HRS NEWSLETTER August 2022



Upcoming Celebration Days:

National Marshmallow Roasting Day | August 30, 2022





August was once the 6th month of the year! It wasn't until 700 BC when January and February were added to the calendar, that August was bumped down to become the 8th month of the year.

LC State Staff Summer Concert, Mariana's Tamales, and Employee Appreciation



In addition to the concert and Mariana's Tamales, the President's Office is partnering with HR to provide an ice cream treat to help beat the heat, and to remind you that you and your good work are appreciated and valued! Thanks for all you do.

Check out August's list of Wellness and PDT Opportunities

Check out the <u>PDT</u> and <u>Wellness</u> websites to register for this month's Warrior Wellness and Professional Development events! We are always adding new workshops, events, etc.!





We are always looking for PDT and Wellness ideas! If you, or someone you know, would like to teach a class, please contact Amanda Greco at akgreco@lcsc.edu



Bring more joy, gratitude, and balance into each week through an exploration of meditation techniques and yoga flows taught by Jeanette Gara. No experience is necessary, all levels welcome.

Three class times/sections are available:



Wednesdays 600pm-740pm Thursdays 130pm-310pm Fridays 900am-1040am

Audits are welcome!
Register via your Student Planning!



A message from Liberty Mutual Insurance to LCSC employees.



Are you paying too much for insurance?

Get your customized quote



Now you can protect your pets for less.



LCSC employees could save an extra 10%.3

Fetch your quote

Or call <u>844-250-9199</u> and reference promo code LCSC to apply your discount.





MEMBER EXCLUSIVE

TWO DAYS ONLY

GET AN ADDITIONAL 10% OFF SELECT PCs*. STARTS 8/8.



Get the tech you want with Dell Preferred Account, 6- and 12-month promotions available every day.4 Visit Dell.com/DPA for details.

Visit Dell.com

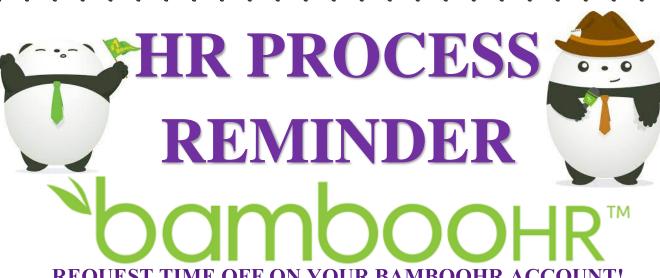
Offers valid 8,6/2022-8/10,2022 at 6,59 AM ET. Unless otherwise noted. Limited quantities available at these prices.

4 <u>PELL PREFERED ACCOUNT (DPA)</u>: Offered to U.S. residents by WebBank, Member FDIC, who determines qualifications for and terms of credit. Taxes, shipping and other charges are extra and vary. Payments equal 3% of the New Balance or \$20, whichever is greater, shown on the monthly billing statement. Minimum interest charge is \$2,00. Reterstange from 18,99% - 29,99% variable PR_R, as of 6500262, depending on credit/orthiness. <u>POR ALL SPEILL FINANCING PROMOTIONAL OFFERS: Minimum monthly payments are required but may not pay your purchase in full by the end of the promotional period, account balance and northing princhases and subject to the Standard APR rates, which range from 18,99% - 29,99% variable JAPR, as of 65002022, depending on cedit/orthiness. Offers subject to credit approval and may be changed without notice. Minimum purchase amount may be required.

