Introduction:

This report was written with input from students, staff and faculty members that make up the Student Life Committee (SLC), which is a campus coalition working to address student campus concerns. Prevention efforts are a specific focus for this group and this committee works with the Coordinator of Student Counseling Center and Disability and Health Services and the Dean of Student Services to provide a comprehensive prevention program to LCSC students, faculty and staff. The purpose of this document is to comply with the Education Department General Administrative Regulations (EDGAR) Part 86 mandate to review Lewis-Clark State College’s “alcohol and other drug” (AOD) prevention program to the campus community. This report addresses the following elements:

1. Overview of the current AOD prevention program
2. Discussion of goals and subsequent assessment of each AOD program goal.
3. Synopsis of strengths and weaknesses of our AOD program
4. Suggested changes, improvements to the AOD prevention program
5. Identification of AOD prevention program goals – 2011-2012
6. Current policies distributed to LCSC students, faculty and staff

Overview of LCSC Alcohol and other Drug Prevention Program:

Lewis-Clark State College maintains an ongoing substance abuse prevention program that currently consists of educational, early intervention, enforcement and environmental strategies. The Student Life Committee (SLC) (formerly the Contemporary Social Issues Committee), which consists of students, faculty and staff members, works under the direction of the Dean of Student Services. The Coordinator of the Student Counseling Center (SCC) is the current chair of this committee which works to address campus substance abuse concerns and other relevant topics to provide support and direction for the following prevention strategies.

Lewis-Clark State College is also a member of the Idaho College Health Coalition (ICHC) which consists of 9 other colleges and universities in Idaho State to address relevant health, substance abuse and prevention issues. This coalition supports LCSC programming and funding for prevention efforts. In 2005, 2007 and 2009 LCSC, along with other Institutions of Higher Education (IHE) in the ICHC, conducted the American College Health Association – National College Health Assessment (ACHA-NCHA) on LCSC students. Results of these surveys are distributed to relevant campus wide stakeholders and offices and are used in substance abuse and other health related programming efforts by the SLC. Survey results are also posted on the SCC website for campus and
community distribution. This coalition also provides additional trainings and opportunities to benefit prevention efforts here at LCSC.

The AOD prevention program at LCSC consists of the following components and activities:

1. **Alcohol and Drug Use Education**
   LCSC takes seriously the mandate to provide AOD and preventative educational programming to our students, staff and faculty. We provide incoming students attending orientation services and those entering campus residencies, with the AOD policy, information regarding the effects and potential harmful consequences of AOD use and provide campus and community referral resources to these students. In fact, all new students are required to attend an orientation program during which they are informed of the college’s policies related to drug and alcohol use, the potential consequences of violating those policies, and the counseling services available to students specifically for substance abuse issues. The campus community also receives periodic opportunities to participate in AOD screening programs and events and is provided other educational information related to substance use throughout each academic year. Additionally, the SCC and Student Health Services (SHS) websites maintains substance abuse education and services links for students as well as faculty and staff use.

Employees are provided an orientation to the campus when they first start, via the Office of Human Resource Services. During that training, they are made aware of the college’s policies about drug and alcohol use. They are also informed of the Mental Health, Substance Abuse, and Employee Assistance Program made available to college employees and they are given a 24-hour hotline that they can call at any time if they need help. All services and policies are posted on the college’s web site: www.lcsc.edu/humanresources/eap.htm; www.bpahealth.com; and SCC site www.lcsc.edu/osl/counseling.htm.

