Student Name | ID Number

MINOR
HEALTH
2009 - 2010

PROGRAM REQUIREMENTS	REQ	COMP	NEED
HLTH 272 Fitness & Wellness	3		
HLTH 342 Community Health	3		
HLTH 345 Aging, Death and Dying	1		
HLTH 346 Human Sexuality	1		
HLTH 347 Stress Management	1		
HLTH 352 Tech for Health/Wellness Prof	3		
HLTH 353 Nutrition	3		
Plus one of the following			
HLTH 288 Basic First Aid/CPR/AED	1		
KIN 348 Sports Medicine			
Plus one of the following			
HLTH 456 Drugs in Society	1		
HLTH 457 Drugs and the Athlete			
PSYC 243 Intro Addiction Studies			
Plus 3 credits of the following			
ID 351 Integrated Health Seminar	3		
HLTH 292/ Special Topics in Health			
BIOL 175 Human Biology and Lab			
BIOL 252 Anatomy and Phys I and lab			
TOTAL	20		

Required for Health Minor with Teacher Certification:				
KIN 486	Org/Adm Health, PE, Rec	3		
ED 456	Content Methods (6-12)	3		
ED 454	Prof Teach Strat (6-12) or	3-12		
ED 460	Prof Internship (6-12) or			
ED 461	Prof Internship (K-12)			

This minor is designed for individuals interested in health promotion and/or teaching health/wellness in allied health organizations, fitness/wellness programs, recreation programs, and schools. Upon completion of this minor, with an approved teacher education program, students will qualify for teacher certification in health in Idaho and Washington secondary schools.

Note: To qualify for a State of Idaho Health teaching endorsement and an approved teacher education program must accompany this minor.

Division Chair **Date**

Advisor **Date**

Student Name | ID Number

MINOR
HISTORY
2009 - 2010

PROGRAM REQUIREMENTS	REQ	COMP	NEED
HIST 111 US History	3		
HIST 112 US History	3		
HIST 101 World Civilization	3		
HIST 102 World Civilization	3		
TOTAL	12		
Plus 9 credits of History electives (6 of which must be upper division)			
HIST 300/400	3		
HIST 300/400	3		
HIST	3		
TOTAL	9		

SUMMARY			
PROGRAM REQUIREMENTS	12		
PROGRAM ELECTIVES	9		
TOTAL	21		

NOTES, SUBSTITUTIONS & WAIVERS

Division Chair **Date**

Advisor **Date**