

the PATHFINDER

Photo of student section at the Red Rush Volleyball Game by Shaunasy Pashby

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Warrior Volleyball Red Rush Highlight

By Mercy Okediji
of the Pathfinder

In the P1FCU Activity Center on Sep. 15 LC State Volleyball went against No. 4 Corban University. It was also the first Warrior Zone night (Red Rush). LC Volleyball lost to Corban with the final score of 0-3.

In this tense three set game (25-20, 32-30, 25-18). LC State started off the game and was ahead but fell behind Corban. In the second set LC and Corban were tied but Corban ended up moving ahead of LC State.

“The loss dropped LC State to 3-8 overall and 2-4 in conference play. Corban improved to 12-2 overall and 6-0 in CCC action” (Randy Isabelle).

In the game Gianna Anderson had 11 kills and 1.0 blocks, Abbey Neff had 2 aces and 14 assists and Kenzie Dean had 17 digs (lcwarriors.com).

Next Warrior Volleyball home game is on Friday September 29 at 6 pm against Warner Pacific (Ore.) and on Saturday September 30 at 5 pm against Multnomah (Ore.) at the P1FCU Activity Center. For more information about the game or to watch online visit lcwarriors.com.



Photo by Merci Okediji

Campus Captures

By Lizeth Serecero
of the Pathfinder



LC State's Dance Team before the Round Up Parade



Students getting ready for the Round Up Parade



President Pemberton serving salad as a Guest Chef

Mystery Van

By **Madison Shriver**
of the *Pathfinder*

As we dive into the new school year, Mystery Van is a popular way for students to get involved. For those of you that are unsure about the event, students sign up on the LCSC website and are then sent a waiver that must be filled out before attending the event. Those students are sent information on where they are to meet for Mystery Van and before they load up to go to the mystery location, they are told what that destination will be. If a student that signed up decides that

they do not want to attend after being told the mystery location, they are not required to.

For the very first Mystery Van, the Warrior Entertainment Board took students to Flying Squirrel, a trampoline park, in Moscow, Idaho. There was dodgeball, foam pits to jump into, an obstacle course, dunking trampoline, as well as an arcade. Students were able to jump for two hours and they all seemed to be having a blast. There have been many students that are skeptical about Mystery Van, but these are the kinds of places that it can take you!



THE PATHFINDER HIRING!

BUSINESS MANAGER

APPLY



Hometown Heroe

By **Javon Jones**
of the *Pathfinder*

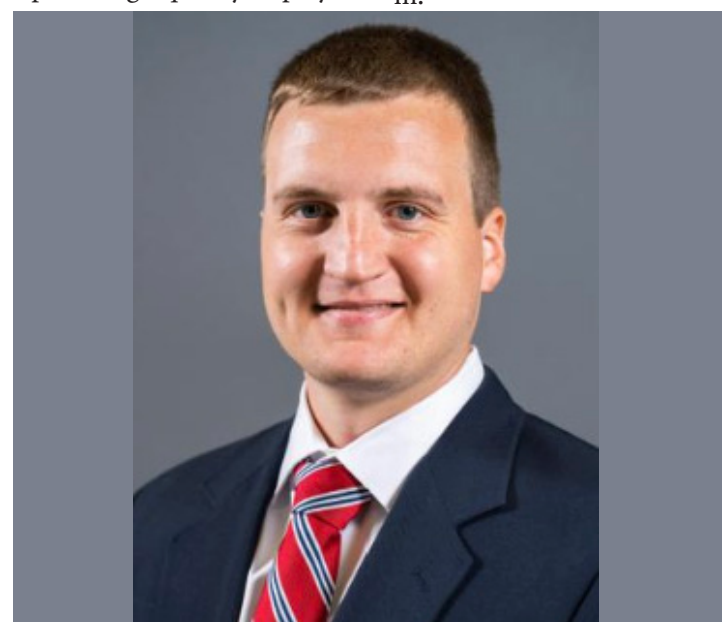
Calab “CJ” Johnson made an impact on the court as a player and now he’s making a name for himself as an Assistant Coach for LC State’s men’s basketball team. Born and raised in Lewiston Idaho, Johnson made a name for himself being from a small city and got to become something great without knowing he would have this opportunity.

Johnson was determined to prove to his coaching staff that he could take on the responsibility of being one of the assistant coaches at LC State. He took on many roles, including leading team study halls and also being a voice on the court for the players.

His players quickly learned that he was not there just to teach him basketball but to impact life lessons through the game

As the assistant coach, he led his group to extraordinary heights. The Warriors developed a high quality of play for

the college under leadership with integrity. “I want to continue to be coachable”, Johnson said, “we’re always on players to be coachable but I want to be coachable myself, I want to be challenged in areas I need to be challenged in.”



Calab Johnson

The Pathfinder is Hiring!

If you are interested in making money while sharpening your reporting and writing skills, email us at

thepathfinder@lcmal.lcsc.edu

Coaching Champions

By Brycen Kempton
of the Pathfinder

Behind every world-class athlete is an entire staff of trainers and coaches. Having a good training staff often means the difference between success and failure. Michael Collins is the head men's and women's Cross Country and Track Coach here at LC State and has been the head coach for 27 years. In his career, he has coached countless All-Americans, seven National Champion athletes, and even an Olympian.

I sat down with him to learn more about who he is, and the inner workings of coaching elite athletes. Coach Collins started his coaching career as a Ph.D. student at the University of Idaho. His wife, Tracy Collins, was and still is the head trainer here at LC State. As he puts it, "They needed a coach

down here, and she [Tracy] said she knew somebody who might be interested". He said that he never intended on coaching long-term, but enjoyed doing it and continued. When asked about what the most rewarding part of coaching is, Collins responded, "Seeing the success in the athletes, seeing them accomplish goals, and growing up".

Coach Collins continues to be the coach for the British indoor 3,000m record holder, Sam Atkin. Collins described how a friend of his recruited Atkin to run for a Division 1 university, but he had eligibility issues with the NCAA and Collins made a deal to bring him in for one year. After that year Atkin could transfer or stay if he wanted to, and Atkin elected to stay at LC State and won four national titles throughout his collegiate career.

