

Please note that all of the individual splits were done by hand. The volunteers wrote down the bib #s that they could see and the time on the clock, so there could easily have been mistakes in both of these as well as the calculations which were done by hand. If you do not have a split or time for some of the segments it is likely that your bib number was not visible or it was written down correctly. Thank you again for coming out and we hope to see you again in some of our events.

2010 Tri-State Outfitters Duathlon - March 27 - Lewiston, Idaho

Overall Place	Bib	Last Name	First name	Gender	Age	Overall Time	City	State	Run1 Time	End Bike Time	T2 Time	Start R2 Time	R2 Time
1	261	Fitzgerald	John	M	22	0:52:41	Missoula	MT		0:40:47	0:00:17	0:41:04	0:11:37
2	233	Bangs	Neil	M	27	0:55:42	Post Falls	ID	0:11:00			0:44:10	0:11:32
3	357	Goldberg	Joshua	M	21	0:55:46	Missoula	MT					
4	254	Duncan	Nathan	M	27	0:55:50	Spokane	WA	0:11:34			0:44:25	0:11:25
5	333	Schloberg	Kjell	M	32	0:56:10			0:10:54			0:46:14	0:09:56
6	350	Kercher	John	M	27	0:58:05			0:12:12	0:44:40	0:00:35	0:45:15	0:12:50
7	244	Chauvin	Ted	M	36	0:58:25	Pullman	WA	0:11:50			0:44:57	0:13:28
8	320	Ward	Taylor	M	17	0:58:46	Coeur Dalene	ID					
9	275	Kato	Sean	M	36	0:58:50	Omak	WA		0:45:32	0:00:36	0:46:08	0:12:42
10	300	Richman	James	M	50	0:58:55	Spokane	WA	0:12:04			0:46:45	0:12:10
11	238	Berg	Javin	M	42	0:59:59	Dixie	WA	0:11:58			0:46:48	0:13:11
12	330	Gillespie	Bruce	M	47	1:00:12	Seattle	WA		0:46:30	0:00:24	0:46:54	0:13:18
13	291	Mangini	Mike	M	35	1:00:15	Coeur Dalene	ID	0:13:00			0:46:28	0:13:47
14	292	McIntosh	Daniel	M	19	1:00:21	Spokane	WA	0:11:01			0:48:36	0:11:45
15	354	LeFric	Alex	M	23	1:00:30	Spokane	WA	0:13:13	0:47:41			
16	271	Hirsch	Ed	M	22	1:00:50	Missoula	MT	0:11:01	0:48:56			
17	355	LeFric	Andy	M	26	1:00:57				0:48:08	0:00:47	0:48:55	0:12:02
18	349	Williams	Benjamin	M	23	1:01:05	Missoula	MT	0:12:30				
19	260	Fay	Scott	M	45	1:01:44	Liberty Lake	WA		0:47:09	0:00:33	0:47:42	0:14:02
20	307	Shogan	Christopher	M	30	1:01:55	Spokane	WA		0:48:02			
21	282	Krumpelman	Erika	F	43	1:02:22	Hayden	ID				0:48:27	0:13:55
22	343	Carhart	Brian	M	30	1:02:36						0:50:06	0:12:30
23	344	Koehler	Tom	M	29	1:02:47	Clarkston	WA	0:13:05	0:48:25	0:00:34	0:48:59	0:13:48
24	302	Rowland	Tom	M	46	1:03:14	Valley Ford	WA	0:13:48	0:48:20	0:00:31	0:48:51	0:14:23
