

LCSC Alcohol/Drug Policy

Lewis-Clark State College subscribes to and endorses an alcohol/drug policy and all students are responsible for being aware of and complying with applicable laws, regulations, ordinances and institutional policies. These policies regarding use of alcohol and drugs are located in the **Student Code of Conduct**, in the “*LCSC Student Handbook and Calendar*” at www.lcsc.edu/osl/CURRENTStudentHandbook.pdf or in the current electronic *LCSC Catalog* – at www.lcsc.edu/Catalog/ss/code-of-conduct.htm.

What you need to know about Alcohol/Drug Abuse . . .

Standards of Conduct

Lewis-Clark State College is dedicated not only to learning and the advancement of knowledge, but also the development of ethically sensitive and responsible persons. The Institution is committed to maintaining a working and educational environment free of illicit drugs and alcohol. The unlawful possession, use or distribution of illicit drugs and/or alcohol by students or employees while on LCSC property or as part of a Lewis-Clark State College activity is prohibited. This includes, but is not limited to, the possession or consumption of alcohol by an individual under the age of 21 and possession or consumption in areas open to and commonly used by the public or leased buildings or grounds. It is illegal to sell, or serve or furnish alcoholic beverages to a person under the age of 21.

Sanctions

Possession, use or distribution of illicit drugs not only violated LCSC policy...it's against the law! There are significant legal sanctions under local, state, and federal law for unlawful possession, use or distribution of illicit drugs and alcohol.

Under Idaho Law, It is Illegal:

- For a person under age 21 to purchase or attempt to purchase, possess or consume any alcoholic or intoxicating liquor. Penalties for violations include:
- first conviction - fine up to \$100
- second conviction - fine up to \$200
- third conviction - fine up to \$300, up to 30 days in jail, or both
- For any person to give, sell or furnish alcoholic beverages to a minor. The first offense is a misdemeanor, but the second is a felony.
- For a person to provide alcohol, by gift or sale, to a person who is obviously intoxicated regardless of age.
- To possess a controlled substance unless obtained by a prescription. Penalties for felony conviction are a fine of up to \$5,000, imprisonment for up to 3 years, or both. Penalties for

misdemeanor convictions are fines of up to \$1,000, imprisonment for up to one year, or both.

- To manufacture, deliver or possess illicit drugs. Penalties for felony conviction include a fine of up to \$25,000, prison terms ranging from one year to life, or both. Penalties for misdemeanor convictions are fines of up to \$5,000, prison terms of up to one year, or both.
- To possess more than three ounces of marijuana. This is a felony - subject to imprisonment for up to five years and a fine of up to \$10,000, or both.

Federal Law:

Federal Penalties for *possession of controlled substances* include up to one year imprisonment and fines ranging from \$1,000 to \$100,000 for the first conviction; increasing to imprisonment from 15 days to two years and fines from \$2,500 to \$250,000 for the second conviction; and imprisonment from 90 days to 3 years and fines from \$5,000 to \$250,000 for subsequent convictions. *Additionally, for possession of crack cocaine*, federal penalties for possession of controlled substances also include forfeiture of personal and real property, boats, aircraft, vehicles, or other conveyance used to transport or conceal a controlled substance, civil fines of up to \$10,000, revocation of firearms licenses, and denial of federal benefits including student loans, Pell Grants, Title IV assistance, other federal grants and contracts, and professional and commercial licenses, for up to one year for the first offense, and up to five years for subsequent offenses.

LCSC Policy:

In addition to local, state and federal sanctions, LCSC will impose sanctions for violation of the drug/alcohol policy. Students found in violation of these standards of conduct shall be subject to disciplinary action including, but not limited to, warnings, probation, suspension, expulsion, community service, fines, restitution, administrative fees, special sanctions as appropriate (e.g. required counseling, letters of apology, etc.), and referral for prosecution. An employee (exempt, faculty, classified, temporary, or irregular help) found in violation of these standards of conduct shall be subject to disciplinary action which may include, but is not limited to, warnings, reprimands, suspension, demotion, dismissal and referral for prosecution.

Health Risks:

Alcohol - Every year there is a total of over \$100 BILLION loss to industry due to substance abuse. Alcohol is the most frequently used and abused drug on the job. Alcohol assumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol

cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Regarding students of Lewis-Clark State College:

A recent survey of student alcohol use and abuse found that about 25% of LC students choose not to drink alcohol at all, and approximately 67% of students who choose to drink have four or fewer drinks when they choose to "party" or "socialize."

College students choosing to drink experienced negative consequences related to their drinking during the last 12 months. These negative consequences include the following:

- Doing something they later regretted: 28.4%
- Having unprotected sex: 18.4%
- Forgetting where they were or what they had done: 20.4%
- Got into trouble with police: 6.3%
- Physically injured yourself: 13.1%
- Physically injured another person: 3.5%
- Had sex with someone without your consent: 2.0%
- Had sex with someone without their consent: 0.4%
- Seriously considered suicide while under the influence: 1.7%

Reported one or more of the above: 44.4%

(Source: American College Health Association, National College Health Assessment, Fall, 2009).

Effects of Controlled Substances

Tobacco - The primary active ingredient in tobacco is nicotine. Nicotine is a very toxic substance widely used as an insecticide. It is a highly addictive stimulant which increases the metabolic rate.

Narcotics: *Possible Effects* - Euphoria, drowsiness, respiratory depression, constricted pupils & nausea. *Effects of Overdose* - Slow & shallow breathing, clammy skin, convulsions, coma, possible death. *Withdrawal Syndrome* - Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills & sweating.

Depressants: *Possible Effects* - Slurred speech, disorientation, drunken behavior without odor of alcohol. *Effects of Overdose* - Shallow respiration, clammy skin, dilated pupils, weak & rapid pulse, coma, possible death. *Withdrawal Syndrome* - Anxiety, insomnia, tremors, delirium, convulsions, possible death.

Stimulants: *Possible Effects* - Increased alertness, excitation, euphoria, increased pulse rate and blood pressure, insomnia, loss of appetite. *Effects of Overdose* - Agitation, increase in body temperature, hallucination, convulsions, possible death. *Withdrawal Syndrome* - Apathy, long periods of sleep, irritability, depression, disorientation.

Hallucinogens: *Possible Effects* - Illusions & hallucination, poor perception of time & distance. *Effects of Overdose* - Longer, more intense “trip” episodes, psychosis, possible death. *Withdrawal Syndrome* - Withdrawal symptoms not reported.

Where to go for Help

If you or a friend has questions or concerns about alcohol and/or drug use, abuse or dependency, to schedule a free assessment and/or an appointment, please contact:

Student Counseling Center, 208-792-2211, 111 Reid Centennial Hall.

Additional Resources:

LEWISTON/CLARKSTON		COEUR D'ALENE	
Alcoholic Anonymous	509-758-2821	Lakeside Recovery	800-231-4303
Riverside Recovery	208-746-4097	NATIONAL SERVICES	
Nez Perce Tribe Alcohol & Drug Program	208-843-2271	Narcotics Anonymous	
Palouse River Counseling	509-334-1133	Headquarters	818-773-9999
Narcotics Anonymous (NA)	208-746-7632	Treatment & Referral Hotline	800-454-8966
		Al-Anon (888-4AL-ANON)	888-425-2666