Last year Atkin signed a professional contract with Puma. While discussing how they go about training Collins stated, "Training is actually very easy, the science behind it is quite simple, but every coach tweaks it to how it works for them or how they think it works best for them. Even with Sam, we are still playing, we are still doing things like 'hey let's try this'. He continued, "It's fun to watch him on TV and see him break some records, and we still hopefully have some stuff in front of us too".

Collins also pointed out the positive effect that an athlete like Atkin has on his runners and his recruits. He mentioned that Atkin being around here and assisting with the team helps to motivate the athletes and helps to draw in recruits. He said that it helps give his athletes the mindset of "If Sam can do it, I can do it".

Coach Collins and his program are a testament to the statement that success is obtained through hard work and perseverance.

The men's and women's Cross Country teams have a home meet at the Lewiston Community Park on October 14th. Any and all are welcome to come watch and attend.



Michael Collins

Zeke Miller Chooses Football

By Damian Demler
of the Pathfinder

When Zeke Miller, captain of the Loggers, was asked what makes an athlete great, he responded with, "great athletes show great dedication, determination and have the best work ethic out there. They are also great leaders and prove it by leading their teams to success". All athletes face chal-

lenges regardless of the level they are playing. Miller identified some of the biggest challenges athletes: "For the pros it is the media as they are always looking for a way to get under your skin. But for college and high school the workload can get you but it can be easier if you do a good job with load management".

From a young age Miller played football and loved the

San Francisco 49ers. From loving past players like Jerry Rice to present day players such as Christian McCaffrey (CMC) and George Kittle. As all athletes chose to model their game after someone, Miller chose Julian Edelman. Miller stated, "Edelman is a guy who isn't the biggest, fastest, or strongest but he is a hard worker and a really smart football player. He took

advantage of his opportunities and he was successful and I am trying to do the same." Miller got the opportunity to play for the Loggers and has taken advantage as he is now a team captain and the leading receiver of the team.

Miller proves he is not just great on the field but also in the classroom. Miller is majoring in Kinesiology with a focus in exercise science as

he wants to become an athletic trainer. Miller chose to become an athletic trainer because he wants to stay in the sports world and help other athletes.

Miller is a guy who can be a role model to everyone on and off the field, his hard work and dedication are unmatched.

Seth Bradshaw: Teaching to Live Life

By Matthew J. Kerins
of the Pathfinder

In the summer of 2019, Professor Seth Bradshaw and his family, a wife and three kids, packed up their belongings and made an ambitious move. Having lived in Nacogdoches, Texas for three years, Bradshaw was ready for a change of scenery. Moving back to where he grew up, Lewiston, Idaho was waiting for him to return home and start his life anew.

A man of adventure, Bradshaw always preferred the open wilderness of places like Idaho. He fishes, hikes, and rock climbs in his spare time, enjoying the activities along with his family. But that's not all he enjoys, as his love for teaching and of the classroom is what led him to being the Associate Professor of Communication Arts at Lewis-Clark State College (LC State). After receiving his Bachelor's (BA) in Organizational Communication and Masters (MA) in Rhetorical Studies at Idaho State University (ISU), he went on to gain his Ph.D. in Political Communication at the University of Arizona. Ever since, he's had a love of teaching and of school, wanting to bestow knowledge onto others and to help them along their ways in life. But above all else, he cares for his family.

Prior to working at LC State, Bradshaw worked as the Assistant Professor of Advertising at Stephen F. Austin

State University in Nacogdoches, Texas, until moving back to Lewiston. Bradshaw grew up primarily in Idaho, mostly in the city of Pocatello for 15 years. There, he would receive his previously mentioned BA and MA at ISU. However, while at ISU, he almost got a degree in Outdoor Education due to taking so many classes in that category, mainly because of his love of outdoor activities.

While attending ISU, Bradshaw would meet his wife, Mack. They were married in 2011, and have three children: Knox, Quincy, and Bodhi. The move back to Lewiston was mostly due to his nostalgia for Idaho, and for the sake of his family. He wants to raise them in a place he considers home. His love for his family is what drives him most days, stating them as his main motivator in life.

Moving back to Lewiston has been a good experience for Bradshaw. "I've probably changed more than Lewiston, Idaho has changed," he stated in an interview. The sights and scenes of his childhood are still as clear today as they were back then. However, moving isn't something to get over easily. Having moved around all his life, Bradshaw is used to changing sights and sceneries. As mentioned before, he's lived in places such as Pocatello, Lewiston, and Nacogdoches, Texas, but he's also lived in Kamiah, Priest River, and Moscow. Despite being accustomed to this lifestyle, he noted that the most diffi-

cult part is always the aspect of getting to know a new community you're not used to. It's hard leaving those around you that you've grown fond of, but Bradshaw has made it work throughout his life, eventually coming to know his new community.

Bradshaw is also an advocate for professional journalism. His father has been a journalist most his life. Due to his interests, Bradshaw also works as one of the head advisors for LC State's newspaper, The Pathfinder, taking over for Amy Minervini in 2020. He believes that journalism is vital to our democracy, and wants to teach students about how a free and independent press can be of value to the country as a whole. For aspiring journalists, Bradshaw's best tip is to learn to write quickly. The faster you can turn in drafts, the better a chance at a career in journalism will be.

Professor Seth Bradshaw is a hard-working, outdoors loving, family-centered individual many can look up to. He works hard to assure his students get the education they need, and to teach them how to navigate through the world. To those aspiring to get into a career of teaching, journalism, or advertising, he's someone to consult. Above all else, though, he believes one should care for their family and be humble. "Work will always be here," he said, "So go home and invest time in your [family] when you can."



Seth Bradshaw



Zeke Miller

Boreson's Unexpected Stage

By Emma Taylor
of the Pathfinder

The only thing Greta Boreson has not done in the world of dance is dance for a competitive team. Boreson started dancing when she was just four years old at River City Dance and Creative Arts. For the next 14 years she would go on to dance styles such as ballet, jazz, tap, and point.

