

**BACHELOR OF ARTS/SCIENCE
KINESIOLOGY
2011-2012**

BA
BS

| GENERAL EDUCATION CORE | | | | |
|--|-----------|------|-------|------|
| SKILLS COMPONENT | REQ | DONE | GRADE | NEED |
| ENGL 101 & 102 | 6 | | | |
| ENGL 109 | | | | |
| COMM 101, 202, 203, 204, 205 or PHIL 201 | 3 | | | |
| MTHPT 130, 137, 138 | | | | |
| MATH 123, 130, 130A & 130B, 137, 143 & 144, 147, 157 & 257, 170, 254 | 3 | | | |
| ID 123 Math & Science Lit. ** | 6 | | | |
| HUMANITIES one Lit and one Art course (6 cr. required) | | | | |
| ENGL 150, ENGL 257, ENGL 258, HUM 301 | 3 | | | |
| ART 100, HUM 101, HUM 150, MUS 101, THEA 101 | 3 | | | |
| NATURAL SCIENCES two courses required (7 cr. required) | | | | |
| NS 150 ** | 3 | | | |
| and one of the following (See requirements in Emphasis Areas I & II): | | | | |
| BIOL 102, 120, 175, 252 | 4 | | | |
| CHEM 102, 105, 111 | | | | |
| FSCI 101 | | | | |
| GEOL 100, 120 | | | | |
| NS 100, 171 & 172 | | | | |
| PHYS 111, 205, 211 | | | | |
| SOCIAL SCIENCE three courses required (9 cr. required) | | | | |
| ANTH 102, 120, 170 | 9 | | | |
| ECON 101, 102, 201, 202 | | | | |
| GEOG 102 | | | | |
| HIST 101, 102, 111, 112, 115 | | | | |
| HRPT 184, 185 | | | | |
| POLS 101, 285 | | | | |
| PSYC 101, 205 | | | | |
| SS 150, 184, 185 | | | | |
| SOC 101, 102 | | | | |
| INTEGRATIVE COMPONENT one course required | | | | |
| ID, HUM, NS, SS 350/351 | 3 | | | |
| TOTAL | 37 | | | |
| FOREIGN/HERITAGE LANGUAGE REQ DONE GRADE NEED | | | | |
| 101 | | | | |
| 102 | | | | |
| 201 | | | | |
| 202 | | | | |
| TOTAL | | | | |
| KINESIOLOGY PROGRAM | | | | |
| KINESIOLOGY CORE REQ DONE GRADE NEED | | | | |
| KIN 260 Intro to Kinesiology and Health | 1 | | | |
| KIN/HLTH 272 Fitness and Wellness | 3 | | | |
| KIN 348 Sports Medicine | 3 | | | |
| KIN 362 Biomechanics | 3 | | | |
| KIN 363 Physiology of Exercise | 3 | | | |
| KIN 370 Motor Learning/Motor Devel | 3 | | | |
| KIN 381 Test and Measurements in P.E. | 3 | | | |
| KIN 498 Senior Research/Project I | 3 | | | |
| KIN 499 Senior Research/Project II | 3 | | | |
| HLTH 288 Basic First Aid/CPR/AED | 1 | | | |
| HLTH 347 Stress Management | 1 | | | |
| HLTH 353 Nutrition | 3 | | | |
| Select two of the following: | | | | |
| KIN 263 Skill/Anal: Tennis & Golf | 2 | | | |
| KIN 264 Skill/Anal: Basketball & Soccer | | | | |
| KIN 266 Skill/Anal: Volleyball & Softball | | | | |
| Select one of the following (see requirements in Emphasis Area III): | | | | |
| KIN/PSYC 410 Sports Psychology | 3 | | | |
| KIN 420 Social-Cultural Aspects/Sports | | | | |
| Select one of the following: | | | | |
| HLTH 345 Death and Dying | 1 | | | |
| HLTH 346 Human Sexuality | | | | |
| Select one of the following: | | | | |
| HLTH 456 Drugs and Society | 1 | | | |
| HLTH 457 Drugs and the Athlete | | | | |
| ADS/PSYC 243 Intro to Addiction Studies | | | | |
| TOTAL | 37 | | | |