2. **Early Intervention Services**
   Students who come to the attention of faculty, Residence Life, Security or other staff or faculty for concerns related to AOD use and/or abuse, are referred to the SCC for initial substance abuse screening, education and referral services. Students who violate the Student Code of Conduct related to the alcohol and drug policy are referred to the Judicial Affairs Officer, who is currently the Dean of Student Services. Students found in violation of this policy for the first time must verify completion of the **Electronic - Check Up to Go for Alcohol (e-CHUG)** program which is available as a link off the SCC website. These students are then referred to SCC to complete the **Choices: A Brief Alcohol Abuse and Prevention and Harm Reduction Program** at the SCC. They also have to provide verification of their attendance and participation in this program. Students receiving second and third offenses are referred to the SCC to receive at least two sessions of **Brief Alcohol Screening and Intervention for College Students (BASICS)**, which has been found to be an effective intervention for college students, along with other judicial sanctions. Parental notification is also included in alcohol violation sanctions and is used at the discretion of the Dean of Student services. If necessary or
warranted additional counseling services are provided and can be mandated or proper referrals are made to other community services when appropriate.

3. **Environmental Strategies**
   LCSC has a growing and very active campus recreation and Student Activity program that offers a variety of safe, free or low cost and AOD free alternatives for all LCSC students. Such programming, which includes intramural sports, student clubs, outdoor recreation opportunities, student government and leadership development activities, is marketed aggressively to the student population. This wide menu of student activities promotes student engagement and provides alternatives to more destructive behavior including AOD use or abuse. This past semester, Student Activities along with Student Government contributed directly to the prevention efforts here on campus by sponsoring an AOD lecture loosely coinciding with other alcohol awareness activities.

   The Office of Residence Life (RL) also provides alcohol and drug free activities for student residents. This office has mandatory meetings at the beginning of every semester regarding the residence hall handbook and specifically addresses the alcohol drug use guidelines. RL also promotes alcohol free and party alternative programs within residences and these types of activities have increased over the past semester with the addition of a new Director of Residence Life. Some alternative programs and activities that were held in the residence facilities this past year include: tie dye, kick ball/volleyball, “bigger and better”, field games, game night, floor Christmas decorating, movie nights, self-defense, craft night, doormat painting, skating night, pumpkin carving, suicide prevention training, pizza parties, root beer pong tournaments and periodic Friday night dances, sponsored by the Resident Assistants (RA). Additionally, the Coordinator of SCC and a Lewiston police officer spoke during RA training on alcohol awareness and related issues which is customary for RA training. LCSC’s Student Health Services nurse also spoke at one program on alcohol and drug awareness this semester.

4. **Enforcement Efforts**
   The Security Office takes AOD infractions seriously and security along with other staff and faculty members refer students to the Dean of Student Services, who is currently acting Judicial Affairs officer. The Director of Security, Director of Residence Life and the Dean of Students, acting in his role of Judicial Affairs officer, meet regularly to discuss enforcement efforts and to make appropriate referrals to campus and community resources as needed to effectively deal with AOD infractions. The security office also work with local law enforcement as needed when a student, staff or faculty member appears to have violated an alcohol or drug law.

   The SCC provides periodic training for RA’s, security and other staff and faculty members to address alcohol and drug effects and to explain the referral process to continue to build prevention efforts at LCSC.
AOD Program Goals and Assessment

The goals for Lewis-Clark State’s AOD program are:

1) **All students, faculty, and staff will be notified of the college’s drug and alcohol policies** and will be provided with information needed to access those policies independently.

Assessment: The staff and faculty members at LCSC are now typically notified each semester about the LCSC AOD policy and are given referral information as to where to receive assistance if needed. New employees are provided the AOD policy at the time they are hired and ongoing staff members receive periodic post card mailings reminding them of this policy. Every new student is given information about the AOD policies as well as information needed to access those policies (i.e., the proper location on the college’s web site). Additionally, this information is provided in the Student Handbook and Academic Calendar which is available for new and returning students. It is also available to all students on the Student Counseling Center homepage at: www.lcsc.edu/osl/counseling/HR%20Drug%20Alcohol%20Brochure%20May2010.pdf

2) **All students, faculty, and staff will be notified of the college’s drug and alcohol counseling/assistance programs** and will be provided with information needed to access information about those programs independently.