After years of putting on dance performance after dance performance, Boreson was planning to be done with dance until she got the

rare opportunity to dance with LC State's new inaugural dance team. "I was kind of done with that," Boreson stated when talking about her dance experience, "And then I got the opportunity to dance here at LCSC". One of Boreson's most valued dance achievements, getting to dance in college makes her feel recognized, like all the years of hard work and sacrifice have paid off.

Boreson contacted Head Dance Coach, Christa A. Davis, about joining the new competitive team after Head Tennis Coach, Kai Fong,

heard the team was looking for recruits and suggested that Boreson reach out.

Now, Boreson hopes that she will be a successful part of the team, not only proving herself to her teammates and coach, but also to the world of competitive dance. One of Boreson's personal goals for this season is to work on her personal growth. Turning is one thing that has always been a mental block for Boreson, comparing herself to past classmates she often gets discouraged by her own abilities. "Understanding that I need to get better for me, and not to get better than somebody else" is one way Boreson reminds herself not to compare herself to others.

The new dance team has practice for two hours most mornings and has been working hard in preparation for their first year as an official NAIA sports team. With six out of eleven teammates being freshmen, the experience of the team is young. "The vets are able to be like



Greta Boreson

mentors in a sense," Boreson says, "they're able to lead us and help us in ways that maybe the coach can't". While the vets, as Boreson calls them, have danced with LC State before, being a new inaugural team has been a learning experience for all teammates.

With only two competitions this year, the dance team hopes to make its mark as an established dance team, moving away from the cheer-like reputation they have gained over the years. "They used to do sideline at games... but we're not doing that this year because we

want to really establish the fact that we're not a cheer team, we're a dance team," states Boreson.

Low funding has also been a challenge for the team. Unlike other NAIA sports at LC State, like track and baseball, dance hasn't brought home any fancy trophies or taken any titles. "Getting our name out into the community, LCSC has a lot of generous people who donate money to athletics," says Boreson. They hope that with time and experience, donations from the community and funding will increase.



Jantzen Lucas: What it Means to Be a Warrior

By Jenyce English
of the Pathfinder

Imagine you grew up in a small town and played sports where you might have been the best player your whole life, and then moved to a larger place where everyone was as good as you. Would you give up in the face of adversity, or would you push through and look at the bright side? LC State's senior baseball pitcher, Jantzen Lucas chose the latter. The left-handed pitcher, from Priest River, Idaho, chose LC State specifically for the grittiness of the program in the hope that it would help him grow as a man.

Lucas takes a positive outlook on difficult situations, always finding the silver lining.

Doing this has allowed him to gain trust in himself and he has been able to bat-

tle through adversity showing what it really means to be a Warrior.

Although Lucas has played baseball since he can remember, coming to LC State was an adjustment. He explained that starting with the team was a culture shock with the difficulty of the practices. From this experience Lucas has gained the life skills of trusting in himself. "Just know that if you put in hard work and dedicate yourself to it," Lucas said, "it will always pull through." He added, "Sometimes it's not how you want it, but it'll always be better." In fact, his biggest challenge from baseball has been learning how to battle through adversity, such as trying to do homework in a hotel room full of four guys or traveling to a city where people can be rude. One

of the ways that Lucas has dealt with the adversity in the game is by breathing. He explains that this is yet another thing he has put in the work to do. "Honestly that was tough for me to learn my Freshman year, and the Sophomore year," Lucas said, "I kinda' took it in and it helped me tremendously." Lucas is a dedicated player off the field as well, divulging that even watching YouTube videos is a way he added to his skill level. "Any way to make myself better," Lucas said, "I do it." Proving that Lucas works toward the mental toughness that he describes as the best attribute to a baseball player.

While talking to Lucas, it is clear to see that his choice for the grittiness over an easier option has made him into a better man. His willingness to face adversity has given

him many valuable life lessons that will surely help him later whether it be on major league team or within his academic major, criminal justice. The best attribute he's learned as a baseball player is "Having that trust in yourself and being mentally tough, and that's what they teach here," Lucas said, showing once again what it truly means to be a LC Warrior.



Jantzen Lucas

A New Home

By Gorden Boykins
of the Pathfinder

At first glance, you might not think Wallace Ungwiluk, Assistant Coach for LC State's men's basketball team, has played college basketball or even knows about the game. Wallace grew up in a small village in Alaska with his parents and family. Everything was done together as a group or a family. As a child, the community would go fishing for whales to take back home and to eat! This really had me shook because in my entire life I have never

heard of such a thing. It is really unique and is something I would have never thought of. Being close knit together and always working together helps us during the season when times begin to get tough.

In the small town of Lewiston, Idaho the community really comes together and looks out for one another. Everyone in the town knows about the college and really supports us to the fullest. The community and everyone around makes this school special, and this is what really led Coach Ungwi-

luk to coming over and coaching after his playing days in college.

Ungwiluk played college basketball at Multnomah University, which is in the same league as LC State. He played against LC last year and hit a big shot to win the game. I think Wallace will be a big part of the community for many years to come with how welcoming and how positive his attitude always is. I feel with those two traits in Lewiston you are good for a lifetime, everyone here is very positive and always has a

smile on their face. Since being here in Lewiston and taking the position that was offered it has been a big adjustment. The good part is being able to continue doing something with the sport that he loves and being around the game. The negative side is always being away from family, and being so far away makes it just a tad worse.

Wallace is really embracing this position and wants to make the most of it by



Wallace Ungwiluk

any means possible. By the time he leaves the city everyone will know of him and he will have a great foundation built for him to succeed.

Palouse Sprint Triathlon

By Shaunasy Pashby
of the Pathfinder

5 kilometers, 5000 meters, 16404.2 feet -- 3.1 miles to run.

15 kilometers, 15,000 meters, -- 9.3 miles to bike.

And 500 yards, 1500 feet, -- 0.28 miles to swim.

Those numbers are all that matter for the incredible athletes geared up to go on the morning of September 9th.

123 contestants.

