

SYLLABUS for INTRODUCTION TO GENERAL PSYCHOLOGY

DATE: Spring 2023

COURSE NUMBER AND TITLE: PSYC 101.02 Introduction to General Psychology

CREDIT HOURS: 3

TIME AND PLACE: MW 10:30-11:45 a.m., MLH 100

INSTRUCTOR: Teri Rust, Ph.D.

OFFICE: Spalding 219, phone: 792-2276, e-mail: trust@lcsc.edu

OFFICE HOURS: Mon/Wed: 9:00-10:15, Tues/Thurs: 1:30-2:45 *and by appointment*

GENERAL EDUCATION COMPETENCY AREA: Social and Behavioral Ways of Knowing

Course Description: This general survey of psychology typically explores research methodology, bio-psychology, human development, memory, consciousness, motivation, emotions, personality, mental disorders, therapy, health psychology, social psychology, etc.

Text: *Exploring Psychology*, 11th ed., by Myers & DeWall.

GENERAL EDUCATION LEARNING OUTCOMES: Upon successful completion of this course, you should be able to demonstrate the following competencies:

1. Demonstrate knowledge of the theoretical and conceptual frameworks of a particular Social Science discipline.
2. Develop an understanding of self and the world by examining the dynamic interaction of individuals, groups, and societies as they shape and are shaped by history, culture, institutions, and ideas.
3. Utilize Social Science approaches, such as research methods, inquiry, or problem-solving, to examine the variety of perspectives about human experience.
4. Evaluate how reasoning, history, or culture informs and guides individual, civic, or global decisions.
5. Understand and appreciate similarities and differences among and between individuals, cultures, or societies across space and time.

Course Specific Learning outcomes:

Upon completion of the course, the student will be familiar with major concepts in the discipline of psychology, such as:

1. basic "story" of psychology;
2. similarity and diversity;
3. study skills;
4. basic research designs;
5. sleep and dreams;
6. basic drug effects;
7. major developmental theories;
8. behavioral learning theories;
9. information processing views of learning;
10. happiness and stress;
11. theories of personality;
12. social psychology;
13. general psychological disorders;
14. major therapeutic approaches.

A note to persons with disabilities. If you need course accommodations because of a disability, if you have emergency medical information to share with me, or if you need special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible. My office location and office hours are printed above.

Diversity Vision Statement: Regardless of race, color, age, sex, religion, national origin, disability, veteran status, or sexual orientation, you will be treated and respected as a human being.

Program requirements: Students have the responsibility for knowing their program requirements, course requirements, and other information associated with their enrollment at LCSC. Students should review the LCSC General Catalog and the LCSC Student Handbook for more information.

Academic Dishonesty: Academic dishonesty, which includes cheating and plagiarism, is not tolerated at LCSC. Individual faculty members may impose their own policies and sanctions regarding academic dishonesty after offering the student an opportunity to explain his or her actions. Sanctions imposed by the faculty member are limited to grades on the assignment(s) in question and/or on the course grade. On matters of academic dishonesty, faculty members do not have the authority to dismiss a student from class indefinitely nor to disenroll a student from a program without corroboration from a Division Chair (or program ethics committee where applicable), the appropriate instructional dean, and the Vice President for Student Affairs. Students who are accused of being academically dishonest may be referred to the VP for Student Affairs for official disciplinary action.

Masks: Face covering expectations at Lewis-Clark State College:

- You may choose to wear cloth or disposable face coverings while on campus.
- Vaccination is encouraged, and there are opportunities to get conveniently vaccinated/boosted in our community.
- If you test positive or have COVID-type symptoms, please stay home.

Attendance: Attendance is expected. It will be YOUR responsibility to sign in each day you attend. If you know ahead of time that you will be gone, please let me know in writing (on the sign-in sheet or via e-mail). Six (6) absences will result in an F regardless of points earned or the reasons for the absences. If there are circumstances that will interfere with your regular attendance, please register for the online version of the course.