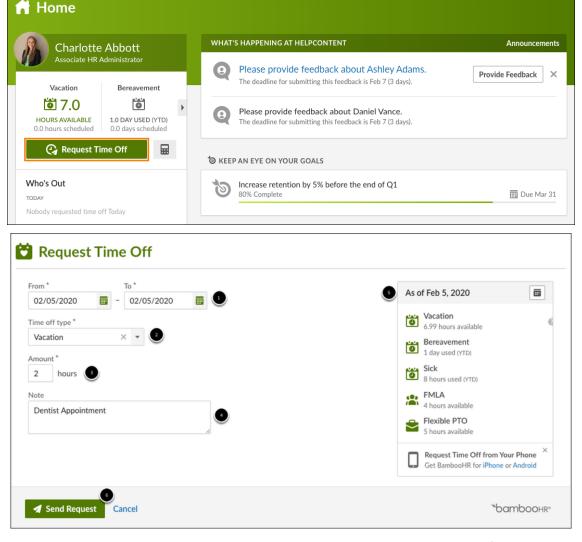
**Offers subject to change, not combinately with all other orders. Taxes, shipping, and other fees apply. Pres chipping offer variatin Commental U.S. (excludes Justas and PD. Box actracesse). Offer not valid for Pescellers. Deli reserves the fight to carled orders as rating more principle or other errors. Hard Drive capacity varies with perdoxided material and will be less. System memory may be used to support graphics: depending on system memory size and other textors. Microsoft and Windows are trademarks of Microsoft Corporation in the U.S. andor other countries. Severe simulated, subject to change. Windows since apps and other trademarks are trademarks of Dell his, or its subsidiaries. Other trademarks may be trademarks of Dell his, or its subsidiaries. Other trademarks may be trademarks of Dell his, or its subsidiaries. Other trademarks may be trademarks of Dell his, or its subsidiaries. Other trademarks may be trademarks of Delline or its subsidiaries.</u>

Everything brilliance needs to shine.





REQUEST TIME OFF ON YOUR BAMBOOHR ACCOUNT!
Supervisors are able to see who is out without manually tracking!

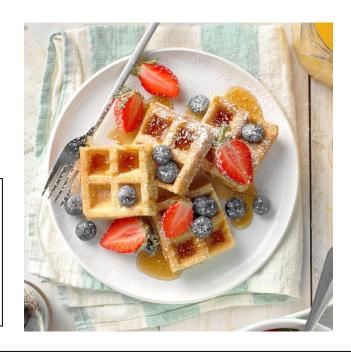


*Need your BambooHR login information? Contact HR at hr@lcsc.edu or x2269!

MONTHLY RECIPE CORNER



OAT WAFFLES



Ingredients

- 1 cup all-purpose flour
- 1 cup oat flour
- 4 teaspoons baking powder
- 1 tablespoon sugar
- 1/2 teaspoon salt
- 2 large eggs, room temperature
- 1-3/4 cups fat-free milk
- 2 tablespoons canola oil
- 1 teaspoon vanilla extract
- Optional: Fresh fruit, maple syrup and powdered sugar

Directions

- 1. In a large bowl, combine the first 5 ingredients. Combine the eggs, milk, oil and vanilla; stir into dry ingredients just until combined.
- 2. Pour batter by 1/2 cupful into a preheated waffle iron; bake according to manufacturer's directions until golden brown. Garnish with toppings as desired.