Seven heats.

Age groups were broken out into groups of five-year spans, starting at 15 and going up to 74 years old. Each group had many participants including people new to the triathlon scene and veterans that have been to many.

The race was put on by Palouse Sprint Triathlon (PST) and hosted in the Hampton-Lowe Aquatics Center thanks to Moscow Parks and Rec which allowed PST to use the HLAC and HIRC facilities. Here the contestants would do the swim portion of the race and where the start and finish line would be.

The race was put on by Palouse Sprint Triathlon (PST) and hosted in the Hampton-Lowe Aquatics Center thanks to Moscow Parks and Rec which allowed PST to use the HLAC and HIRC facilities. Here the contestants would do the swim portion of the race and where the start and finish line would be.

This year there were almost

as many volunteers as there were contestants (123). Volunteers helped to make sure the race ran smoothly.

This large number included volunteers from our very own LC State campus! In fact, all of the race timing was done by Mike Collins and his LC State Cross Country Team!

Other groups and organizations include:

Steve McGheehan, the previous race director.

Ray Wallace, right-hand man, IT tech, web designer, Excel guru, (Co/Race Director).

Kathleen Lafortune, volunteer coordinator.

Moscow Brewing Co. Which hosted the after-race awards ceremony.

Iris Mayes the Awards Direc-

tor.

Seth Stevenson manned key locations when the staffing got short.

The Moscow Police Department blocked some key streets to keep the racers safe. On streets that couldn't be blocked, they helped direct traffic. The Moscow Volunteer Fire/EMS supplied a couple of EMTs and an Ambulance for the event.

These individuals in addition to The U of I ISMaRT clinic (integrated sports medicine and rehabilitative therapy clinic) and their aid stops helped to keep all the racers safe.

The Moscow Chinooks Masters Swim Club and



Dr. Reene Harris



Students getting ready for the Round Up Parade

Shelly Pressley (the PST Swim director) came out to do the lap count for the swimming part of the race. This part of the race was a 500-yard swim that was hard for many of the athletes. Luckily this swim was in an outdoor pool and though the morning air was only around 60 degrees the water was nice and warm. Many times this part of the race is in a lake or river, making it much colder and harder on the athletes. This part of the race, at just over a quarter of a mile (0.28) was 20 lengths of the pool.

The fastest time at this segment of the race was a whopping six minutes and 47 seconds while the longest was only 17 minutes. The average time for this segment was around 13 minutes. After an exhausting swim athletes raced out to the

first transition area. Here they quickly dry off their feet and mount their bikes. Spending only moments to rest before taking off for the second leg of the race. This leg of the race would be another intense show of strength.

The biking portion, though only 9.3 miles this part of the course was riddled with potholes, hills, and intense corners. From Transition zone one, known as T1, they were met by the work of Jennifer Wallace and volunteers from the U of I Movement Sciences program and Vandal Cycling Club.

The Moscow Lions worked hard to set up the bike course and came next with the direction of Matt Morra.

This segment of the race included two doglegs and many riders were starting to feel the sun as they raced over the black-top and dirt parts of this course.

Palouse Sprint Triathlon (cont.)

This is also where members of the duathlon joined. They had already completed a 1.5-mile run before mounting their bikes and joining the others for the ride.

At the end of the bike portion is a sharp 90-degree turn in a live intersection. This sharp corner was a potentially extreme hazard for the racers. However thanks to the Moscow police department all the racers made it through safely and traffic didn't have to be fully stopped. At the end of the bike portion, riders dismounted at transition area two.

From the dismount of the biking segment racers stepped into the world of Steffen Werner for T2 and John Sweeney for the running portion.

Here volunteers from the Mos-

cow High School Environmental Club caught the bikes so riders didn't have to come to a complete stop and parked them so riders could go straight to their gear bags. Racers swapped their shoes, grabbed their water bottles, and took off for the final leg of the race.

Runners had bystanders cheering them on and everyone rooting for them. At every corner, somebody was telling them they were doing great and had it. Most people managed around a 10-minute mile. The fastest mile time was only 6 minutes and 45 seconds.

As racers crossed the finish line and met up with their families, friends, and fellow competitors there were a lot of laughs and hugs. Racers competed not only against each other but



Lizette Ohlund



LC Student posing by the finish line



more importantly against themselves. For every individual who crossed the line, there was more cheering, "You did it!" At this point of the race, Kathy Berman and the Bears running group coordinated after-race snacks and refreshments for all the exhausted athletes.

It was an incredible race, full of incredible athletes including many of our very own professors and students.

Lizette Ohlund, an LC State freshman, shattered her previous best time of 90 minutes with a new time of 86 minutes. This change of only 4 minutes may not seem like much, but it was quite an impressive jump.

She made second place in her age group, though she was faster in the pool by a minute and a half. She had a wasp get

into the front of her helmet and trapped against her in the biking portion and stung in the face. This cost her crucial time. She says had she not been stung and had to stop, she would have had a much faster time and a much closer race.

This was Dr. Reese Harris, a professor here at LC State and a member of "The Happy Tri Hards," first Triathlon and though she was a part of a team and only intended to do the running segment of the race her teammates fell ill, and she completed both the bike leg and run. She is normally a runner and, having never done a bike race found the 15-kilometer ride to be exhausting. She said the 5-kilometer run would have been easy, being the shortest distance, a run can be, had

it not been for her pushing hard on the bike beforehand.

Dr. Kylee Britzmen, a professor at LCSC did the biking portion in a team called "Worth a Tri." Though she had never done a bike race she does lots of long-distance bike rides. Her normal rides are better 20 and 40 miles and she felt this 9.3 mile ride was refreshing. She knew a lot of others in the race and rode with them to help motivate herself. She had an amazing time of roughly 32 minutes on the ride. She says she had a lot of fun and would absolutely do it again. Maybe even trying out the swimming portion as well.

