LCSC candlelight concert in honor of Martin Luther King Jr. pg. 5

A concert outside the SUB Monday at 6 p.m. honored Martin Luther King Jr. with music and a play.
From the Editor

Recap

Here’s a recap of my break.

I got to spend time with my family. That doesn’t happen as often as I’d like, so I made sure to enjoy my time.

Oscar season started and I was able to enjoy the Golden Globes. Now, I’m busy keeping track of other film awards that you’ve probably never heard of.

I fell in love over break. With goat cheese. So I was enjoying that these last couple of days.

I read books that I didn’t need to read. Just for fun.

I watched a lot of movies (see the thing about the Oscars!). I caught up with the TV shows from our friends in England. I also rewatched one of my favorite shows “Chuck” (seriously, people, watch it).

I got to see the Seattle Seahawks, the team my family has rooted for since I was born. Finally, make it to the Superbowl. And yes, I know they’ve gone before, but this time they actually deserved it. They’ve had an incredible season, and it’s cool to see your team being taken seriously. Go Hawks!

So that was my break. I hope yours was fun as well. But now it’s back to work.

Kaylee Brewster

Back to school, back to school

In retrospect, break was really long. I mean, we had over a month off! But it went by so fast. And it feels good to be back. I am really looking forward to this semester. I’m not taking one class that I won’t like. Well, I hope.

I love our campus, and I love our professors. It’s like a little family—in the English and education department, anyway. Going to a smaller school is a blessing. We’re not just a number. We get to know our professors, and they care about us and how we’re doing. How great is school is a blessing. We’re not just a number. We get to know our professors, and they care about us and how we’re doing. How great is that?

I hope you all had a great break. And I hope you are ready to tackle another semester. A little word of advice: no matter how hard it gets this semester, don’t give up. Keep in mind that in 20 years you’re not going to look back and remember how tired you were or how horrible you were feeling. In 20 years, you’re going to look back and think, “I did it.” So give it your all and you can look back and be proud.

Aaron Waits

New Year’s Resolutions: Start Small

Over the summer I set out to eat more vegetables. So I went and got ingredients for a salad, put it together, and then I remembered I hate salad. It’s too disorganized. Besides, when you go to try to store it all the ingredients get all over one another and you’ve got brown avocado mucus on your spinach which then wilts faster and you’re not sure if it’s slimy mold or just tomato on your carrot.

I found that I quite enjoy the components of salad just as long as they’re each segmented off in their own place on the plate. An un-salad, of sorts.

So I went to T.J. Maxx and got a bento box. Those things are great, especially for unsalad eaters like myself, and I found myself gleefully toting my unsalad to and from work.

The issue that spurred to me to want to eat more vegetables in the first place is that I liked to snack all day. I knew I couldn’t sit and munch on chips or any grain based snack so vegetables and a bento box were the spot on solution.

I enjoyed it so much that for a time I became an accidental vegetarian because it was just fun. I would munch on baby carrots and cucumber slices. I ate spinach leaves like potato chips and it made me laugh because it seemed so absurd.

The accidental vegetarian thing came about because I also bought frozen chik’n patties made of soy because they taste good and they were an easy lunch to bring in to make in the microwave. I didn’t buy them because they were meat-free. They were just healthier than other microwave meals.

I know that its resolution season, and I know all too well how frustrating it can be to set high goals only to watch myself fail.

I recommend that if you want to set a resolution there are two things you should do. The first

See Resolutions, page 3

The Pathfinder policies

The Pathfinder is the official student publication of Lewis-Clark State College, and operates under authority granted by the LCSC Communications Board. Responsibilities for establishing news and advertising policies and deciding issues related to content rest solely on the student staff. The views expressed in commentaries and letters are those of the individual authors, and not necessarily the views of The Pathfinder staff.

The Pathfinder’s offices are located on the LCSC campus in room 201 of the Student Union Building. All members of the campus community are invited to visit and share comments and ideas. If you would like to make an appointment to meet with the editor or any staff member, please call 792-2569 or email thepathfinder@lcmail.lcsc.edu.

Staff meetings are held every Tuesday at 6 p.m.

Letters to the editor, press releases and public service announcements are run on a first come, first served basis as space permits. Items relevant to the campus community are given preference.
Graduation application going paperless

Lindsey Keatts of The Pathfinder

LCSC has over 4,000 students currently attending, and this semester a change is being made that will affect all of them.