25	267	Harper	Dana	M	32	1:03:16	Spokane	WA		0:49:19	0:00:47	0:50:06	0:13:10
26	331	Compton	TEAM	T	99	1:03:24	Spokane	WA	0:16:32				

27	250	Cusack	Matthew	M	30	1:03:32	Spokane	WA		0:49:00	0:00:25	0:49:25	0:14:07
28	287	Lund	Cody	M	20	1:03:44	Missoula	MT	0:10:25	0:52:12	0:00:14	0:52:26	0:11:18
29	270	Herring	Kirk	M	55	1:04:48	Spokane	WA		0:49:56			
30	299	Putren	Todd	M	34	1:05:10	Coeur Dalene	ID	0:13:25	0:49:10	0:00:24	0:49:34	0:15:36
31	360	Myke	Hermesmeyer	M	22	1:05:43	Missoula	MT	0:12:30	0:49:14			
32	272	Jacobs	Brent	M	25	1:05:45	Kooskia	ID	0:13:35	0:50:34	0:00:26	0:51:00	0:14:45
33	235	Beerman	Lacey	F	20	1:05:46	Missoula	MT	0:13:15	0:50:38	0:00:35	0:51:13	0:14:33
34	232	Allen	Mark	M	49	1:06:34	Genesee	ID	0:13:53	0:50:21			
35	314	Cone & Cone	TEAM	T	99	1:06:55	Pullman	WA	0:14:57	0:51:34			
36	313	Szendre	Loren	M	43	1:06:58	Kennewick	WA					
37	336	Myers	Marv	M	49	1:07:18	Post Falls	ID		0:52:12	0:00:46	0:52:58	0:14:20
38	305	Sharpe	Ted	M	45	1:08:04	Clarkston	WA	0:13:44	0:52:12	0:01:10	0:53:22	0:14:42
39	253	Drolette	Spencer	M	22	1:08:31	Pullman	WA	0:13:06	0:53:56			
40	337	Birdsall	Archie	M	48	1:08:43	Athol	ID		0:51:43	0:00:44	0:52:27	0:16:16
41	342	Alexander	Joe	M	26	1:09:01	Lewiston	ID		0:53:00	0:01:28	0:54:28	0:14:33
42	352	Roy	Dean	M	43	1:09:38	Lewiston	ID	0:14:05	0:52:15	0:01:15	0:53:30	0:16:08
43	262	Folsom	Todd	M	36	1:09:47	Spokane	WA		0:52:12	0:00:20	0:52:32	0:17:15
44	276	Kettering	Katherine	F	21	1:09:50	Missoula	MT					
45	266	Goodrich	Robert	M	44	1:09:51	Moscow	ID					
46	329	Krueger	Jason	M	38	1:10:26	Coeur Dalene	ID	0:14:06	0:53:30	0:00:43	0:54:13	0:16:13
47	252	Dosmann	Diana	F	46	1:11:17	Spokane	WA		0:53:26			
48	255	Dutro	Dave	M	39	1:11:27	Coeur Dalene	ID		0:54:25			
49	285	Lewis	Jon	M	64	1:12:11	Sagle	ID		0:55:09			
50	290	Mall	Rodney	M	42	1:12:46	Hayden	ID	0:17:02	0:53:40	0:01:07	0:54:47	0:17:59
51	279	Kirk	Dewayne	M	44	1:13:37	Spokane	WA	0:16:22	0:55:10	0:00:44	0:55:54	0:17:43
52	338	Parham	Steve	M	53	1:13:38	Cataldo	ID	0:15:28	0:54:44	0:00:48	0:55:32	0:18:06
53	248	Crandall	daniel	M	59	1:14:09	Moscow	ID		0:56:05			
54	340	Barley	Michael	M	30	1:14:24	Moscow	ID	0:14:23	0:56:46	0:00:31	0:57:17	0:17:07
55	264	Gallagher	Natalie	F	40	1:14:56	Spokane	WA		0:58:00	0:01:06	0:59:06	0:15:50
56	278	Kirk	Darlene	F	43	1:14:59	Spokane	WA	0:17:45	0:56:42			