Photos by Shaunasy Pashby

Free Technologyy Apps to De-Stress

By Matthew Stolley
of the Pathfinder

As a college student, it is easy to feel the stress and anxiety of starting a new semester. However, lifestyle hacks and strategies can help students manage and balance stress. According to the Planning For College Survey, technology apps such as The Mindfulness App, Calm, Headspace, and Relaxing Rhythms offer free resources.

The Mindfulness App is a free resource with over 300 learning and practicing meditation options for all levels. The music soundtrack levels range from 3-99 minutes. The Mindfulness App provides both guided and non-guided meditation exercises.

The Calm app helps people sleep better at night with “guided journeys” or audio bedtime stories intended to lead you into REM sleep. The

free app also provides several sleeping exercises to help users fall asleep.

The Headspace app is like a free gym membership for the mind. This app offers hundreds of meditation classes and exercises for people to use at all levels and stages of life. The app aims to provide special exercises called “bite-sized meditations” for busy lives.

The Relaxing Rhythms free app provides musical rhythms and soundtracks designed to calm the amygdala with healthy hertz wavelengths. These hertz wavelengths at 328, 438, and 646 are created from genres like religious hymns, Mozart, Richard Wagner, and Beethoven. The app works best with speakers or headphones for better brain relaxation but is suitable anywhere.

In addition to technology, other lifestyle habits are

better sleep, analyzing your diet for healthy choices, regular exercise, including keeping track of your step count, enjoying nature and taking a break from the electronics, and modifying the environment. Considering midterms are quickly approaching, these ways to de-stress can provide the much-needed mental and physical stability students need mid-semester.

Hello!

We are ASLCSC

Our Impact :

- Advocate for students during yearly student fee hearing
- Award funds to clubs and organizations
- Serve on campus wide committees on behalf of students
- Listen to student opinions, suggestions, and complaints

Your Impact:

Join us for Tuesday Meetings!

- Every Tuesday at 4:30 upstairs in the sub

Reach out to your representatives!

- President: Xander McDowell - agmcdowell@lcmail.LCSC.edu
- Vice President: Ju Hyun (Jacy) Son - jhson@lcmail.LCSC.edu
- CTE Senator: Drew Turtle - jaterteling@lcmail.LCSC.edu

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Talking River Review Photo Contest

By Logan Foster
of Talking River Review

Talking River Review, LC State’s on-campus literary journal, is holding a student mobile photography contest, open to all current LC State students.

TRR is looking for submissions of images featuring the Lewiston-Clarkston Valley and surrounding areas, shot

and edited on any mobile phone or tablet. Participants can submit up to three images. The submissions should not be altered in any desktop image processing program like Photoshop, but any apps available on mobile devices are allowed. The first-place winner will receive an iPad, and their image will also be featured as the cover art for the 56th issue of Talking River Review. 14

runners-up will be published inside Issue 56 as featured art and will also receive a free two-year subscription to TRR. The contest will be open until December 1, 2023. Students wanting to submit photographs should send their entries to Talking River Review at trrphotocontest@gmail.com. Participants must use their LC Mail email account when submitting.



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The Wonderful World of Reimagend Classics

By **Kassi Weston**
of *the Pathfinder*

The Wonderful World of Reimagined Classics

We all know the story of the little girl who fell down a rabbit hole and entered a strange world where animals, plants, and furniture can talk. Things are supposed to be backwards are forwards and things that are supposed to be forwards are backwards. As well as small things are big, and big things are small. The story of Alice in Wonderland has been a classic since the day it was released, but there are many reimaginings of this strange, but wonderful story. One that is technically a retelling, but isn't at the same time is *Splintered* by A.G. Howard.

This amazing story is about a girl who struggles with the ability to hear plants and insects talking, as well as facing the issue of her mother being in an insane asylum where they are planning on giving her medicine that basically melts her brain. Alyssa Gardner finds out that the only way to hopefully save her mom is to go through the rabbit hole. She is joined by her best friend, and crush, Jebidiah (who goes by Jeb).

When the two get into Wonderland, they are faced with the challenge of undoing the events caused by Alice, herself. Who Alyssa finds out she is related to. Not only that, but Alyssa's childhood imaginary friend, Mor-

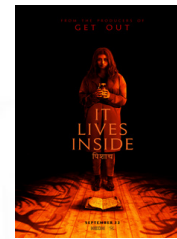
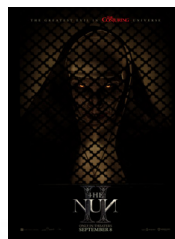
pheus, turns out to be not so imaginary. Morpheus is the hookah-smoking caterpillar, who has so many plans and tricks for Alyssa up his sleeve.

Splintered is a great book for those who love adventure, mystery, high stakes, and just a dash of romance. It is basically a darker continuation of Alice in Wonderland, but adds more interesting aspects to the story. It adds more characteristics to a lot of the characters from Wonderland and gives the characters a more adult look, whereas Alice in Wonderland gives readers a more child-like look at the characters. Meaning that, to a child, the white rabbit looks like a rabbit, right? No. In *Splintered* the characters are given a more mangy, kind of scary look to not only their physical appearance but to their actions as well.

Alyssa Gardner is also a very relatable character. She falls in love with one of her childhood best friends, but he's already romantically involved with her enemy. However, they do get closer, and share many romantic connections throughout their time together in Wonderland. Now, it may seem like a romance book but it really isn't. It's not a spicy book, either. So I would recommend this book for kids in Middle school all the way up through adulthood. It has enough content to keep those ages content and interested in the book. That is if the reader is interested in this kind of story.

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Pictured is
the cover
of “*Splintered*” by
A.G. Howard
courtesy of
Goodreads

Sandra Lee Tells the Bloody Story of “Australia’s Hannibal” Kathrine Knight

By Madelyn Hutchison
of the *Pathfinder*

For those who don’t know the story of Kathrine Knight, here’s your trigger warning: “Beyond Bad: The Life and Crimes of Katherine Knight, Australia’s Hannibal” is about how Knight used to work in a slaughterhouse and how she murdered her partner with the same skills. It also mentions the abuse that she did to many of her partners leading up to John Price’s death. I won’t get into all the gruesome details here, but I thought I would warn in case anyone went into the book blind.