This semester the graduation application will be going to a paperless system. According to Keesje Mills, a Technical Records Specialist at LCSC, “The new website isn’t compatible with our old graduation application so we are (happily) going paperless.”

What will these changes mean for students? Students will have to meet with their advisors to review their academic progress. At this time, the advisor will authorize the student to apply for graduation. This can be done at the same time as the student’s registration release. Students must then use the “Apply to graduate” link found in their WarriorWeb.

Deadlines for graduation applications remain the same, Dec. 1 for spring graduations and May 1 for fall graduations.

From Resolutions, page 2

is that you should allow for a staggered start. January is a silly time to try to change everything around. It’s a great time to plan for some positive changes though. Coming down off of the madness of December takes some time and there shouldn’t be added pressure just because it’s a new month and a new year.

Secondly, set a resolution that you can’t break. Instead of setting hardline goals, try something simple and positive. The ever popular weight loss goal shouldn’t be measured in pounds or food items not eaten. Start simple by saying “eat more vegetables.” It would be hard to live a life without eating vegetables so you’re already doing it. Also when you notice you’re doing it you’ll feel good, and then it can be something to feel upbeat about instead of putting more pressure on yourself to “make up for lost time” or “make up for breaking it.” Then you might also think about it while you’re searching for a snack and think “hey, I should eat more vegetables” and you’ll grab the carrots and celery instead of the Gardetto’s. Or maybe you’ll grab both, whatever, the point is to be positively reinforcing the goals you set for yourself and not punishing yourself. It’s about creating a better life and lifestyle, right? It’s about being happier. Small positive steps are more attainable than large lofty leaps.

Microsoft ends Windows XP, LCSC campus adjusts

Windows XP service ending in April

Jin Choi of The Pathfinder

Microsoft has announced, Windows XP service will be ending April 8, 2014.

Windows XP is an operating system (OS), produced by Microsoft for use on personal computers at home, school and businesses. It is still the second most popular Microsoft operating system after Windows 7. According to Microsoft, Windows XP sold for more than two hundred million copies in the world.

The LCSC IT office is also concerned about the end of life for Windows XP. LCSC IT has been working on removing all XP computers from LCSC campus network as they will be vulnerable to malicious attacks such as malware and viruses after April 2014. But this issue can be applied to students and their home computer.

The Pathfinder tried to hear student's opinion about end of Window XP service.

Michael Skinner, who is majoring in Biology at LCSC, said, “I think the ending of XP service is a good thing. Even though, I am still using Windows XP for my desktop computer, I need to buy a new OS. I bought my desktop 10 years ago. Windows XP is too old and limited as compared to Window 7 or 8. This is good time to change it. Nobody usually uses a computer more than 10 years nowadays.”

Jan. 16, Microsoft announced new policy for Windows XP users. Part of Windows XP security services will be continuing until July 14, 2015 so the users have more time to make up their minds.
LCSC Small Business Development Center offers workshops

Lindsey Keatts of The Pathfinder

This semester, the LCSC Small Business Development Center is offering a variety of workshops for anyone aspiring to open their own business or who is just looking to pick up some new skills.

All of the workshops, except one, will be taught by Barbara Leachman. Workshops are as follows: Jan. 10 and April 18, Start-up decisions, requirements and resources; Jan. 24, Business feasibility; Feb. 7, Marketing and sales; Feb. 21, Websites and social media; March 7, Website success with SEO and marketing (Instructor Jeff Purcell); March 21, Financial reports and raising capital; April 4, Business valuation for buyers and sellers.

Workshops cost $30 each, however, some rural scholarships may be available to reduce the fee to $10. Each class meets on one Friday from 9 a.m. to 11:30 a.m. in room 15 of the Administration Building.

Pre-registration for these workshops is required. Email isbdc@lcsc.edu, visit www.idahosbdc.org/, or call 208-792-2465 to register.
Hoyoung Seo
of The Pathfinder

To honor Dr. Martin Luther King Jr. Day, there were student volunteer activities and events held by Lewis-Clark Service Crops and LC Valley.

Martin Luther King Jr. Day (MLK Day) is an annual day of civil rights. To celebrate this day with Idaho Human Rights Day, Lewis-Clark Service Crops prepared various volunteer activities and events for students.