Assessment: This goal has been accomplished through the improvements in information provided to students in various publications such as the Student Handbook and Academic Calendar and through increased advertising of these programs. Students are provided with the SCC website www.lcsc.edu/osl/counseling/alcohol.htm at many times throughout the year and they are encouraged to inquire about these programs when desired.

3) **Drug and alcohol education programs will be presented to the campus community with special attention given to the college’s living groups (i.e., residence hall occupants).**

Assessment: The SLC is moving away from only focusing on prevention efforts during specific times of the year and instead is working to infuse prevention efforts into all aspects of the college experience at LCSC. We continue presenting some type of alcohol awareness program and make this available to students, faculty and staff, typically during the fall semester coinciding with Alcohol Awareness Week and also have periodic alcohol screening events. Other aspects of our program consists of formal presentations about the consequences of abusing drugs and alcohol, exhibits illustrating the consequences of abusing drugs and alcohol and programs offered as an alternative to taking drugs or consuming alcohol. Special and ongoing AOD programming is offered to the college’s living groups in cooperation with Residence Life staff on a periodic, ongoing basis.
Annual Notification Procedures

Current procedures for notifying the campus community of the college’s policies related to drugs and alcohol consist primarily of information disseminated to major campus groups (e.g., the student body) via in-take or orientation programs. The policies and assistance programs are also featured prominently on high-traffic web pages. Periodic post card mailings to notify students, faculty and staff of this policy have been used in the past as well. For faculty/staff the primary web page is the college’s Human Resources web page www.lcsc.edu/humanresources. For students, the primary web page is the Student Counseling Center (SCC) web page www.lcsc.edu/osl.

LCSC AOD Prevention Program Strengths and Weaknesses

The AOD prevention program at Lewis-Clark State College has expanded and has become more comprehensive in nature over the past several years. LCSC’s involvement with the ICHC coupled with the students, faculty and staff members working together as a part of the SLC has improved campus communication about AOD issues. The additional direction from the Dean of Students over the past two years has made our prevention efforts not only compliant with the federal law and the institution’s ethical obligations to keep students and staff informed of AOD concerns, but has allowed this program to employ some best practices in our response to student needs.

Due to larger societal, economic and technological factors over the last decade, the student and faculty populations at LCSC have changed significantly since the college adopted its AOD program and include many more people working for the college or attending the college from long distances. The AOD programs needs to be expanded to include those audiences. In addition, changes need to be made to the notification protocols for students, faculty, and staff.

Recommendations for Improvement of LCSC AOD Prevention Efforts

1. Continued growth and inclusion of additional students and faculty members to participate in the Student Life Committee (SLC).

2. Pending final approval, the college will adopt a notification of AOD issues program for students to replace the antiquated and expensive post card mailing program used in the past. The new policy will place the AOD policy and required notification information on a computer screen of each student (except HS/dually enrolled students and some professional technical students) during the course registration process. This will allow LCSC a systematic and comprehensive method for our notification mandate. The current plan is to have this in place prior to registration for FA, 2011, which begins in April, 2011. Those HS/dually enrolled students and others not registering online, in the typical fashion will be provided this information in another format that best suits those populations. This process is still being formulated. The faculty staff notification process will continue as is for the immediate future.
3. Need improved plan to educate and communicate with students, staff, faculty members regarding the SLC and related activities, events, programs and initiatives.

4. The college should conduct an annual review of its compliance with the Drug Free Schools and Campuses Act until its AOD program has been sufficiently expanded to meet the needs of the current student body. The annual review and report will be published in January of every year.

**LCSC Substance Abuse Prevention Program Goals for 2011-2012**

1. Development of survey and establish a process of evaluating perceived student needs to begin January, 2011. The SLC has begun developing a series of brief student surveys to address specific, campus perceptions of LCSC life, AOD use/abuse by students on campus and associated problems that the college should explore. This information will drive opportunities to offer substance abuse education programs more frequently during an academic year. Tentative plan and schedule:
   c. Subsequent AOD and related concerns surveys will follow to address campus alcohol perceptions and needs.