Sandra Lee, the author. Began writing about unbelievably gruesome and true crimes, after tallying many years of journalistic experience. Lee worked for various newspaper and mag-

azine companies including “The Daily Telegraph, Opinion, and Sunday Magazine.” She’s written a total of four non-fiction books including “Beyond Bad,” all dealing with extremely difficult topics and cultural events that most people tend to forget, one being titled “The Promise: An Iraqi Mother’s Desperate Flight to Freedom.” Today, Lee does freelance work while she researches for her next book.

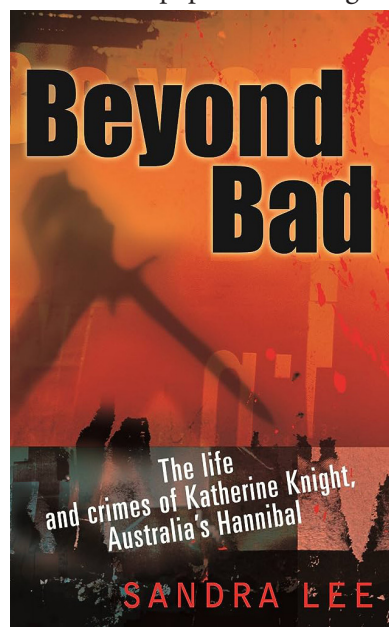
Katherine Knight was and is a heinous woman who was the first woman in Australia’s history to get life in prison without the possibility of parole. Being born on October 24, 1955 she was forty-four years old on the morning of February 29, 2000 when she decided to literally butcher her de facto husband John Price. Show-

ing no mercy or any ounce of remorse, Knight is still rotting at sixty-seven years old in Silverwater Women’s Correctional Centre in New South Wales.

OP:ED: I give this book a five out of five stars. I believe that, despite the subject matter, Sandra Lee was very detailed in not only showing what a monster Kathrine Knight is but she also focused a considerable amount of focus on her many victims. Focusing on all of the men she abused and their families prior to

Price’s murder as well. I listened to the audiobook for “Beyond Bad,” and the amount of times Lee quoted family members made it feel like a documentary more than a book. Lee has incredible talent and an insane eye for detail. I will say though, this book is not meant for those who get sick easily. I don’t get sick easily, but I still had to stop every once in a while to make sure I wasn’t going to vomit, simply because of what Knight did. If you find true crime

to be morbidly fascinating and haven’t heard about this case, or simply whispers of it, I would definitely recommend this book, Lee goes over everything with a fine tooth comb and misses nothing.



Pictured is the cover of “Beyond Bad: The life of crimes of Katherine Knight, Australia’s Hannibal” by Sandra Lee courtesy of Goodreads

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“The Great Gatsby”

By **Kassi Weston**
of the *Pathfinder*

Parties, money, betrayal, beautiful women, handsome men, sparkly dresses, sparkly drinks, 1922. All of these things combined put together the American classic, “The Great Gatsby” by F. Scott Fitzgerald. For this Book vs. Movie review, I took a jump into the 1974 version of “The Great Gatsby” as well as reading the book.

I found that this movie is a very good example of matching the book very well. The

beginning of the movie starts off with the same words as it starts off in the book, “In my younger and more vulnerable years my father gave me some advice that I’ve been turning over in my head ever since. ‘Whenever you feel like criticizing anyone,’ he told me, ‘just remember that all the people in this world haven’t had the advantages that you’ve had.’” (Fitzgerald, 1924). Most of the movie is like this. There are a lot of direct quotations from the book in the movie, which was very surprising. Most movies

just paraphrase conversations from the book, which can cause a lot of confusion. But, “The Great Gatsby” (1974) did a very good job at keeping the quotes direct, and true to the book.

However, just like most book-based Hollywood movies, there are many mistakes and weird changes made throughout the movie. An example in this case would be the swapping around of events. In the book, the order of events for the first four chapters are; We get introduced to Nick Calloway, then the introduction of Daisy, Tom, and Jordan and all that implies, we then get a brief glimpse of Gatsby at the end of Chapter one. Then in chapter 2 is when the readers get introduced to Tom’s mistress, Myrtle Wilson and her husband George Wilson. Somehow Myrtle gets away from George to go on a trip into the city with Tom and Nick where she buys a puppy, then Tom and Myrtle take Nick as well as Myrtle’s sister to their apartment. That all happens in chapter Two. We technically don’t get introduced to Gatsby or his parties till Chapter three. This is not the case in the movie. Sure the introduction of Nick, Daisy, Tom, and Jordan all happen within the first five or ten minutes into the movie, but they swapped the introduction of Myrtle and that whole event and the introduction of Gatsby’s crazy parties. Nick is also supposed to be invited

to said party as soon as it gets introduced to the readers in the book, but in the movie it makes it seem like this party has gone on for a night or two before Nick even gets his invitation.