These events were divided into morning and evening; the volunteer activities on that day started from 9 a.m. to 1:30 p.m. and the performance began at 6 p.m. at the LCSC SUB amphitheater, followed by a candlelight walk to the Williams Conference Center (WCC).

About ten different volunteer services took place for students in different places on that day from 9 a.m. to 1:30 p.m. According to Charlette P. Kremer, Director Lewis Clark Crops, they worked with people who signed up to volunteer and students from resident halls, the volleyball team and the PoliSci Club. “Volunteers sorted Foss at the food bank, assembled and painted crafts, helped at the animal shelter, put labels on books for the children’s library, helped elderly homeowners, sorted clothing and spruced up the Boys and Girls Club. On MLK Day we encourage people to make it a day on not a day off,” Kremer said.

The evening, a local musical group performed at 6 p.m. in front of the SUB with candles for people to honor MLK day. They played “Yellow Dog Flats Blues.” Also, the Living Voices Theater Company from Seattle performed the play, “The Right to Dream,” addressing the Civil Rights Movement in Mississippi during the 1950’s and 60’s at 7 p.m.

Before the play, some people talked about personal experiences. One of the impressive stories was from a speaker who is an African-American, Wendy Diessner, YWCA Director of Operations. To point out how diversity is beautiful, she talked about her personal experience to audience. She brought kids on the stage; then they start comparing their bags. She asked them, “Does anybody see a better one?” One of boys picked a bag because it looked more expensive than his. So she asked that boy, “Does it have any value compared to yours?” The boy said, “Yes, it’s more expensive than mine.” She changed the question because he thought the boy couldn’t understand the value. So she asked to boy, “Then, is it okay to just have $7.45 for one bag in the store? What about if Baskin Robbins had only one flavor ice-cream?” Then boy said, “Well, that sucks.” Her point was we need to love diversity because it would be a boring life without diversity, and the person who made it was Martin Luther King Jr. because King loved diversity. So we need to be thankful to King.

There were many adults and high school students but not many college students were there. It was hard to see the advertisement of this event around school.

LCSC provides opportunities for students and staff to celebrate MLK day with a volunteer day and a candlelight concert.

General Scholarship Application Available!

The 2014-2015 General Scholarship Application is now available at www.lcsc.edu/financialaid.

Deadline for application is MARCH 1, 2014

Submit your applications electronically this year!
If choosing this option, you must submit them from your LCMail account.

Get your application in by JANUARY 31, 2014 to be entered into a drawing for a bookstore gift card!

Financial Aid Office  •  208.792.2224  •  scholarships@lcsc.edu
“Philomena”: a heart-warming search for a lost son

Kaylee Brewster of The Pathfinder

It is Oscar season again, which means I’ve been busy over break catching up with all the latest nominated films. One of those includes “Philomena.”

Now I know what you’re thinking, “what does that mean? Is it some Greek thing?” No. It’s not Greek (well, it is but not in this case).

“Philomena” is the story of Philomena Lee (Judi Dench) a now elderly Irish woman who had her son taken from her 50 years ago. She meets Martin Sixsmith (Steve Coogan), a journalist, who agrees to write her story.

They set out to find her son and encounter many setbacks. The nuns at the convent where Philomena and her son lived aren’t talking. Any record of her son is “missing” in a “fire.” However, Philomena is set on finding her son to learn what happened and when M... I mean, Philomena decides something, it’s done.

I don’t think I need to, but for the sake of this review, let’s talk about Judi Dench. Or rather, Dame Judi Dench.

This is her seventh time being nominated for an Oscar. So it should be obvious that she delivers a solid performance in “Philomena.” However, that would not do her the justice she deserves.

Philomena is a complicated character. She feels guilt that she has kept this a secret for this long. She feels the loss of losing her son every day. Dench plays these emotions with perfection.

Her character doesn’t have to say she’s thinking about her son, her facial expressions do all the talking.

You would think that this would make her a sad, grumpy person, but it doesn’t. At least not the way Dench portrays her. She is kind, smiles at everyone, and tells people “they are one in a million.” Someone with so much pain and bitterness turns around and becomes a caring, sympathetic person? A powerful message. And Dench gives the audience every smile and you believe it.

That dame woman.

Martin (Steve Coogan) travel to America to find Philomena’s son in “Philomena.”

Martin on the other hand is angrier about what happened than she even is. Philomena often has to stop Martin from berating the nuns, saying not all of them are bad. He is often rude (and she scolds him on it). He also constantly questions her faith, but she doesn’t let it bother her.

