**COURSE:** ADS/PSYCH 243.01: Introduction to Addiction Studies  
**SEMESTER:** Fall 2015  
**INSTRUCTOR:** Cathlin Stewart, MA LMHC ACADC  
**DAY/TIME:** Thursday/6:00-8:30pm  
**CLASS LOCATION:** Administration Bldg, Room 203  
**INSTRUCTOR CONTACT:** cjstewart@lcsc.edu  
**TEXT:** Introduction to Addictive Behaviors, Fourth Edition by Dennis L. Thombs and Cynthia J. Osborn

**COURSE DESCRIPTION AND PURPOSE:** This course is designed as a survey and introduction to the complex field of addictions studies. Students will be exposed to multiple models of addiction theory to develop a broad and accurate perspective on what addiction is and how this knowledge, supplemented by research, is necessary for successful treatment and prevention outcomes, for educating the public, and guiding public policy, including legislation, government funding, etc. This course is a prerequisite for a Minor in Addiction Studies and is suitable as an elective for those pursuing degrees in criminal justice, social work, nursing, etc.  
Prerequisite: Introduction to Psychology 101.01

**COURSE COMPETENCIES:** At the end of the course, the student will

1. be familiar with historical events that contributed to current concepts of addiction.
2. understand the different models of addiction and merge them to create a comprehensive view of addiction.
3. interview an addictions counselor and review some current treatment materials.
4. interview human service workers to determine their level of knowledge regarding addictions.
5. be exposed to local sobriety support groups and local resources for those struggling with addiction problems.
6. become familiar with how local systems address the problem of addiction, including funding for treatment, local treatment centers, local recovery support services such as housing, legislation, probation, incarceration, etc.
7. identify what public policy is doing well regarding addiction and how public policy could improve to reflect a more accurate understanding of addiction.
8. The student will be familiar with the issues commonly surrounding addiction, including trauma, such as childhood sexual abuse, domestic violence, mental illness, codependency and public health issues.
9. become familiar with how local systems address the problem of addiction, including funding for treatment, local treatment centers, legislation, incarceration, etc.
10. have a general understanding of addiction, be able to address stigma surrounding addiction, and be prepared to assist people struggling with addiction in their chosen profession.
10. be exposed to the recent scientific evidence regarding addiction studies.

METHODS OF INSTRUCTION:

Text: Read assigned chapters prior to class and come to class ready for discussion. This will affect your participation grade.

Quizzes: Quizzes will be administered at the beginning of most classes, including the first class. Please note the course schedule.

Additional Reading: Additional reading may be assigned during the semester.

Lecture: There will be lecture components for this class.

Discussion: Education is about the sharing of ideas and knowledge from as many perspectives as possible. Students have a wealth of knowledge and experience to share.

Interview: Students will be required to interview a local substance use disorder treatment professional.

Activities: There may be other activities assigned in this course.

Exams: There will be a comprehensive mid-term exam and a comprehensive final exam.

METHODS OF EVALUATION

Quizzes: 240 points

Interview Paper: 40 points

Midterm Exam: 120 points

Addiction Paper: 60 points

Final Exam: 240 points

Total Points: 700

ATTENDANCE: As this class only meets once a week, four absences will result in an automatic fail for this class.

Quizzes: 240 points

Quizzes will be administered at the beginning of the class on the required reading, including the first class, and will be collected by 6:15pm. Quizzes will not be available for make up. In the event of an emergency, please email me.

12 quizzes @ 20 points each: 240 points

Interview Paper: 40 points

Students will be required to interview an addictions professional and present a summary of their findings in a 1 1/2 to 2 page paper. Please customize your questions for your career interest. For example, if you are going into criminal justice and would like to be a probation
officer, ask the professional what they wish every probation officer understood about addiction. Due October 8, 2015 at the beginning of class.

Midterm:  120 points
October 15, 2015 from 6-7pm. A film will be shown in class that same day, so do not go home after the exam. This will be a comprehensive exam.

Addiction Paper:  60 points
Students will be required to write, in their own words, a comprehensive theory of addiction, and how this knowledge of addiction will inform their personal career future. Limited to 1 1/2 to 2 pages. 30 points for addiction theory. 30 points for how this knowledge will inform your career path. Due December 3, 2015 at the beginning of class.

Final Exam:  240 points
December 17, 2015 from 6-8pm. This will be a comprehensive exam.

