

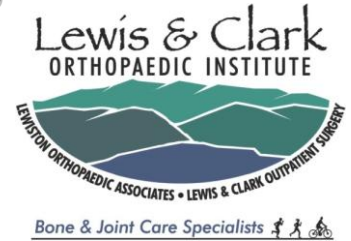
FREEZE YOUR FANNY 5K FUN RUN

Saturday, January 21nd --- 10:00am

Kiwanis Park---Lewiston, Idaho



Race will be
CHIP TIMED



- Runs will take place on the Lewiston/Clarkston Greenbelt
- Race Day Registration will open at 9:00AM.

• **COSTS:** PRE-REG - - \$10.00 (No SHIRT) \$15.00 (With SHIRT)
 AFTER Jan 9 - - \$15.00 (No SHIRT) \$20.00 (With SHIRT)**
 **Late registrations are not guaranteed a shirt

- For more info contact Mike Collins at 208-792-2308 or Mcollins@lcsc.edu

Enter online at

Registration Form (Please Print)

Name: _____ Age: _____ Gender: M or F

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

Email: _____

SHIRT SIZE: SMALL ____, MED ____, LARGE ____, X-LARGE ____, XXL ____ (add \$2)

Please read the following statement and sign below before submitting entry.

I know that competing in a fun run is a potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I assume all risks associated with competing in this event, including, but not limited to falls, contact with other participants, the effects of weather, traffic, interactions with non-participants and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, myself and anyone entitled to act on my behalf, waive and release any and all sponsors and organizers, their officers, agents and assigns, the race director and volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. **I also understand that my entry fee is non-refundable and non-transferable.** A parent must sign if the child is under 18 years of age. This certifies that the child has permission to participate and agrees to the previously stated waiver.

ACTS OF GOD & OTHERS DISCLAIMER: Although it is not anticipated that weather, road construction, etc.. will affect the race. The race organizers reserve the right to adjust the course, the time of the race and anything other compensations necessary due to factors beyond their control which includes, but is not limited to weather, road construction, ...

I am responsible to return my chip at the end of the race. Failure to do so will result in a \$25 charge.

Signature: _____ Date: _____

Parent/Guardian (if under 18 years of age): _____ Date: _____

Mail Entry Form and Fees to:

Make checks payable to LCSC XC

**Mike Collins
LCSC Cross Country
500 8th Avenue
Lewiston, ID 83501**