

VIDEO-BASED REFLECTION ON TEACHING



September 2020 through June 2021

Video-Based Reflection on Teaching (VBRT) is a cyclical professional learning opportunity for teachers eager to transform their vision and understanding of effective teaching into daily practice. Research supports evidence of increased student achievement with VBRT, particularly when done in multiple cycles. It is critical that teachers engage in 2-3 VBRT cycles in a six-week period.

DESIRED OUTCOMES

- Connect one's daily teaching practice to research-based teaching practices
- Examine one's own teaching practice critically
- Collaboratively discuss one's own teaching practice in retrospective reflection

WHAT PARTICIPANTS WILL DO IN ONE CYCLE

- Choose/articulate one research based teaching practice to work on, often a hypothesis from a previous lesson study cycle
- Record a 3-10 minute segment from the classroom with an IRMC provided Swivl device that captures a moment of attempting to enact that chosen research-based teaching practice
- View the self-recorded video, providing time-stamped comments related to the enactment of that teaching practice as seen by the teacher
- Share the video and comments with the Regional Math Specialist (RMC), who will also view, record and share time-stamped comments related to the chosen teaching practice
- Engage in a 20-minute discussion (online or in person) with the RMS to summarize what was learned about that teaching practice and decide on next steps

Contact Ryan Dent at rpdent@lcsc.edu to advise of your interest and the teaching practice that you would like to work on.