Martin is basically the opposite of Philomena. Coogan is more known for his comedic roles but he is successful in this serious role. His character doesn’t have as much of an emotional depth, but that’s what makes his character so good.

His character also works because it’s in opposition to Philomena. He makes a joke, it goes over her head. He makes a rude comment, she chastises him for it. Then she surprises everyone by saying things “a woman of her age” shouldn’t say. Or even know about. So although the film has serious moments, there are times like this where it gives the audience a laugh that lightens up an otherwise depressing film.

“Philomena” also keeps the audience in their seats. Audiences always want to know who Martin and Philomena will talk to next and where it will lead them. And just you think it’s all over, something else comes up.

All Philomena wants to do is find her son and ask him if he has thought of her as much as she thought of him. She wants him to know that she loved him that she never abandoned him. She wants him to be loved. If that doesn’t give you feels, check for a pulse.

The emotions and laughs work well with “Philomena” but the film is carrying on the shoulders of Dench and Coogan and they bear the burden well. “Philomena” is definitely an underdog in the Oscar race (Best Picture, Best Actress, Best Score and Best Adapted Screenplay) but there is no doubt that it belongs with the best.

Video Game Review

Tomb Raided – One More Time

Brandon Roberts of The Pathfinder

I always hate the dead period of game releases between Christmas and February. There’s usually few games that garner any attention during this time, and most developers are content to bypass it unless they’re feeling a bit risky or don’t think the game would do well anyway. So imagine my surprise when I discovered the “Tomb Raider: Game of the Year Edition” being released Jan. 28. I had enjoyed the original edition when it first came out, so I figured, “Why not?”

The “Tomb Raider” I speak of is the reboot of the series released last year, which tells the story of Lara Croft on what could be her very first exploration ever. She and her ship’s crew wind up shipwrecked on the island of Yamatai after a brutal storm that rips their vessel apart, only for her to be separated and dragged off by a crazed local. Alone and afraid, Lara must find her crew and escape the island in one piece, all the while waging her own personal war with the Solarii - a psychotic cult who worships the spirit of the Sun Queen Himiko that’s keeping everyone trapped there through her power over the storms.

As far as gameplay is concerned, Lara moves rather well through her environment, and the player can certainly feel the survival aspect of the adventure quite clearly. As she upgrades her weapons, she can unlock new areas to explore, while her various perks allow her to live longer and gain an edge over her enemies. And there’s certainly plenty enough to do. Once the player has traversed through three-quarters of the game, most of the island has already been opened to them, allowing the player to go back to previous destinations with their new tools and reach once-inaccessible areas. For combat, Lara’s pretty well outfitted, so the player can have their choice of moving stealthily with the bow and arrow or just running through there with guns blazing (though those on the harder difficulties may wish to rethink that strategy).

However, there are a few problems. While the main game is certainly large enough to keep the player entertained, there’s very little replay value in the game. Sure, one could go through again on a harder difficulty, but once you know where all the treasures are and where to go, it just takes something away from the fun factor. There’s always the multiplayer, of course, but it feels like a generic third-person shooter with some minor elements of the main game filtered in. In fact, quite a bit of the DLC included is for the multiplayer aspect, with only one extra tomb to explore added to the main game, so I can’t help but feel like players who mostly enjoy the story campaign get the short end of the stick.

Overall, “Tomb Raider” is a fun game, though I feel like the developers should have just cut the multiplayer and used the extra data space to make the main game more enticing to return to. Still, if you have the thirty-plus dollars to spend and are looking for something to do while waiting for the bigger releases like “Thief” or “Dark Souls II,” it’s worth putting it into your gaming library.

Overall Score: 7 out of 10
Food Review

Chip n’ dip to get ready for the big game

Jennifer Johnson of The Pathfinder

The Super Bowl is just around the corner and the semester is now underway. Many of us may not have time to prepare food for the big game. This week and next week I am providing you with a couple scrumptious easy to prepare dip recipes for the big game or any other time. No matter which team you are cheering for, your friends will be cheering for more of this dip.

