Syllabus

Date: Spring 2015  01/20/2015-05/14/2015
COURSE NUMBER AND TITLE: PSYC 446-01 Chemical Dependency and the Family System
CREDIT HOURS: 3
TIME AND PLACE: Tuesday, Thursday 10:30 – 11:45AM, Administration Bldg, Room 206
INSTRUCTOR: Gay Lewis MS LMHC  galewis@lcmail.lcsc.edu

A successful student will use:
Intelligent Student Behavior: Keep the syllabi from all your courses handy. Read them more than once. Look them over at least once a week. Look at your course calendar at least 3 times a week.

Books Required:
Substance Abuse and the Family
Author: Michael D. Reiter
Copyright Year: 2015
Publisher: Routledge

The Glass Castle
Author: Jeannette Walls
ISBN: 9781439156964
Copyright Year: 2005
Publisher: Scribner

Course Description/Purpose

From the course catalog: Includes behavioral patterns in dysfunctional family systems, intervention techniques and best practice model programs in dealing with family issues surrounding addiction problems. This course will expose the student to a plethora of various approaches to family systems and cultures that are diverse in nature. Students will create and experience sculpting, remodeling and replicating family roles and dysfunctional systems within a learning lab model. Students will study and become intimately acquainted with the roles of family dysfunction and dependency issues. Additionally, the student will review historical perspectives that help shape and steer the current modes of treatment for this underserved population within the addictions field. Pre-requisites: PSYC 101 or PSYC 205 or permission of instructor and PSYC 442. Cross-listed with PSYC 446.

Course Goals:
1. To be able to assess dysfunctional family patterns in alcohol and drug addiction families.
2. To learn about the importance of boundaries and ways to set said healthy boundaries.
3. To evaluate the effect of addiction on family unit.
4. To be able to define dysfunctional, functional, normal and abnormal in relation to family dynamics.

**DISABILITY STATEMENT:**
“If you need course adaptations or accommodations because of a disability, if you have emergency medical information to share with me, or if you need special arrangements in case the building must be evacuated, please make an appointment to talk to me.”

Grades

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>Genogram and assessment</td>
<td>50</td>
</tr>
<tr>
<td>Movie Paper</td>
<td>100</td>
</tr>
<tr>
<td>Weekly Journal entries</td>
<td>100</td>
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<tr>
<td>Paper on book</td>
<td>100</td>
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<tr>
<td>Presentation</td>
<td>50</td>
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<tr>
<td>Class Participation</td>
<td>200</td>
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A=525-600
B=450-524
C=375-449
D=300-375
F=0-299

**Syllabus Addendum**

**Consumer Information**
In 2008, Federal Government required all post-secondary institutions offering federal financial aid programs to provide key data to both prospective and current students. To comply with the requirements, Lewis-Clark State College has developed a consumer information page which maybe accessed at

**Disability Accommodations**

Students requiring special accommodations or course adaptations due to disability and/or a health-related issue should consult their course instructors and the LCC Student Counseling Center immediately (RCH 111, 792-2211). Official documentation may be required in order to provide an accommodation and/or adaption.

**Student Rights and Responsibilities**

Students have the responsibility for knowing their program requirements and other information associated with their enrollment at LCSC. Students should review the LCSC General Catalog and the LCSC Student handbook (available at http://www.lcsc.edu/studentservices/contactus.htm) for more information.

**Accident/Student Insurance**

Students participating in LCSC classes normally must look to their personal health insurance policy (Student Health Insurance Plan or comparable private coverage) should an accident occur. In the event of an accident, please seek medical help, if necessary, and report the incident to LCSC Security (792-2226). Fieldtrips or other special student activities may also require students to submit a signed participation waiver (forms can be obtained from the supporting Division Office).

**Enrollment Verification/Attendance**

Students who are not actively pursuing their classes may have to repay part or all of their financial aid rewards depending upon circumstances.

**Academic Dishonesty**
Academic Dishonesty, which includes cheating and plagiarism, is not tolerated at LCSC. Individual faculty members will impose their own policies and sanctions regarding academic dishonesty. Students who are accused of being academically dishonest may be referred to the Dean of student Services for official disciplinary action.

**Illegal File Sharing**

Students using LCSC’s computers and/or computer network must comply with the college’s appropriate use policies and are prohibited from illegally downloading or sharing data files of any kind. Specific information about the college’s technology policies and its protocols for combating illegal file sharing maybe found on the Dean of Student Services’ web page.

**Diversity Vision Statement**

Regardless of race, color, age, sex, religion, national origin, disability, veteran status, or sexual orientation, you will be treated and respected as a human being.
Assignments

**Class participation.**
Confidentiality. We maybe sharing personal information about our selves so I am requesting that we respect the information we gain about each other and hold that information confidentially. This class is designed to be interactive so that students can learn from each other as well as from lecture. Discussions will be part of the process and in order for us to have discussions we need participation from all students. We also need to appreciate and value each other’s opinions. Attendance is a requirement in order to pass the class. I understand that there are times when you cannot attend class, therefore I expect to have notification at least 1 hour before class if you are not able to attend.

**Genogram and assessment.**
A personal genogram covering 3 generations of your family, look at relationships and communication styles and addiction. We will be doing genograms in class and will cover information needed during class time.

**Paper on Movie When a Man Loves a Woman.** Please cover Issues of Enabling, justification, blame, affect on children and relationships. Also look at yourself as a therapist and what character do you indentify with. If you were doing counseling of the couple, where might you have problems with personal experiences flow over into your sessions.

**Paper on the book The Glass Castle**
This paper will include an assessment on the family. Choose a theory on family member roles and then give a synopsis on each family member and the role they played. When was the role helpful, when was the role unhealthy? How did this family function and what strengths did they gain? What were some of the family weaknesses and what would you have suggested as a treatment?

**Weekly Journal**
The journal entry will be on your insight to your issues with treatment of addiction and family patterns. You can choose to answer a question out of the ones for each chapter or use your own thoughts and insights on the
reading for the week. You can also use thoughts from the reading of The Glass Castle.

**Presentation**
The nature of your presentations will be discussed in class.
Fall Weekly agenda

August 25th and 27th: Discuss format of the course, define expectations, check in and clarify any confusion about expectations of the course. Meditation, The concept of addiction Read Chapter 1 in Substance Abuse and the Family

September 1-3rd: No class on September 1 Lecture: Neurobiology of Addiction. No class on September 1st. Read Chapter 2
September 8-10: Nora Volkow Director of NIDA and Eric Nestler Neuroscientist Addiction and genetics. Genograms Chapter 3
September 15-17: The Addicted family Chapter 4
September 22-24: Diversity, family and substance abuse Chapter 5 Question 5 at end of chapter.

September 29 October 1 24-26: System Dynamics In Alcoholic Families Roles of Dysfunctional Family System Satir’s work. Determining if someone is dysfunctional.

October 6-8: Movie Family Life cycle, how addiction effects the family life cycle and resiliency. Chapter 7
October 20-22: Looking at treatment, support groups and interventions. Alternatives to AA groups. Chapter 9 MOVIE PAPER DUE
October 27-29: Movie Looking at system theories. Process of change and how the system theory works in families of addiction. Chapter 10

November 3-5: Looking at family therapy and approaches. Genograms Chapter 11
November 10-12: Therapies and application Chapter 12
November 17-19: Family treatment application. Chapter 13

Thanksgiving Break November 23-27

December 1-3: Chapter 14 and 15 self as a therapist, recognizing your own issues and how they play out when working with clients.
December 8-10: Presentations
December 15-17 Finals Week