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## GENERAL EDUCATION

Course #	Course Title	CR	
<b>Written Communication</b>			
ENGL 101	English Composition I	3	
ENGL 102	English Composition II	3	
<b>Oral Communication</b>			
Students choice from GEM 2		3	
<b>Mathematical Ways of Knowing</b>			
MATH 147	Precalculus	5	
<b>Scientific Ways of Knowing</b>			
ANAT 211	Human Anatomy and Physiology 1	4	
CHEM 111/L	Principles of Chemistry w/ lab	4	
<b>Humanistic &amp; Artistic Ways of Knowing</b>			
Student choice from GEM 5		3	
Student choice from GEM 5 (must be different discipline than previously selected GEM 5 course)		3 to 4	
<b>Social &amp; Behavioral Ways of Knowing</b>			
PSYC 101	General Psychology	3	
EXHS 155	Health and Wellness	3	
<b>Connecting With Ideas</b>			
CWID 101	Connecting with Ideas	3	
<b>Global Perspectives</b>			
HLTH 280***	Global Health	3	
<b>Additional CWI courses that also meet LCSC BA/BS Degree Requirements</b>			
ANAT 212	Human Anatomy and Physiology 2	4	
HLTH 220	Fundamentals of Nutrition	3	
EXHS 163	Fitness, Assessment, and Design	3	
EXHS 201	Foundations of Physical Activity	3	
EXHS 220	Care and Prevention of Athletic Injury	4	
EXHS 243	Applied Kinesiology	3	
HLTH 290	Exercise and Health Science Capstone	2	
CHEM 112	Principles of Chemistry 2	4	
HLTH 101	Medical Terminology	3	
***At CWI, students must select a GEM course that includes the "E" (Ethics) designation			
<b>CWI TOTAL</b>		<b>69</b>	

Course #	Course Title	CR	
<b>Health &amp; Kinesiology Program</b>			
KIN 361	Biomechanics Lab	1	
KIN 362	Biomechanics	3	
KIN 363	Physiology of Exercise	3	
KIN 364	Exercise Physiology Lab	1	
KIN 381	Tests and Measurements	3	
KIN 434	Exercise Prescription	3	
KIN 494	Internship	3	
KIN 260 or BIOL 280	Introduction to Kinesiology and Health or Pre-Medical Seminar	1	
Choose 8-9 credits (THREE COURSES) from the following Selectives: KIN 411, KIN 435, KIN 436, KIN 467, HLTH 248, HLTH 343, HLTH 453, HLTH 454		8-9	
<b>Natural Science Program</b>			
BIOL 181	Ecology Evolution Diversity	4	
BIOL 182	Cellular Mechanism	4	
PHYS 111	General Physics 1	4	
PHYS 112	General Physics 2	4	
MATH 253 or PSYC 300	Statistical Methods	3	
Select 2 to 4 credits of Natural Science credits 300/400 level		2 to 4	
<b>Senior Research Project</b>			
KIN 498	Senior Research Project I	3	
KIN 499	Senior Research Project II	3	
<b>Integrative Seminar: Ethics and Values</b>			
Student does not need this class when transferring with an AA or AS			
<b>Graduation Requirements</b>			
Resident Credits		32	
Upper Division Credits		36	
<b>MINIMUM TOTAL CWI &amp; LCSC Credits</b>		<b>120</b>	

Complete all required/elective coursework for the AA/AS degree at College of Western Idaho (60 credits minimum).

- This advising guide is based on completion of an Associates degree (AA/AS) in Exercise Science at the College of Western Idaho with additions made to meet lower division requirements.
- Students who transfer without being core complete may need to take additional LCSC General Education core courses.
- 32 Residency (LCSC) credits required for graduation/36 must be upper division.

At CWI a minimum grade of "C-" is required for Gen Ed courses and a minimum 2.0 GPA is required to qualify for Associate's Degree.