My family is my biggest fan when it comes to my football foods. This dip is full of some of their favorites: ranch, bacon, and cheese. There is no cooking time and very little mess. It is a definite easy snack for those of you who live in the dorms. All you need is these few ingredients 24 ounces of sour cream, 8 ounces of softened cream cheese, two (2) packets of any ranch dressing mix, ¼ cup of real pieces of bacon, and a cup of shredded cheddar cheese. Simply whip the sour cream and cream cheese together followed with the ranch dressing mix. Then all you need to do is add the bacon pieces and shredded cheese. This creamy delight is great accompanied with chips or crackers.

Simple ingredients to make this delicious dip.

Ingredients:
- 24 ounces of sour cream
- 8 ounces of softened cream cheese
- 2 packets of any ranch dressing mix
- ¼ cup of real pieces of bacon
- 1 cup of shredded cheddar cheese

Music Review

My Favorite Songs Right Now

Kelsey Randles of The Pathfinder

I took full advantage of winter break and spent most of my free time listening to music. Even when I was cleaning, or playing with my dog, I was listening to internet radio and records. Having heard countless new songs, and spending more money than I’d like to admit on albums, my indecisiveness to choose just one artist or record to discuss made me realize I should simply talk about some of my favorite songs. So, here is just a small sample of some of the great tunes I discovered over break.

Firstly, I want you all to know about an artist I discovered randomly online named Phosphorescent. Phosphorescent is a one man band helmed by Matthew Houck, a musician originally from Alabama and who is now based out of New York. I love spending time on YouTube not only looking for good songs, but I also keep an eye out for strange or interesting music videos; “Wolves” by Phosphorescent is one of those videos.

I can’t be positive that Houck had direct input on the video, or if a random internet user decided to make it, but the beautiful lyrics sung by Houck have been put to 1940’s footage of sled dogs in Alaska. As puppies and full grown dogs play in the snow of the black and white film, Houck strums a ukulele and sings to his mother about the “wolves in the house.” As the second verse starts, it becomes apparent the wolves are likely Houck’s evil thoughts or demons: “Their faces all snowy and white / Bury their paws in the stone / Make for my heart as their home.” The acoustic ukulele continues as soft chords are brought in on an electric guitar and Houck has admitted the beautiful wolves are “tearing up holes in the house / They’re tearing their claws in the ground / They’re staring with blood in their mouths” and Houck ultimately has given into his inner demons. If you are a fan of dark acoustic music, and unique music videos, then this song is for you.

What might be my most listened to song over these past few weeks is Jaymes Young’s “Moondust.” I have yet to find a lot of information on the new artist, but I do know he is stationed in Los Angeles, and has quite a few online critics buzzing. The version of “Moondust” I initially found was a stripped version of an electronic original. I’m not a huge listener of electronic music, but I found myself enjoying the original all because of Young’s voice and lyrics.

As I said earlier, the style of the song that has been on repeat on my stereo is the version with Young simply playing his guitar, and thus letting his vocals shine through. I could listen to Young sing all day, his vocals are flawless as he tells of a love gone wrong that he must rid himself of. Young says he is in outer space living “like a lost astronaut.” It is difficult to suppress or forget about somebody you love, but people fight to do it all the time when they realize a relationship won’t work. Young chillingly sings about what he must do to move on: “The brightness of the sun, will give me just enough / To bury my love, in the moondust / I long to hear your voice, but still I make the choice / To bury my love, in the moondust.” Young ends the song with this verse, and leaves the listener wanting more. Good luck on not hitting repeat like I have.
Education division changes name to include Kinesiology majors

Staff Report

The name of LCSC Division of Education officially has been changed to Education and Kinesiology.

The name change was requested by division faculty to reflect the growing number of Kinesiology majors. During academic year 2012-2013 the division reported 176 Kinesiology majors, which represents 38 percent of the total students within the division.

In addition to a major in Elementary Education and certification in Secondary Education (English, History, Health/Physical Education, Biology, Chemistry, Earth Science, Natural Science, and Math), the division offers programs in Sport Administration (with a Business component) and in Kinesiology with emphases in Exercise Science/Sports Medicine, Health Promotion/Personal Training/Wellness Coaching, Youth Sports/Recreation and Sports Administration/Coaching. Students who major in Kinesiology are prepared for jobs in the health and fitness industries, as athletic coaches and administrators, and for admission into graduate school in the allied health sciences such as Physical Therapy or Occupational Therapy and exercise and sport sciences.

LCSC host regional BPA competition

Staff Report

Friday, Jan. 24, LCSC’s Business Technology and Service Division will host 239 high school students for regional competition in Business Professionals of America (BPA), a student organization formed to enhance business and leadership skills.