2. Pending continued funding, LCSC in conjunction with the ICHC will conduct the American College Health Association – National College Health Assessment (ACHA-NCHA) during FA, 2011 semester.
   a. Will fully disseminate the results of this survey to all relevant campus wide stake holders and offices and to faculty, staff and students.
   b. Results will be used in substance abuse and other health related programming efforts.
   c. Results will be posted on the SCC website for campus and community distribution.

3. Work to fully implement the Electronic - Check Up to Go for Alcohol (e-CHUG) program to students at LCSC, across campus, as well as with all first time, sanctioned students.

4. Continuation and expansion of the Choices: A Brief Alcohol Abuse and Prevention and Harm Reduction Program intervention, currently used for sanctioned students to other student groups (Athletes, RA’s, student leaders, etc.)

**Current LCSC AOD Policies**

Please see Appendix for web links to global policies covering students, faculty, and staff. Student policies, as published in the Student Code of Conduct and Student Handbook are as follows:
Alcoholic Beverages
1. Illegal possession or consumption of alcoholic beverages (beer, wine, liquor or other beverage which is controlled as an alcoholic beverage under Idaho law) is prohibited in College or College-owned, leased or operated facilities and on campus grounds.

2. Alcoholic beverages may not be possessed or consumed under any circumstances in areas open to and most commonly used by the general public. Public areas include, but are not limited to, lounges, College Union buildings, recreation rooms, conference rooms, athletic facilities and other public areas of College-owned buildings or grounds.

3. Sale of alcoholic beverages is prohibited in College-owned, leased or operated facilities and on campus grounds.

4. Guests and visitors shall observe these regulations while on campus or other College property. Noncompliance may subject a person to sanctions imposed by the College as well as to the provisions of local and state law. (Adopted by the State Board of Education, December 1, 1977).

5. For LCSC sponsored events which are open to the campus community and at which alcohol will be present, the sponsor will work with the Dean of Student Services or the appropriate academic or vocational dean to assure adherence to this policy. The following information will need to be provided to assure adherence.
   a. Names and ages of individuals designated as bartenders or servers to check identification.
   b. Means to inform participants of applicable state and federal laws regarding alcohol consumption.
   c. Consumption.
   d. Nonalcoholic beverages and food consumption.
   e. Designated driver program.

6. No social event shall include any form of drinking contest in its activities or promotion. The Idaho law states that it is illegal to sell, serve or furnish beer, wine or other alcoholic beverages or intoxicating liquor to a person under 21 years of age. It is illegal for any person under 21 years of age to purchase or attempt to purchase, procure, possess, or consume any alcoholic or intoxicating liquor.
   a. There are a number of minors attending LCSC and as a state institution; the College is legally obligated to comply with the state law.

Drugs
Possession, manufacture, distribution, use or sale of marijuana, drug narcotics or other controlled substances classified as illegal under Idaho law, except those taken under a doctor’s prescription is prohibited on College-owned or controlled property (as that term is herein and hereafter used, College owned or controlled property includes student housing owned by or rented through the College), or at any College-sponsored or supervised function (See campus policy on Alcohol and Drug abuse, and rules on sanctions for alcohol and drug abuse).
Appendix

Policy 3.113 Drug/Alcohol http://www.lcsc.edu/policy/Policy/3.113.PDF

Business Psychology Associates web site http://www.bpahealth.com/

Employee Assistance Program (EAP) information
http://www.lcsc.edu/humanresources/insurance.htm#mental%20health

If you have questions or concerns related to any part of this report please contact:
Coordinator of Student Counseling Center at 792-2211 or Dean of Student Services at 792-2218.

Respectfully submitted

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