



Contact: Sherry Simkins 208-769-3418



Contact: Susan Steele 208-792-2798 scsteele@lcsc.edu

**GENERAL EDUCATION**

Course #	Course Title	CR	
<b>Written Communication</b>			
ENGL 101	Writing and Rhetoric I	3	
ENGL 102	Writing and Rhetoric II	3	
<b>Oral Communication</b>			
COMM 101	Fundamentals of Oral Communication	3	
<b>Mathematical Ways of Knowing</b>			
Students choice from GEM 3		3-5	
<b>Scientific Ways of Knowing</b>			
Students choice from GEM 4		4	
Students 2nd choice from GEM 4		4	
<b>Humanistic &amp; Artistic Ways of Knowing</b>			
COMM 220	Introduction to Intercultural Communication	3	
Student choice from GEM 5 (must be different discipline than previously selected GEM 5 course)		3	
<b>Social &amp; Behavioral Ways of Knowing</b>			
COMM 233	Interpersonal Communication	3	
Student choice from GEM 6 (must be different discipline than previously selected GEM 6 course)		3	
<b>Integrative Course</b>			
INTR 250	Integrative Inquiry	3	
<b>Wellness Course</b>			
Student choice from Wellness list		1-3	
<b>NIC Required Program Courses</b>			
COMM 209	Argumentation	3	
COMM 236	Small Group Communication	3	
Choose one of the following: COMJ 140, COMM 103, COMM 111, COMM 212		3	
<b>ELECTIVES: Additional NIC courses that also meet LCSC BA/BS Degree Requirements</b>			
<i>Select from the list below to meet the minimum 60-64 credits for AA/AS degree</i>			
PE 160	Foundations of Physical Education	3	
ENGL 292	Creative Writing II	3	
ENGL 293	Creative Writing: Literary Nonfiction	3	
GDES 132	Adobe Photoshop	3	
GDES 133	Adobe InDesign	3	
GDES 225	Intro to Digital Video	3	
<b>NIC TOTAL</b>		<b>60-64</b>	

Course #	Course Title	CR	
<b>Health &amp; Kinesiology Program</b>			
KIN 220	Social-Cultural Aspects of Sport	3	
KIN 260	Introduction to Kinesiology	1	
KIN 425	Ethical Decision-Making Sport Leaders	3	
KIN 484	Community Relations in Sport	3	
KIN 486	Organization and Administration of Health, Physical Education, Recreation, Athletics	3	
KIN 487	Sport Administration	3	
KIN 488	Sport Facilities and Event Management	3	
KIN 489	Sport Marketing and Advertising	3	
Choose 6 credits (TWO COURSES) from the following Selectives: HLTH 342, HLTH 352, HLTH 453, KIN 221, KIN 410		6	
<b>Communications Program</b>			
Select 15 credits of the following: COMM 250, 300, 301, 350, 394/494, COMM 400, 440, ENGL 308, 497		15	
Select 9 credits of the following: COMM 211, 302, 345, 380, 450, ENGL 209, 212, 304, 305, PITPT 119, 139		9	
<b>Senior Research Project: Select KIN or COMM option</b>			
<b>Kinesiology option (take both courses):</b>			
KIN 498	Senior Research Project I	3	
KIN 499	Senior Research Project II	3	
<b>Communication option (take both courses):</b>			
COMM 498	Senior Research Project Design I	3	
COMM 499	Research Project & Seminar in Comm	3	
<b>Integrative Seminar: Ethics and Values</b>			
Student does not need this class when transferring with an AA or AS			
COMM 499	Research Project & Seminar in Comm	3	
<b>Graduation Requirements</b>			
Resident Credits		32	
Upper Division Credits		36	
<b>TOTAL NIC &amp; LCSC Credits</b>		<b>120</b>	

Complete all required/elective coursework for the AA/AS degree at North Idaho College (60 credits minimum).

- This advising guide is based on completion of an Associates degree (AA/AS) in Exercise Science at the North Idaho College with additions made to meet lower division requirements.
- Students who transfer without being core complete may need to take additional LCSC General Education core courses.
- 32 Residency (LCSC) credits required for graduation/36 must be upper division.

At NIC a minimum grade of "C-" is required for Gen Ed courses and a minimum 2.0 GPA is required to qualify for Associate's Degree.