

**Planning Worksheet**

**B. S. Degree in Sport Administration**

**Suggested Four Year Plan of Study for General Education and Kinesiology\*\* Portion of the Degree**

128 credits required

Revised September, 2008

<u>First Fall</u>			<u>First Spring</u>		
Number	Course Title	Credits	Number	Course Title	Credits
KIN 260 (F)	Intro to KINES/HLTH	1	KIN 263(B)	Skill/Tennis-Golf (if selected)	1
KIN 264 (B)	Skill/Basket-Soccer (if selected)	1	KIN 266	Skill/Volley-Softball (if selected)	1
HLTH 272(B)	Fitness & Wellness	3	NS 150	Intro to Nat Science	3
ENG 101	English Comp	3	ENG 102	English Comp	3
MATH	Math	3-4	COMM	Speech	3
	Humanities course	3		Humanities course	
	Social Science course	3		Social Science course	
	Electives			Electives	

<u>Second Fall</u>			<u>Second Spring</u>		
HLTH 347(B)	Stress Management (if selected)	1	KIN 348(S)	Sports Medicine Or	3
KIN 420(F)	Soc/Cult Aspects	3	HLTH 288	CPR/AED	1
KIN 370(F)	Motor Learning (if selected)	3	HLTH 353(B)	Nutrition (if selected)	3
KIN 241	Officiating (if selected)	2	KIN 362(S)	Physiology of Ex (if selected)	3
		3	KIN 425(S)	Moral Reasoning	3
KIN 486(F)	Org/Administration	4	KIN 341-7 (semester varies with sport)	Technique/Coaching (if selected)	2
	Nat Science +lab	3	KIN 355	Strategies of Teaching (if selected)	3
	A Social Science				

**Key: F= course offered fall only S= course offered spring only B=Both Semesters**

<u>Third Fall</u>			<u>Third Spring</u>		
KIN 381(F)	Tests and Measure (if selected)	3	KIN 362(S)	Biomechanics (if selected)	3
KIN 352(F)	Youth Sports/Rec (if selected)	3	HLTH 456 (B) or HLTH 457(B)	Drugs in Society or Drugs & Athlete	2
KIN 488(F)	Facilities/Event	3	KIN 410(B)	Sport Psych (if selected)	1
KIN 494(B)	Internship	3			3

KIN 472(F)	Outdoor Ed (if selected)	3	KIN 487 (S)	Sport Administration	3
			KIN 434 (S)	Exercise Prescription (if selected)	3
				350 or 351 Integrative seminar	3

**Fourth Fall****Fourth Spring**

KIN 498(F)	Sr Research/Project 1 (if selected also take KIN 499 Spring Semester)	3	KIN 499(S)	Sr Research/Project2 (if selected) Electives	3
OR	OR			Electives	
BUS 497 or BUS 498	Strat/Manage/Seminar or Strat/Policy Seminar				
	Electives				

**Suggested Internship sites include:** LCSC Athletics or Intramurals, Public School Athletic Administration, Boys and Girls Club, City Recreation Programs, Country Clubs, Aquatic Center, Health/Fitness Clubs, Major/Minor League Clubs and related organizations, Sporting Goods, YMCA, Private Recreation Facilities

Note: KIN 488 Facilities will be offered Spring 2009 but in Starting Fall 2009 it will be a fall course

**Note: Please see your Business Division Advisor for the best sequence to complete the Business portion of this degree.**