

Student Name

ID Number

**BACHELOR OF ARTS/SCIENCE  
KINESIOLOGY 2008-2009**

	BA
	BS

GENERAL EDUCATION CORE				
SKILLS COMPONENT	REQ	DONE	GRADE	NEED
ENGL 101/102	6			
ENGL 109				
COMM 101, 202, 203, 204, 205	3			
MTHPT 123, 130, 137, 138				
MATH 123, 130, 130A/130B, 137, 143/144, 147	3			
157/257, 160, 170, 254				
<b>HUMANITIES one Lit and one Art course (6 cr. required)</b>				
ENGL 150, ENGL 257, ENGL 258, HUM 301	3			
ART 100, HUM 101, HUM 150, MUS 101, THEA 101	3			
<b>NATURAL SCIENCES two courses required (7 cr. required)</b>				
NS 150	3			
<i>and one of the following:</i>				
BIOL 100, 102, 175, 252				
CHEM 102, 105, 111				
FSCI 101	4			
GEOL 100				
NS 171 & 172				
PHYS 111, 205, 211				
<b>SOCIAL SCIENCE three courses required (9 cr. required)</b>				
ANTH 102, 120, 170				
ECON 101, 102, 201, 202				
GEOG 102				
HIST 101, 102, 111, 112				
HRPT 184, 185	9			
PHIL 120				
POLS 101, 285				
PSYC 101, 205				
SS 150, 184, 185				
SOC 101				
<b>INTEGRATIVE COMPONENT one course required</b>				
ID, HUM, NS, SS 350/351	3			
<b>TOTAL</b>	<b>37</b>			
<b>FOREIGN/HERITAGE LANGUAGE</b>				
	REQ	DONE	GRADE	NEED
101				
102				
201				
202				
Take 16 credits of language classes if a Bachelor of Arts degree is desired, else optional.				
<b>TOTAL</b>				
<b>KINESIOLOGY PROGRAM</b>				
<b>KINESIOLOGY CORE</b>				
	REQ	DONE	GRADE	NEED
KIN 260 Intro to Kinesiology and Health	1			
KIN/HLTH 272 Fitness and Wellness	3			
KIN 348 Sports Medicine	3			
KIN 362 Biomechanics	3			
KIN 363 Physiology of Exercise	3			
KIN 370 Motor Learning/Motor Devel	3			
KIN 381 Test and Measurements in P.E.	3			
KIN 498 Senior Research/Project I	3			
KIN 499 Senior Research/Project II	3			
HLTH 288 CPR/AED/Professional Rescuer	1			
HLTH 347 Stress Management	1			
HLTH 353 Nutrition	3			
<i>Select two of the following:</i>				
KIN 263 Skill/Anal: Tennis & Golf				
KIN 264 Skill/Anal: Basketball & Soccer	2			
KIN 266 Skill/Anal: Volleyball & Softball				
<i>Select one of the following (see Specialization requirements):</i>				
KIN/PSYC 410 Sports Psychology	3			
KIN 420 Social-Cultural Aspects/Sports				
<i>Select one of the following:</i>				
HLTH 345 Death and Dying	1			
HLTH 346 Human Sexuality				
<i>Select one of the following:</i>				
HLTH 456 Drugs and Society				
HLTH 457 Drugs and the Athlete	1			
ADS/PSYC 243 Intro to Addiction Studies				
<b>TOTAL</b>	<b>37</b>			
<b>NOTES, COMMENTS, SUBSTITUTIONS, WAIVERS</b>				

EMPHASES - complete one of these four Emphasis Areas					
I. Exercise Science/Sports Medicine (26 credits)		REQ	DONE	GRADE	NEED
BIOL 252 A & P I (counted in core)		4			
HLTH 352 Tech/Health & Wellness Prof's		3			
KIN 434 Exercise Prescription		3			
KIN/HLTH 494 Internship: Exercise Sci...		3			
<i>Select nine (9) credits from the following:</i>					
HLTH 452 Hlth Promotion & Wellness Coaching					
KIN 433 Balance & Mobility					
KIN 435 Aging & Physical Activity		9			
KIN 467 Phys Act/Rec/Indiv/Spec Needs					
HLTH/KIN/REC 300 or 400 level					
<i>Select one of the following:</i>					
CHEM 105 General, Organic, and Biochemistry		4			
CHEM 111 Principles of Chemistry I					
<b>II. Health Promotion/Personal Training/Wellness Coaching (34 credits)</b>					
KIN 342 Community Health		3			
KIN 355 Strat's/Tchg Physical Activities		3			
KIN 433 Balance & Mobility		3			
KIN 434 Exercise Prescription		3			
KIN 435 Aging & Physical Activity		3			
KIN 467 Phys Act/Rec/Indiv/Spec Needs		3			
HLTH 452 Hlth Promotion & Wellness Coaching		3			
HLTH/KIN/REC 300 or 400 level		3			
KIN/HLTH 494 Internship: Health Promo...		3			
<i>Select one of the following:</i>					
KIN 472 Outdoor Education					
KIN 486 Org/Admin HPER		3			
HLTH 352 Tech/Health & Wellness Prof's					
<i>Select one of the following:</i>					
BIOL 175 Human Biol (counted in core)		4			
BIOL 252 Anat/Phys I (counted in core)					
<b>III. Sport Administration / Coaching (31 credits)</b>					
KIN 241 Sports Officiating		2			
KIN 341-7 Techniques of Coaching...		2			
KIN 352 Youth Sports & Recreation		3			
KIN/PSYC 410 Sports Psychology		3			
KIN 420 Social-Cultural Aspects/Sports		3			
KIN 425 Moral Reasoning in Sports		3			
KIN 486 Org/Admin HPER		3			
KIN 487 Sport Administration		3			
KIN 488 Sport Facilities & Event Management		3			
HLTH/KIN/REC 300 or 400 level		3			
KIN/HLTH 494 Internship: Sports Admin...		3			
<b>IV. Youth Sports / Recreation (29 credits)</b>					
KIN 241 Sports Officiating		2			
KIN 352 Youth Sports & Recreation		3			
KIN 355 Strat's/Tchg Physical Activities		3			
KIN 425 Moral Reasoning in Sports		3			
KIN 467 Phys Act/Rec/Indiv/Spec Needs		3			
KIN 472 Outdoor Education		3			
KIN 486 Org/Admin HPER		3			
KIN 488 Sport Facilities & Event Management		3			
KIN/HLTH 494 Internship: Youth Sports...		3			
HLTH 352 Tech/Health & Wellness Prof's		3			
<b>TOTAL</b>	<b>26-34</b>				
<b>ELECTIVES</b>					
	REQ	DONE	GRADE	NEED	
<b>TOTAL</b>	<b>20-28</b>				
<b>SUMMARY</b>					
	REQ	DONE	GRADE	NEED	
GENERAL EDUCATION CORE	37				
ELECTIVES	20-28				
LANGUAGE (not required)	0				
KINESIOLOGY SPECIALIZATION	26-34				
KINESIOLOGY CORE PROGRAM	37				
<b>TOTAL</b>	<b>128</b>				

128 Total Credit (minus remedial):

36 Upper Div. Credit:

32 Resident Credit (LCSC):

Advisor \_\_\_\_\_ Advisor's Signature \_\_\_\_\_  
(printed)

Date \_\_\_\_\_

Division Chair \_\_\_\_\_ Division Chair's Signature \_\_\_\_\_  
(printed)

Date \_\_\_\_\_