

**Internship
Psychology 494/495 – 01
Spring 2023**

Instructor: Leanne Parker, Ph.D.

Office Hours: Monday 3 – 5 p.m., Tuesday 1:30 – 2:30 p.m., or by appointment (please request Zoom appointment if needed)

Office: Spalding 308

Phone: 792-2827

Email: lrparker@lcsc.edu

Meeting Times: Monday 12:00 – 1:15, and by appointment

Class Meeting Place: MLH B32

Prerequisite: Psyc 442, Ethics in Counseling

Purpose: Internship is a variable credit course designed to give upper level psychology students field experience with local human service agencies. It is hoped field experience will give students an opportunity to employ theories and techniques they have learned in the classroom, and complement traditional academic learning with hands-on experience. Internship also allows for students to support and provide for the needs in their community.

Objectives:

- 1) Successfully function within a human service agency setting.
- 2) Conceptualize client cases and/or other activities for peer presentation and consultation.
- 3) Conceptualize client cases and/or other activities for 1:1 supervision.

COVID-19 Considerations: Be aware that anything about the syllabus may change depending on evolving realities associated with the pandemic. In general, you can expect that coursework scheduling will remain consistent under normal circumstances. However, due to outside forces beyond the control of faculty and/or staff at LCSC, schedule and delivery modalities could change. While course times and meeting days should remain the same (excluding class cancellations), delivery modalities (face-to-face, virtual remote, online, etc.) may change due to extenuating circumstances. When circumstances warrant, assignment due dates or changes to assignments may be made. I will communicate such changes with students in a timely manner. Examples of extenuating circumstances include, but are not limited to: inclement weather, natural disaster, localized power outages, local or state directives, or instructor obligations (e.g., community or college service, professional development, injury/illness, etc.).

If you develop symptoms of COVID-19 or any other communicable illness, *do not attend any of your classes in person* and contact the LCSC Student Health Center right away: (208) 792-2251. Please also email me right away, so that we can adjust your participation as needed.

While this isn't new territory anymore, let's all do our best to be patient and understand that if things don't always go exactly as planned, we will try to creatively problem-solve any issues that arise. We will also periodically check-in with each other to see how things are working for everyone and readjust as necessary. **Our flexibility and understanding in this ongoing, fluid process will help make this semester a success!**

Please check your LCSC email account at least once every day. It is the major way I communicate with you between class meetings.

PLEASE NOTE: Confidentiality of clients or other activities is paramount in a class/experience such as this. Any student found violating confidentiality policies will receive a failing grade. The breach of confidentiality

will be discussed with the internship site, and dismissal from the internship site will be at the discretion of the site supervisor.

A note to persons with disabilities: If you need course adaptations or accommodations because of a disability, if you have emergency medical information to share with me, or if you need special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible. My office location, office hours, phone number, and email address are noted above. I'm also happy to work with Accessibility Services here on the LCSC campus.

Grading:

Class case presentation	50 points	70-100%	Pass
Discussion	20 points		
Reflection questions	~50 - 100 points		
Attendance & participation	50 points	69% and below	Fail
Feedback from site	100 points		
	<hr/> ~270 - 320 points		

Assignments may be modified at professor's discretion.

Elaboration of Course Requirements

Check-ins: Most weeks we will check in with each student about how things are progressing at their internship site. Be prepared by: Sharing one positive thing going well at your site, and sharing one problematic (or potentially) problematic issue at your site. Anything that would be difficult or inappropriate to share with the group needs to be indicated, so that you and I can schedule an individual meeting.

Individual supervision: Each student is expected to schedule at least 1 session of individual supervision with me, in my office, at a mutually convenient time.

Class case presentation: Each student will select 1 – 2 persons from their site to present to their peers for case consultation. Presentations should be prepared keeping in mind relevant information as provided in the handout, and in a PowerPoint format. **In no way should the confidentiality of your client or other activities be compromised.**

Reflection Question: Some weeks a question for reflection may be discussed in class or emailed to you. Questions will reflect topics/issues discussed in internship. They are to be typed, with each entry no less than 1 page and no more than 2 pages. Reflection questions are due the following class period. An incomplete for the class will be given if all reflection questions are not completed.

Feedback from site: Site supervisors will be asked to review the student's work, and comment on strengths and weaknesses. Feedback received from the site will be reviewed with the student. I will also visit each site.

**** Read This ****

Attendance: Attendance is required for this course. No one will receive a passing grade who misses more than 1 class, unless excused in advance. Advance does not mean leaving me a phone message, but planning an absence collaboratively with me.

Classroom Etiquette: All students enrolled in this course shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. ***Note: In this classroom, proper behavior conducive to a positive learning environment includes the stowing of all cell phones, iPads, laptops, and any***

other distracting electronic device. In other words, this class will be a “no technology zone.” If you feel strongly that you need to have a device out during class, please discuss with me privately.

Resources for Assistance:

Suicide and Crisis Lifeline: 988, **or** Text HOME to 741741

Student Counseling Services: (208) 792 – 2211, Sam Glenn 212 (free to all registered students)

TAO (Therapy Assistance Online) <https://www.lcsc.edu/student-counseling/tao-therapy-assisted-online-self-help>

Class Meeting Schedule

First Week of Classes: No class meeting; setting up internship sites

Jan 23: Overview and expectations for case presentation
Review issues of confidentiality, determination of goals

Jan 30: Case presentation

Feb 6: Case presentation

Feb 13: Case presentation

Feb 20: Case presentation

Feb 27: Case presentation

March 6: Case presentation

March 13: Case presentation

March 20: Case presentation

March 27: **Spring break**

April 3: Case presentation

**** April 6, last day to withdraw from class(es) or college for the semester.**

Please note that I will not support petitions for late withdrawal except under unusual or extraordinary circumstances.

April 10: Case presentation

April 17: Case presentation

April 24: Case presentation (and see reflection question below, due today at the beginning of class)

Reflection question due today, April 24, at the beginning of class: Discuss your personal tendencies when it comes to saying good-bye. What kinds of difficulty do you have? How to you tend to handle good-byes? Which client are you going to miss the most? How are you planning to handle good-bye with this person?

May 1: Case presentation

May 8: Case presentation, & final meeting and wrap-up, review of experience