This is an in-person class. I do not plan to offer Zoom as an option for attendance. It is NOT an optimal way to attend or learn, for those on Zoom or for those in the classroom.

No texting, cell phones, or internet activity during class. You may NOT use a computer during class without FIRST sending me an **e-mail** to request permission, present your reasons, and receive my approval, which is not guaranteed.

Withdrawing: The deadline for withdrawing from the class with a W on your transcript is Thursday, **Apr 6, 2023**. After that, a petition is required, it costs money, and it is not necessarily approved. Withdrawing can negatively impact your financial aid, so please be aware of all consequences.

Tests: Five tests will be given in this course. We will use class time to discuss major theories and concepts in the text, but you need to read the whole chapter (unless otherwise indicated). We

will also be discussing some material from outside the text, for which you will also be responsible. The tests are multiple choice and will be taken in person by everyone.

MISSING A TEST: The only acceptable reasons to miss a test are *extreme* illness, absence while representing the college, or death in the family. In any case, I **must** be notified **prior** to the beginning of class period during which the test is given for a make-up to be possible. Make-ups are taken in the Testing Center in the Library building, 161. The Testing Center requires an appointment. A 24-hr notice and ID are required (208-792-2100, 1-800-879-0453, testing@lcsc.edu). Do **not** to leave for home or vacation before any test and expect to take it early. I do not allow tests to be taken early. If English is not your first language, you may use a web-based translation dictionary by taking your tests at the Testing Center. Please arrange this through me at least a week before test time.

I *do not* "drop" a test. We will finish with a Comprehensive Exam. If you get a better score on the comprehensive exam than your worst unit test score, I will replace your lowest score with your score from the Comprehensive Exam. If you do worse on the comprehensive exam than your lowest unit test score, you will lose 1 point for every 2 points you score below your lowest unit test score.

Assignments: For each unit there will be an optional crossword puzzle (extra credit) to help you review and learn vocabulary. There will also be a **required** worksheet (Frame Game) to help you learn to integrate concepts. The answers for these will be submitted in Canvas and are due by 10:30 a.m. on the day of the exam. There will also be other assignments throughout the semester that include writing papers.

Required Service Activity: You must complete 1 service activity between **Jan 6 and May 5**. Ideally this will be in the Valley community. Clear any exceptions with me before submitting your paper. **Required Learning Activity:** You must complete 1 learning activity (outside normal classroom learning) between **Jan 6 and May 5**. Becoming involved in these ways in the local and campus communities enhances the college experience and improves collegiate success.

Some options will be posted in Canvas for these activities, but there are other acceptable options. Please send an e-mail to ask if a particular option is acceptable if it is not posted in Canvas. You must submit a 1-page, double-spaced summary of the activity and your reaction to it **within 4 weeks of the activity**. These papers must be submitted through Canvas, by 11:59 p.m. Friday, **May 5, 2023**. Do NOT wait until the last minute and expect me to find an activity for you or approve of activities not posted or previously approved. Given the due date, the Required Service and Required Learning Activities will be not accepted late.

Late Assignments: Frame games and the writing assignments may be submitted for up to 1 week after the due date. Assignments lose 10% for each day, or part of day, they are late. After one week they are not accepted. Extra credit assignments may not be submitted late. "In-class quizzes" and e-mail quizzes regarding the tests are not accepted late.

Quizzes:

- There are 4 e-mail quizzes worth 5 points each. I will send them after tests 1, 2, 3, and 4.
- Research shows that testing/quizzing improves retention of information (McDaniel et al., 2007). There will be multiple (at least 12) in-class quizzes, and I will count your 5 highest scores. If you are absent on a day we have an in-class quiz, that will just be a quiz that "drops out" and won't be counted as one of your best 5.

Grading: To earn an A- or A, you must have at least 90% of the total points (this can include bonus points), but you **must also** have **at least** an 85% average on the tests. Cutoffs for other grades are 80%, 70% and 60% of the total points, including bonus points. I reserve the option of using +/- grading for those scores that fall close to the cutoffs. You can access your scores/grades at any time through Canvas.