**ID 123 can be taken to satisfy Core Math and NS 150

| NOTES, COMMENTS, SUBSTITUTIONS, WAIVERS |
|---|
| |
| |
| |

| EMPHASES - complete one of these four Emphasis Areas | | | | |
|--|--------------|------|-------|-----------------|
| I. Exercise Science/Sports Medicine (22 credits) | REQ | DONE | GRADE | NEED |
| BIOL 252 Anatomy & Physiology I | | | | counted in core |
| HLTH 352 Tech/Health & Wellness Prof's | 3 | | | |
| KIN 434 Exercise Prescription | 3 | | | |
| KIN/HLTH 494 Internship: Exercise Sci... | 3 | | | |
| Select nine (9) credits from the following: | | | | |
| HLTH 452 Hlth Promotion & Wellness Coaching | 9 | | | |
| KIN 433 Balance & Mobility | | | | |
| KIN 435 Aging & Physical Activity | | | | |
| KIN 467 Phys Act/Rec/Indiv/Spec Needs | | | | |
| HLTH/KIN/REC 300 or 400 level (3 credits allowed) | | | | |
| Select one of the following: | | | | |
| CHEM 105 General, Organic, and Biochemistry | 4 | | | |
| CHEM 111 Principles of Chemistry I | | | | |
| II. Health Promotion/Personal Training/Wellness Coaching (30 credits) | | | | |
| KIN 355 Strat's/Tchg Physical Activities | 3 | | | |
| KIN 433 Balance & Mobility | 3 | | | |
| KIN 434 Exercise Prescription | 3 | | | |
| KIN 435 Aging & Physical Activity | 3 | | | |
| KIN 467 Phys Act/Rec/Indiv/Spec Needs | 3 | | | |
| HLTH 342 Community Health | 3 | | | |
| HLTH 452 Hlth Promotion & Wellness Coaching | 3 | | | |
| HLTH/KIN/REC 300 or 400 level | 3 | | | |
| KIN/HLTH 494 Internship: Health Promo... | 3 | | | |
| Select one of the following: | | | | |
| KIN 472 Outdoor Education | 3 | | | |
| KIN 486 Org/Admin HPER | | | | |
| HLTH 352 Tech/Health & Wellness Prof's | | | | |
| Select one of the following: | | | | |
| BIOL 175 Human Biol | | | | counted in core |
| BIOL 252 Anat/Phys I | | | | counted in core |
| III. Sport Administration / Coaching (28 credits) | | | | |
| KIN 241 Sports Officiating | 2 | | | |
| KIN 341-7 Techniques of Coaching... | 2 | | | |
| KIN 352 Youth Sports & Recreation | 3 | | | |
| KIN/PSYC 410 Sports Psychology (required) | 3 | | | |
| KIN 420 Social-Cultural Aspects/Sports (required) | | | | |
| KIN 425 Moral Reasoning in Sports | 3 | | | |
| KIN 486 Org/Admin HPER | 3 | | | |
| KIN 487 Sport Administration | 3 | | | |
| KIN 488 Sport Facilities & Event Management | 3 | | | |
| HLTH/KIN/REC 300 or 400 level | 3 | | | |
| KIN/HLTH 494 Internship: Sports Admin... | 3 | | | |
| IV. Youth Sports / Recreation (29 credits) | | | | |
| KIN 241 Sports Officiating | 2 | | | |
| KIN 352 Youth Sports & Recreation | 3 | | | |
| KIN 355 Strat's/Tchg Physical Activities | 3 | | | |
| KIN 425 Moral Reasoning in Sports | 3 | | | |
| KIN 467 Phys Act/Rec/Indiv/Spec Needs | 3 | | | |
| KIN 472 Outdoor Education | 3 | | | |
| KIN 486 Org/Admin HPER | 3 | | | |
| KIN 488 Sport Facilities & Event Management | 3 | | | |
| KIN/HLTH 494 Internship: Youth Sports... | 3 | | | |
| HLTH 352 Tech/Health & Wellness Prof's | 3 | | | |
| TOTAL | 22-30 | | | |
| ELECTIVES REQ DONE GRADE NEED | | | | |
| | | | | |
| | | | | |
| TOTAL | 24-32 | | | |
| SUMMARY REQ DONE GRADE NEED | | | | |
| GENERAL EDUCATION CORE | 37 | | | |
| ELECTIVES | 24-32 | | | |
| LANGUAGE (not required) | 0 | | | |
| KINESIOLOGY EMPHASIS | 22-30 | | | |
| KINESIOLOGY CORE PROGRAM | 37 | | | |
| TOTAL | 128 | | | |

128 Total Credits (minus remedial):

36 Upper Division Credits:

32 Resident Credits (LCSC):