The competition takes place from 8 a.m. to 2 p.m. at LCSC. Students will be representing 13 schools from Region II. The student competition will be using classrooms in the Administration Building, Sam Glenn Complex, Thomas Jefferson Hall, the Student Union Building and Activity Center West.

The students must place first, second or third in their selected events in order to qualify for the state competition in Boise in March. At the state level they compete against students from across Idaho to qualify for the national competition in Indianapolis. Students compete in a variety of events from five different categories: Finance; Business Administration; Management Information Systems; Digital Communication and Design; and Management, Marketing, and Communication. All of these events are aimed at helping students excel in their chosen field.

The students will be judged by qualified community members who are volunteering their time to help promote student achievement.
Idaho Physical Therapist Assistant consortium program receives approval to begin

Staff Report

The Commission on Accreditation in Physical Therapy Education (CAPTE) voted to approve the start-up of the Physical Therapist Assistant (PTA) Consortium Program delivered by the College of Southern Idaho (CSI), College of Western Idaho (CWI), LCSC, and North Idaho College (NIC). This approval will allow the four colleges to move forward with enrolling students for classes starting in January.

The program will be delivered to each of the four college campuses utilizing interactive video conferencing that allows students from each institution to participate in the lectures as a larger cohort group, and then have lab time at their own campuses. Clinical experiences are also integrated throughout the curriculum to offer students the opportunity to practice techniques they have learned each semester.

The program is designed to be completed in two years, including the integrated clinical affiliations. Graduates will be eligible to sit for the national physical therapist assistant exam and apply for state licensure once initial accreditation is achieved. The program is on track to be evaluated for initial accreditation in November 2015 with graduation of the first class of students occurring shortly thereafter. According to Occupational Employment Statistics, Idaho’s job market for physical therapist assistants shows growth of more than 27 percent in the next 10 years.

“Joint efforts like the Physical Therapist Assistant program between Idaho’s public institutions help ensure accessibility to everyone throughout the state,” said Todd Schwarz, State Administrator at the Division of Professional-Technical Education. “The institutions in our state are working together to provide consistency in the quality of education and making sure that the tax payers support of the programs are invested wisely. This is why our higher education system continues to gain strength in meeting workforce demand.”

For more information on the Physical Therapist Assistant Consortium Program including information on enrollment, please visit the following website of the institution in your area: www.lcsc.edu/bts/Physicaltherapistassistant.htm
**Warrior women on cruise control**

Sandra Kelly  
*of The Pathfinder*

Dec. 29 something very unusual happened in Las Vegas - the LCSC women lost a game.

The Warrior women had an uncharacteristic night where they shot a dismal 29 percent and could not muster a win as they lost to the University of Regina 67-49.

Since then LCSC has done nothing but win. Oh, and move up in the NAIA Top 25 standings.

Following that December loss, LCSC has won six straight, has moved up the polls, are sitting at 70 in the Frontier Conference and have already eclipsed the 20-win barrier, a mark that is very difficult to do in the world of college hoops.

Saturday night the No. 18 Warriors closed out the holiday break with an 85-69 conference win over Montana Tech in Butte.

Tanis Fuller led all scorers with 14 points, including a pair of 3s and Shelby Barnes and Loree Hill also finished in double figures.

“I thought our girls really just took care of business,” LCSC coach Brian Orr said in a press release. “We had a hard time stopping them from scoring, so it was one of those games where we just had to outscore them.”

Saturday’s win was a nice change from the last time these two teams men.

When Tech took on LCSC in Lewiston, it took two overtime periods for the Warriors to get the win.

The Warriors were blistering from the floor, shooting 62 percent, including an 8-of-19 performance from the outside.

It didn’t hurt that the Orediggers put LCSC on the free throw line, a place where it collected 21 points off 25 attempts.

The Warriors had a 44-32 lead at the half, and then pushed that lead to as many as 20 points in the second half.

The Warriors, who lead the nation in turnover margin, continued to take care of the ball, turning it over only nine times. It was the fifth time this season LCSC has closed out the game with fewer than 10 turnovers.

Saturday LCSC travels to Salt Lake City to take on the No. 4 Westminster Griffins in what could be one of the premier games in the Frontier Conference this season.

