permission of the instructor and PSYC 442. Cross-listed with ADS 495.

PSYC-496 COOPERATIVE EDUCATION IN PSYCHOLOGY (1-12 cr.)

PSYC-499 RESEARCH PROJECT AND SEMINAR IN PSYCHOLOGY (3 cr.) Provides a capstone experience that includes the conduct of psychological research designed by each student. A quantitative or qualitative research paper or project is required. Pre-requisites: PSYC 300 AND PSYC 385.