Extra credit: There are options for extra credit in this course. The unit crossword puzzles are each worth a possible 4 bonus points. You may also earn 5 bonus points for participating in one Service Activity and 5 bonus points for one Learning Activity in addition to the required activities and submitting a paper about each (a 1-page summary of the activity/event and your reaction to it). These papers must be submitted through Canvas, by 11:59 p.m. Friday, **May 5, 2023**. There may also be other opportunities for bonus points, including participating in research. Please take advantage of them when they are available, because there are no guarantees about timing or availability. You are limited to 30 total bonus points. Extra credit opportunities CANNOT be submitted after their due dates.

Assignment	Points
First Paper	10
Required Service Activity	10
Required Learning Activity	10
Concept Paper	40
Big 5 Personality	10
Frame Games, 5 @ 10 pts each	50
4 e-mail Quizzes @ 5 pts each	20
5 Best Classroom Quizzes @ 5 pts each	25
5 Tests @ 50 pts each	250
Total	425

Points/assignments could change depending on circumstances.

I do not allow tests to be taken early. I also do not allow students to do anything “more” once final exam week begins. Do not ask.

Grades and what they mean:

Points	Grade	Meaning
383-425	A	Distinguished or Exceptional
340-382	B	Superior
298-339	C	Average or Minimal Expectation
255-297	D	Below Average
Less than 254	F	Failing

Please feel free to stop by my office, call, or e-mail, if you need any assistance.

McDaniel, M. A., Anderson, J. L., Derbish M. H., & Morrisette, N. (2007). Testing the testing effect in the classroom. *European Journal of Cognitive Psychology*, 19(4/5), 494-513.

<https://doi.org/10.1080/09541440701326154>

SPRING 2023
Introduction to General Psychology

Day	Weekday	Date	Topic
1	Wed	Jan 18	Intro
2	Mon	Jan 23	Time Management (xlviii-liv; 48-54)
3	Wed	Jan 25	Ch 1: Thinking Critically: History (3-14)
4	Mon	Jan 30	Ch 1: Thinking Critically: Research (14-33)
5	Wed	Feb 3	Ch 1: Thinking Critically: Research (14-33)
6	Mon	Feb 6	Test 1: Time Management, Ch 1
7	Wed	Feb 8	Ch 3: Consciousness: Sleep & Dreams (87-103)
8	Mon	Feb 13	Ch 3: Drugs and Consciousness (104-118)
9	Wed	Feb 15	Ch 4: Developing Through the Life Span
	<i>Mon</i>	<i>Feb 20</i>	<i>Pres Day - campus closed</i>
10	Wed	Feb 22	Ch 4: Developing Through the Life Span
11	Mon	Feb 27	Finish
12	Wed	Mar 1	Test 2: Ch 3, 4
13	Mon	Mar 6	Ch 7: Learning
14	Wed	Mar 8	Ch 7: Learning
15	Mon	Mar 13	Ch 8: Memory
16	Wed	Mar 15	Ch 8: Memory
17	Mon	Mar 20	Ch 11: Stress... : Happiness (431-439)
18	Wed	Mar 22	Test 3: Ch 7-8, 11
	<i>Mon-Fri</i>	<i>Mar27-31</i>	<i>Spring Break</i>
19	Mon	Apr 3	Ch 11: Stress...: Stress & Illness/Health & Happy (406-431)
20	Wed	Apr 5	Ch 13: Personality
21	Mon	Apr 10	Ch 13: Personality
22	Wed	Apr 12	Ch 12: Social Psychology
23	Mon	Apr 17	Ch 12: Social Psychology
24	Wed	Apr 19	Test 4: Ch 11, 12-13
25	Mon	Apr 24	Ch 14: Psychological Disorders
26	Wed	Apr 26	Ch 14: Psychological Disorders
27	Mon	May 1	Ch 15: Therapy
28	Wed	May 3	Ch 15: Therapy
Final	Mon	May 8	10:30 - 12:30
			Test 5: Ch 14-15 & Comprehensive Final