57	316	Paynter & Fabrique	TEAM	T	99	1:15:05	Lewiston	ID	0:16:40	0:57:20	0:00:09	0:57:29	0:17:36
58	237	Benson	Laura	F	38	1:15:37	Moscow	ID		0:57:34			
59	310	Stoner	Tera	F	33	1:15:38	Troy	ID		0:57:54			
60	353	Knapp	Amy	F	43	1:15:42	Lewiston	ID	0:16:26	0:57:34			

61	293	Meacham	Cody	M	34	1:16:02	Genesee	ID	0:15:00	0:57:34			
62	245	Christ	Dan	M	37	1:16:05	Coeur Dalene	ID	0:15:25	0:58:04	0:01:20	0:59:24	0:16:41
63	231	Allen	Kile	M	38	1:16:26	Lewiston	ID		0:56:04	0:00:51	0:56:55	0:19:31
64	296	Mitchell	Gwen	F	52	1:16:47	Moscow	ID				0:58:40	0:18:07
65	334	Hobson	Tom	M	52	1:17:05	Coeur Dalene	ID	0:17:29	0:57:54	0:00:54	0:58:48	0:18:17
66	341	Weinmann	Todd	M	46	1:17:23	Lewiston	ID	0:16:07	0:59:01			
67	240	Bergman	Melanie	F	41	1:18:18	Spokane	WA		0:59:30			
68	358	Sully	Paige	F	46	1:18:19	Enterprise	OR	0:16:15	0:59:54	0:00:36	1:00:30	0:17:49
69	359	Gifferd	Laura	F	32	1:19:00	Lewiston	ID	0:15:06	1:02:40	0:01:26	1:04:06	0:14:54
70	346	Clarke	Lori	F	57	1:19:25	Clarkston	WA	0:17:45	1:00:43	0:00:42	1:01:25	0:18:00
71	289	Madsen	Michele	F	38	1:19:46	Mead	WA					
72	303	Rudd	Cheryl	F	37	1:20:20	Pullman	WA	0:17:45	1:00:43	0:00:52	1:01:35	0:18:45
73	309	Spicher	Brooke	F	36	1:20:30	La Grande	OR	0:14:32	1:01:00			
74	348	Holder & Holder	TEAM	T	99	1:21:36	Clarkston	WA	0:18:10			1:02:39	0:18:57
75	246	Cole-Hansen	JoAnn	F	47	1:21:49	Lewiston	ID	0:18:08	1:03:19			
76	326	Wilson	Megan	F	43	1:22:40	Nezperce	ID					
77	243	Browning	Emily	F	14	1:22:49	Rathdrum	ID		1:05:56	0:00:32	1:06:28	0:16:21
78	249	Crosier	Jon	M	38	1:22:51	Richland	WA		0:55:08	0:01:02	0:56:10	0:26:41
79	323	Whitaker	Katie	F	30	1:22:55	Pasco	WA	0:17:10	1:03:38	0:01:14	1:04:52	0:18:03
80	283	Ladely	Mike	M	51	1:22:59	Bonnors Ferry	ID	0:17:02	1:04:57			
81	274	Jones	Treyvlin	M	25	1:23:07	Boise	ID	0:17:10	1:01:50	0:01:14	1:03:04	0:20:03
82	268	Heeckt	Max	M	17	1:23:25	Asotin	WA		1:06:00	0:00:48	1:06:48	0:16:37
83	304	Schober	Bob	M	38	1:23:28	Lewiston	ID		1:01:37	0:02:10	1:03:47	0:19:41
84	321	Weston	Paul	M	54	1:23:35	Moscow	ID	0:19:09	1:03:30	0:01:50	1:05:20	0:18:15
85	241	Besenyody	Rachel	F	26	1:23:50	Deer Park	WA	0:15:45	1:06:00			
86	335	Moreno	Diane	F	44	1:23:58			0:17:45	1:04:57	0:01:05	1:06:02	0:17:56
87	306	Sheffels	Jill	F	49	1:24:03	Cheney	WA	0:19:24	1:02:40			
88	327	Wolfe	Ben	M	25	1:24:09	Spokane	WA				1:07:20	0:16:49