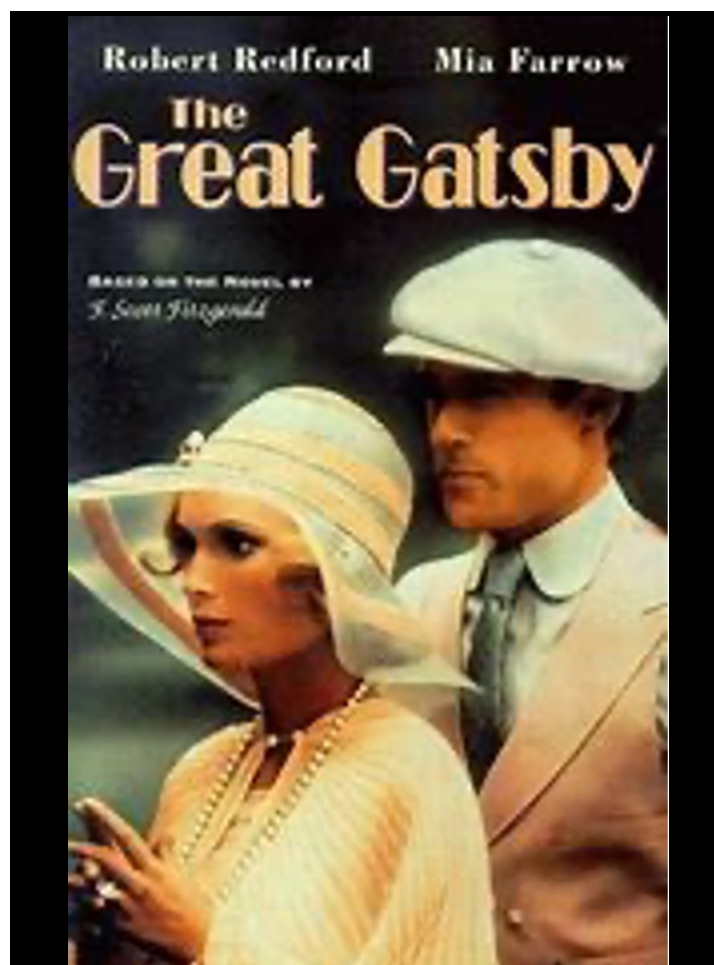
Not only do events get swapped around, but lines get skipped over or they get said by a completely different character. There are also some interesting character choices made by the actors as well as by the screenplay writers that don’t really make sense with the characters readers get familiar with in the book. In the movie, Nick Carraway seems like a ladies man as he and Jordan seem to be getting very close during Gatsby’s party. But he is also a lot more awkward with Gatsby when he gets to meet him for the first time in the movie, he really isn’t able to hold a conversation and really just gives off uncomfortable teenager vibes. Whereas, in the book, he seems put off by the sudden meeting of Gatsby, but he is still able to hold a conversation.

Another thing that threw me off as a reader, was the brief glimpse of Daisy’s daughter. In the book we get a little more of an introduction, but in the movie all we get is a flyby glimpse of her and Daisy only talks about her a little bit.

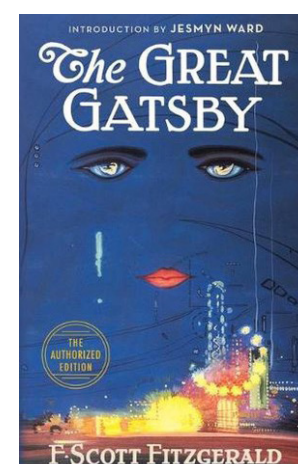
Granted, a lot of character choices in the movie was a little weird, especially with the characters readers have grown accustomed to, there

were a couple of actors that did very well with keeping true to the book character. An example would be the actress who portrayed Daisy, Mia Farrow. She did an amazing job at keeping true to Daisy’s bright, bubbly personality, as well as showing that she is not as dumb as her husband shows her to be. She did an amazing job at showing a little bit of the mental thoughts that we can’t read in movies like we can in books.

“The Great Gatsby” (1974) did have its moments of “that wasn’t that way in the book” but when compared to the usual Hollywood book-based movies, it did a very good job at staying true to most of the lines, what the characters were like during interactions with other characters, and definitely a good movie to watch if you are not a reader but want to know the story of “The Great Gatsby.”



Courtesy of IMDB



Courtesy of Goodreads

D&D Monsters with Josiah: Invisible Stalker

By **Josiah Eberly**
of the Pathfinder

Invisible Stalkers are a form of Elemental from the Elemental Plane of Air. They are summoned by a powerful magic-user, and their original shape and appearance is altered until the Elemental's form is no longer visible. Invisible stalkers exist to serve their masters through assassination and stealing items. If the summoner gives an Invisible Stalker a task that does not involve either of these things, then the Stalker vanishes after completing the task. Otherwise, the Stalker returns to its summoner to fulfill another task.

Invisible Stalkers are not subservient by nature, always trying to baulk against the magic that binds them to obey their summoner. If they are able to misinterpret orders, they do so without a second thought. They are near-impossible to detect, making them perfect to kill those who are wary of assassination but have nothing in store to protect themselves from magical beings. Being made of air, it is near impossible to keep an Invisible Stalker from infiltrating any location, except those that utilize wards to keep certain creatures like Elementals out. Invisible Stalkers kill their targets through both sharp gusts that slice through flesh and buffeting blows that will strike down all but the strongest. As a magical being, they are resistant to non-magical attacks, meaning that a magic-user would be the best defense

against an Invisible Stalker, but only if they were able to detect it before it kills them.

Invisible Stalkers are a great way to include a magical creature into a scenario that is full of political intrigue and subterfuge, whether the party has to discover how some nobleman was killed by an unknown, unseen attacker, or trying to avoid the deadly servant of a wizard who they happened to insult or steal from. It may even make the players paranoid, waiting for the impending attack but not knowing from which direction and what time that attack will arrive. They are a much larger threat to lower-level parties, since it is unlikely that the melee characters have any enchanted weapons to bypass the Invisible Stalker's resistance to mundane damage. There are also not a lot of invisible creatures to fight in Dungeons & Dragons besides those that are innate spellcasters themselves, except there are ways to dispel their invisibility. When someone tries to dispel the invisibility of a Stalker, all they can see is a faint outline before that disappears. Being unable to see their opponent means that players will have to find unique strategies to combat such a disadvantage, such as using area spells to increase the likelihood that the Invisible Stalker is actually damaged.



Depiction of a DnD "Invisible Stalker."

Photo courtesy of Forgotten Realms.

INVISIBLE STALKER

Medium Elemental, Neutral

Armor Class 14

Hit Points 104 (16d8 + 32)

Speed 50 ft., fly 50 ft. (hover)

STR	DEX	CON	INT	WIS	CHA
16 (+3)	19 (+4)	14 (+2)	10 (+0)	15 (+2)	11 (+0)

Skills [Perception](#) +8, [Stealth](#) +10

Damage Resistances Bludgeoning, Piercing, and Slashing from Nonmagical Attacks

Damage Immunities Poison

Condition Immunities [Exhaustion](#), [Grappled](#), [Paralyzed](#), [Petrified](#), [Poisoned](#), [Prone](#), [Restrained](#), [Unconscious](#)

Senses [Darkvision](#) 60 ft., [Passive Perception](#) 18

Languages Auran Understands Common but doesn't speak it

Challenge 6 (2,300 XP) **Proficiency Bonus** +3

Invisibility. The stalker is [invisible](#).