Saturday’s game should be fantastic. The Warriors lead the Frontier in scoring, averaging 81 points a game while the Griffins put up 70.

The Griffins have three players averaging double figures, while the Griffins have two. Fuller leads the Griffins in scoring with 14 points a night while Alli Blake leads the Griffins with 14.

Defensively, LCSC is holding opponents to 58 points a night while the Griffins are holding teams to 56, and on the rebounding side, Westminster has the edge, outrebounding its opponents by five a game.

“Obviously, that’s a big game,” Orr said. “We have a whole week to prepare. We are looking forward to it.”

LCSC only has four home games left.

**LCSC men stumble in final game before new semester**

Sandra Kelly  
*of The Pathfinder*

The LCSC men’s basketball team had a solid holiday break, climbing into the Top 25 after consecutive wins over Dickinson State and then-No. 10 Rocky Mountain.

That success landed the Warriors at No. 22 in the NAIA poll, but Saturday night in Butte LCSC ran into a tough Montana Tech team, and lost 81-74.

That loss puts LCSC at 4-3 in the Frontier Conference, which means the remainder of the year will be spent trying to make up ground in the rough and tumble Frontier.

The Warriors, who crushed Tech at home in December (105-60) had ample chances to leave Butte with the win. LCSC put up a 40-29 lead at the half, but saw the Orediggers chip away at that lead by going inside to and to guard Antonio Snow.

“It was a little bit of a wild game,” LCSC coach Brandon Rinta said in a press release. “At the end of the day we didn’t box out and they got too many offensive rebounds for us to expect to be successful tonight.”

Tech used its size to dominate the boards. The Orediggers, who have seven players who are listed at 6-0 or taller, fought for 15 offensive rebounds, and scored 16 points off second chances.

Then came Snow who went 3-for-5 from behind the 3-point line and who finished with 21 points.

Snow did not play the first time LCSC and Tech battled, and Rinta said the Tech guard was a difference maker.

“They’re a completely different team with that guy,” Rinta said. “He gives them some athleticism and quickness that they were lacking.”

It didn’t help that LCSC had key players limited with injuries. Jacob Champoux and Joseph Moquino both missed significant time because of sprained ankles, Jamaal Thomas sat the bench more than usual because of muscle cramps and EJ Farris was called for two technicals and ejected from the game in the second half.

Even on a gimpy ankle Champoux led the Warriors with 17 points while Farris scored 10 before his ejection.

Tuesday LCSC will host Multnomah University in non-conference play, and Saturday the Warriors return to conference play when they travel to Salt Lake City to take on No. 19 Westminster.

Following the Multnomah game, LCSC will only have four home games left on its schedule.

**Coleman, Warriors, track it up**

Sandra Kelly  
*of The Pathfinder*

It may be the middle of winter, but that doesn’t mean that the LCSC track teams aren’t going strong.

Kaytlyn Coleman, who took the throwing world by storm last year, is back on track this year.

The sophomore from Kennewick set a school record in the 20-pound weight throw when she won the Jacksons Open Dec. 17 in Nampa.

Not only did Coleman set a new school record with the throw, but she also set a new personal best and she qualified for the NAIA Indoor National Championships.

She also set a provisional qualifying distance in the indoor shot when she placed third with a 43-3 toss.

Mallory Nelson, also a sophomore, had her own personal best mark in the weight throw when she finished ninth with a 42-9 ½ mark.

This past weekend, many on the LCSC track team made the short jaunt to Pullman for the 12th Annual WSU Open.

Coleman again stole the show, winning the weight throw with a 58-3 ¼ mark. She also improved her national qualifying mark in the shot when she finished second with a 43-3 ¼ throw.

Nelson finished fourth in the weights throw with a 45-11 ⅜ toss, improving her personal best by three feet.

Rachel Cundy showed her stealth in the distance events.
Off the bench

Trout streams, kayaking and living large outside in Idaho

Sandra Kelly
of The Pathfinder

It’s not often that I get a serious case of spring fever in January.

But this year it hit early and hard, like a bad case of the flu. Right now I am in serious winter denial, and I am blaming it all on my aunt and the fly fishing magazine she left in my Christmas stocking.

I’m sure it was just a last-minute stocking stuffer, and that it was purchased with the kindest intentions, but after flipping through the pages and reading about glorious trout streams, I found myself suffering from trout withdrawal in the worst way.