89	332	Okeefe	Tawnya	F	40	1:24:18	Hayden	ID	0:19:41	1:02:40			
90	294	Medina	Dennis	M	60	1:24:19	Spokane	WA	0:17:24	1:04:37	0:02:02	1:06:39	0:17:40
91	356	Murcar	Colleen	F	41	1:24:50	Spokane	WA	0:19:24	1:03:10	0:00:56	1:04:06	0:20:44
92	298	Pofahl	Bill	M	58	1:25:24	Kennewick	WA		1:03:25	0:00:59	1:04:24	0:21:00
93	273	Jacobs	Debbie	F	44	1:26:34	Moscow	ID				1:05:40	0:20:54
94	322	Whitaker	Janelle	F	28	1:26:41	Pullman	WA	0:17:50	1:05:31	0:00:39	1:06:10	0:20:31

95	263	Freed	Katie	F	26	1:26:58	Spokane	WA				1:07:20	0:19:38
96	286	Lingo	Tim	M	59	1:27:13	Spokane	WA				1:06:10	0:21:03
97	256	Elliott	Susan	F	45	1:27:15	Asotin	WA		1:07:12	0:01:02	1:08:14	0:19:01
98	284	Landmark	Zak	M	30	1:27:32	Kamiah	ID		1:09:03	0:00:51	1:09:54	0:17:38
99	280	Knowles	Jennifer	F	38	1:28:22	Walla Walla	WA	0:19:16	1:07:36	0:01:09	1:08:45	0:19:37
100	351	Rapier	Douglas	M	34	1:28:42	Lewiston	ID	0:18:35	1:08:39	0:00:45	1:09:24	0:19:18
101	239	Berg	Laura	F	39	1:29:45	Dixie	WA	0:20:34	1:06:11			
102	317	Wallace & Duclos	TEAM	T	99	1:29:50	Post Falls	ID	0:21:18			1:07:29	0:22:21
103	301	Rosner	Mary	F	56	1:30:05	Spokane	WA	0:20:16	1:06:26	0:01:34	1:08:00	0:22:05
104	339	Herbert & Banta	TEAM	T	99	1:30:55	Lewiston	ID	0:20:16				
105	234	Bangs	Thomas	M	59	1:31:13	Post Falls	ID					
106	269	Hendricks	Scott	M	33	1:31:31	Liberty Lake	WA				1:09:56	0:21:35
107	319	Uppendahl	Diana	F	37	1:31:32	Lewiston	ID	0:18:45				
108	236	Beeson	Lance	M	40	1:32:55	Kennewick	WA	0:15:38	1:12:51			
109	265	Goodrich	Rebecca	F	50	1:33:33	Moscow	ID	0:19:10	1:10:40	0:01:33	1:12:13	0:21:20
110	347	Storey	Russell	M	61	1:33:36	Clarkston	WA	0:22:26	1:08:53			
111	281	Koehler	Debbie	F	55	1:35:12	Lewiston	ID					
112	297	Phelps	Paul	M	43	1:38:21	Spokane	WA	0:18:08	1:16:40	0:01:21	1:18:01	0:20:20
113	230	Allen	Brenda	F	43	1:40:35	Genesee	ID	0:20:10	1:16:06	0:01:35	1:17:41	0:22:54
114	288	Macho	Amanda	F	22	1:43:44	Fruitland	ID	0:20:20	1:15:53	0:01:00	1:16:53	0:26:51
115	328	Wood	Debbie	F	54	1:44:36	Lewiston	ID					
116	325	Wilkinson	Bryan	M	36	1:45:38	Clarkston	WA	0:23:00	1:19:16	0:01:13	1:20:29	0:25:09
117	247	Collyer	Gail	F	46	1:45:39	Elko	NV	0:23:24	1:20:25	0:01:00	1:21:25	0:24:14
118	315	Loetstein & Long	TEAM	T	99	1:51:33	Lewiston	ID	0:17:50	1:32:40	0:00:15	1:32:55	0:18:38
119	277	Kinyon-Weston	Jane	F	49	1:55:23	Moscow	ID	0:27:08	1:23:19	0:00:48	1:24:07	0:31:16