Faultless Tracker. The stalker is given a quarry by its summoner. The stalker knows the direction and distance to its quarry as long as the two of them are on the same plane of existence. The stalker also knows the location of its summoner.

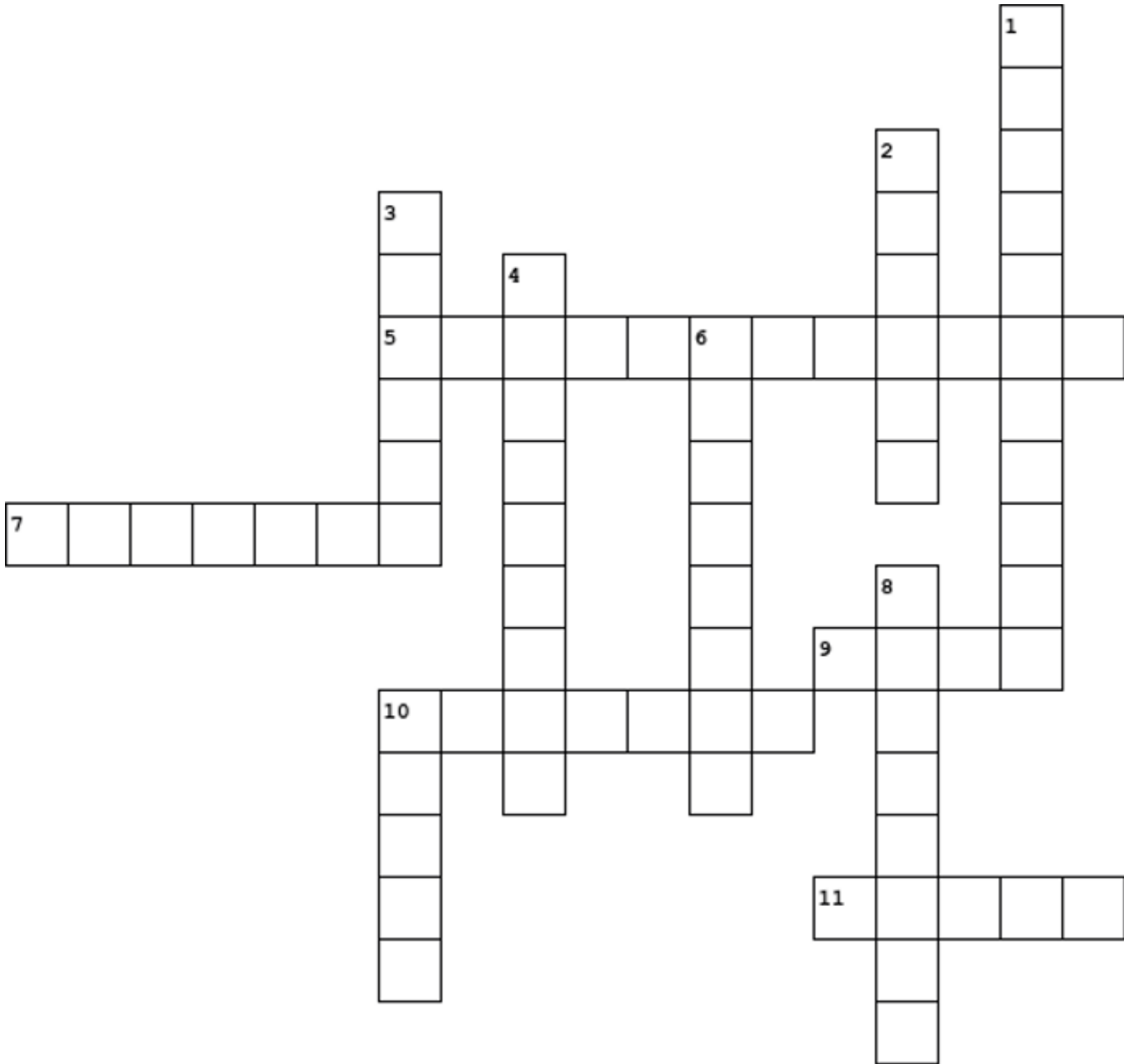
Actions

Multiattack. The stalker makes two slam attacks.

Slam. *Melee Weapon Attack:* +6 to hit, reach 5 ft., one target. *Hit:* 10 (2d6 + 3) bludgeoning damage.

Photo courtesy of DnD Beyond.

FALL



ACROSS

- 5. Holiday often featuring turkey
- 7. Carve this for decoration
A big lump of knobs
- 9. _____ Weather by The Neighbourhood
- 11. Eat too much of this and you'll get a stomach ache

DOWN

- 1. Animals begin to collect food for...
- 2. They change color during this time
- 3. Another word for fall
- 4. A holiday where people dress up
- 6. Small rodent with a bushy tail
- 8. Sport played with a brown ball
- 10. Birds fly _____ for the winter

Find the answers on our Instagram here:



the PATHFINDER

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From the Editors

Hello everyone,

I hope that the school year has been treating you all well. For me, it's been real busy but good. I am grateful for all the opportunities that I have to learn and grow. Now that the school has started I am so ready for fall. I used to say that spring was my favorite season, but honestly it might be fall. I just love the cozy weather.

- Liz

Word on the Street

By Madison Shriver
of The Pathfinder

“If you had a pet parrot what would you teach it to say?”

“Ughh, I need a cigarette.”

- Paisley Schulte



- Kerby Cole

“There’s a lot of safe things I could teach a parrot to say. I want to teach it to say Wake up. You’re Dreaming”

“This is tough. I would make it say bad words”

- Alexis Ceron



- Christian Lybyer

“I would probably have it say ‘tell ‘em to bring the yacht out.”

“I have a great answer for that. Bird is the word.”

- Drew Tertelling