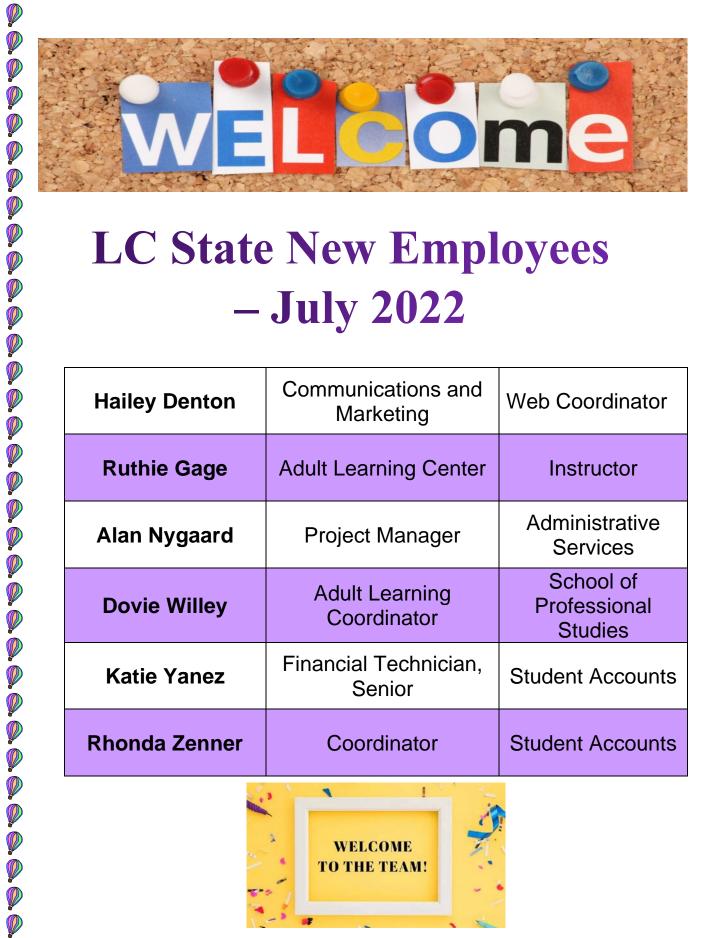
Office of Group
Insurance Plan
Highlights

CLICK HERE >



Overwhelmed with the new "qualifying life event" requirement? Here is a quick and easy reference:

	When can I make changes?	Is this change limited to Open Enrollment?
Medical	You can make mid-year changes your medical/dental elections when you experience a qualifying life event, or during the annual Open Enrollment period each April/May.	Yes, unless you have a qualifying life event.
Dental	You can make mid-year changes your medical/dental elections when you experience a qualifying life event, or during the annual Open Enrollment period each April/May.	Yes, adding previously declined dependent dental is limited to Open Enrollment EXCEPT when you are adding a newly eligible dependent to coverage; in this case previously declined dependents may enroll under a "tag along" provision.
Health Care FSA	You can increase/reduce your contributions after a qualifying life event.	Yes, unless you have a qualifying life event. To continue FSA, you must re-enroll every year during open enrollment.
Day Care FSA	You can enroll/increase/reduce your contributions after a qualifying life event.	Yes, unless you have a qualifying life event. To continue FSA, you must re-enroll every year during open enrollment.
Basic Life	You can change your beneficiaries at any time. Your HR office has the forms and will keep a copy on file.	No



LC State New Employees - July 2022

Hailey Denton	Communications and Marketing	Web Coordinator
Ruthie Gage	Adult Learning Center	Instructor
Alan Nygaard	Project Manager	Administrative Services
Dovie Willey	Adult Learning Coordinator	School of Professional Studies
Katie Yanez	Financial Technician, Senior	Student Accounts
Rhonda Zenner	Coordinator	Student Accounts



July 2022 W.O.W Award Winner:

Mercedes Pearson



I need many statistical reports this time of the year and Mercedes has gone above & beyond (including contacting the state to ensure #'S are an accurate representation) and is so positive, upbeat and nice about all of it and then asks if I need more!! Kudos!!!

Thanks, Mercedes!



Day	Name
3	Tyson Smith
4	Alan Hain
5	James Hart
6	Kayden Williams
7	Douglas Cruthirds
8	Heidi Greene
9	Sarah Graham
10	Jacob Crist
13	Dylan Dahl
14	Matthew Toth
14	Rebecca Parks
14	Shannon Casteel
15	Wayne Bolon
18	Christa Davis
18	Geralyn Seale
18	Julie Christianson
19	Soo Lee Bruce-Smith
20	Andrew Hanson
21	Julie Bezzerides
21	Mark Brazington
22	Evelyn Carter
23	Autumn Greene
24	Shirley Lesperance
25	Julee Moore
25	Melinda Tompkins
31	Andrew Kuther