I will be the first to admit that I am no great fisherwoman. I struggle putting on leaders, I hate having to add new fly line on my reel and I scare more fish than I catch. But that doesn’t mean I don’t love the hunt.

There is something special about fishing. The quiet, peacefulness of the river soothes my soul and the solitude of floating in a float tube or kayak is exquisite. And that rare occasion when a trout grabs the fly and I have to craftily reel it in is joyous. Add to that the beauty of the Idaho mountains and foliage, and the term “heaven on earth” does not seem like an exaggeration.

So when I opened my fly fishing magazine my heart did a flip-flop. My first look was to glance at the entire spread. I looked at all the photos, saw the rivers, the fish, the landscapes and for a moment I dreamed of being in the mountains of Idaho, Montana and Oregon fishing to my heart’s content.

Then I looked over the gear. I am not a gear junkie by any means, but looking at various flies makes me salivate more than a little.

I then treated myself to an article. I wanted to read only one a day. I wanted to space them out, to savor them like candy, but that didn’t last long. I gorged myself on all the articles. I was gluttonous as I read each story about hikes through the mountains to great rivers and streams all in search of trout.

Soon, my mind speeds toward summer, and I began to plan trips to Kelly Creek, the St. Joe and to the Salmon. I pictured myself in my float tube at Winchester, in my kayak at McCall and up to my waste in water along the Salmon.

I truly lost control as I began to look at websites of fishing in Ireland and Spain.

For the next couple of days I cleaned my gear, I organized my flies and I made sure I had ample supplies of line, tippets, knives and clippers.

I searched through fishing sites and national park sites and for a good portion of my holiday break my family accused me of zoning out and not paying attention to them. They were right, I was lost in Troutville.

Troutville is a beautiful place, but it can be like a disease because if you begin visiting the Troutville of your dreams too early in the year, you are met with misery.

Summer is a ways away. It is good to plan for summer, to dream of mountains and water and fish, but for me, if I start dreaming about those things too early in the year, February and March become nearly unbearable, and spring fever nearly does me in.

Maybe I’ll make a quick little stop along the Clearwater this week just to satisfy those urges.
Submit your club event information to aslscseinvolvement@lcmail.lcsc.edu

Sunday, January 26

Wednesday, January 22
11:30am - Warrior Wednesday (SUB SOL)
7:00pm - RA Game Night

Monday, January 27
4:00pm - WEB Meeting (SUB)
4:00pm - Lewiston City Meeting (LIB TCC)

Tuesday, January 28
4:30pm - Senate Meeting (SUB)
5:00pm - Alumni Meeting (LIB)

Thursday, January 23
4:30pm - ASLSC Senate Meeting (SUB)

Friday, January 24

Wednesday, January 29
11:30am - Warrior Wednesday (SUB SOL)
7:00pm - WEB Comedy Event (WCC)

Saturday, January 25

Abbreviation Key

Clubs and Organizations
ASLSC - Associated Students of Lewis-Clark State College
WEB - Warrior Entertainment Board
RHA - Residence Hall Association
LDSSA - Latter Days Saints Student Association
ISNA - Idaho Student Nurse’s Association
AHS - Ambassador Honor Society
SOSW - Student Organizations for Social Workers
GSA - Gay-Straight Alliance
BPA - Business Professionals of America

Buildings
SUB - Student Union Building
SUB Sol South - SUB Solarium South
SAC - Sacajawea Hall
SGC - Sam Glenn Complex
FA - Fine Arts Building
MLH - Meriwether Lewis Hall
Music - on the corner of 8th st. & 11th ave
Pi’rankinwaa’ - on the corner opposite the Music Building on 8th street and 11th ave
RCC - River City Church

Word on the Street
By Lindsey Keatts
What classes are you most excited for this semester?

Kevin Reynolds
Major: Interdisciplinary
Year: Senior
“Special Education Inclusion strategies.”

Alexandria Schut
Major: Undeclared
Year: Freshman
“Introduction to History.”

Lynn Westhafer
Major: Information Technology Systems
Year: Senior
“Security plus. Teresa Nash is the instructor and she’s really good. Also, it is a challenging course so I will be pushing myself.”

Seth Parks
Major: Nursing
Year: Senior
“Human genetics, I just think it is really interesting.”

Edward Sloniker
Major: Business Administration
Year: Freshman
“Natural Science. I like to learn about science and get involved in scientific things.”