ON PAPERS:
I prefer quality not quantity in regards to paper-length. The best writing is submitted when the author is challenged to condense the material. Most short essays will be limited to one and a half to two pages, double-spaced.

COURSE SEQUENCE & SCHEDULE
Read chapters prior to class and come ready to discuss

August 27
Read Chapter 1
Chapter 1 quiz
Stigma
Concepts of Addiction

September 3
Read Chapter 2
Chapter 2 quiz
Disease Models

September 10
Read Chapter 3
Chapter 3 quiz
Public Health and Prevention

September 17
Read Chapter 4
Chapter 4 quiz
Co-occurring Disorders

September 24
Read Chapter 5
Chapter 5 quiz
Psychology of Addiction

October 1
Read Chapter 6
Chapter 6 quiz
Conditioning and Contingency Management

October 8
Review for exam
Interview papers due

October 15
Mid-term Exam
The Anonymous People film

October 22
Reach Chapter 7
Chapter 7 quiz
Cognitive Models

October 29
Read Chapter 8
Chapter 8 quiz
The Family System

November 5
Read Chapter 9
Chapter 9 quiz
Social and Cultural Foundations

**November 12**
Read Chapter 10
Chapter 10 quiz
Behavioral Addiction

**November 19**
Read Chapter 11
Chapter 11 quiz
Motivation for Change

**November 26**
Thanksgiving Day
No class

**December 3**
Read Chapter 12
No quiz
Theory, Evidence and Practice
Addiction Paper Due

**December 10**
Dead Week
Class Will Meet and Review

**December 17**
Finals Week

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**Syllabus Addendum**

**Consumer Information**
In 2008, the federal government required all post-secondary institutions offering federal financial aid programs to provide key data to both prospective and current students. To comply with this requirement, Lewis-Clark State College has developed a consumer information page, which may be accessed at [http://www.lcsc.edu/student-consumer-information/](http://www.lcsc.edu/student-consumer-information/)
Disability Accommodations
Students requiring special accommodations or course adaptations due to a disability and/or a health-related issue should consult their course instructors and the LCSC Student Counseling Center immediately (RCH 111, 792-2211). Official documentation may be required in order to provide an accommodation and/or adaptation.

Student Rights and Responsibilities
Students have the responsibility for knowing their program requirements, course requirements, and other information associated with their enrollment at LCSC. Students should review the LCSC General Catalog (http://www.lcsc.edu/catalog/) and the LCSC Student Handbook (http://www.lcsc.edu/media/1152314/13-14-Student-Handbook-Revised.pdf) for more information.

Accidents/Student Insurance
Students participating in LCSC classes normally must look to their personal health insurance policy (Student Health Insurance Plan or comparable private coverage) should an accident occur. In the event of an accident, please seek medical help, if necessary, and report the incident to LCSC Security (792-2226). Fieldtrips or other special student activities may also require students to submit a signed participation waiver (forms can be obtained from the supporting Division Office).

Enrollment Verification/Attendance
Students who are not actively pursuing their classes may have to repay part or all of their financial aid awards depending upon the circumstances.

Academic Dishonesty
Academic dishonesty, which includes cheating and plagiarism, is not tolerated at LCSC. Individual faculty members will impose their own policies and sanctions regarding academic dishonesty. Students who are accused of being academically dishonest may be referred to the VP for Student Affairs for official disciplinary action.

Illegal File Sharing
Students using LCSC’s computers and/or computer network must comply with the college’s appropriate use policies and are prohibited from illegally downloading or sharing data files of any kind. Specific information about the college’s technology policies and its protocols for combating illegal file sharing may be found on the VP for Student Affairs’ web page (http://www.lcsc.edu/student-affairs/student-code-of-conduct/).
Diversity Vision Statement
Regardless of race, color, age, sex, religion, national origin, disability, veteran status, or sexual orientation, you will be treated and respected as a human being.

Disclosures
During this course, if you elect to discuss information with me which you consider to be sensitive or personal in nature and not to be shared with others, please state this clearly. Your confidentiality in these circumstances will be respected unless upholding that confidentiality could reasonably put you, other students, other members of the campus community, or me in danger. In those cases or when I am bound by law to report what you have told me, such as incidents involving sexual assault or other violent acts, I will submit a report to appropriate campus authorities. In cases of sexual assault, the report can be done anonymously at the request of the victim.

**Updated August 2014**