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GENERAL EDUCATION

Course #	Course Title	CR	
Written Communication			
ENGL 101	Writing and Rhetoric I	3	
ENGL 102	Writing and Rhetoric II	3	
Oral Communication			
COMM 101	Fundamentals of Oral Communication	3	
Mathematical Ways of Knowing			
Students choice from GEM 3		3-5	
Scientific Ways of Knowing			
Students choice from GEM 4		4	
Students 2nd choice from GEM 4		4	
Humanistic & Artistic Ways of Knowing			
COMM 220	Introduction to Intercultural Communication	3	
Student choice from GEM 5 (must be different discipline than previously selected GEM 5 course)		3	
Social & Behavioral Ways of Knowing			
COMM 233	Interpersonal Communication	3	
Student choice from GEM 6 (must be different discipline than previously selected GEM 6 course)		3	
Integrative Course			
INTR 250	Integrative Inquiry	3	
Wellness Course			
Student choice from Wellness list		1-3	
NIC Required Program Courses			
COMM 209	Argumentation	3	
COMM 236	Small Group Communication	3	
Choose one of the following: COMJ 140, COMM 103, COMM 111, COMM 212		3	
ELECTIVES: Additional NIC courses that also meet LC State BA/BS Degree Requirements			
<i>Select from the list below to meet the minimum 60-64 credits for AA/AS degree</i>			
PE 160	Foundations of Physical Education	3	
ENGL 292	Creative Writing II	3	
ENGL 293	Creative Writing: Literary Nonfiction	3	
GDES 132	Adobe Photoshop	3	
GDES 133	Adobe InDesign	3	
GDES 225	Intro to Digital Video	3	
NIC TOTAL		60-64	

Course #	Course Title	CR	
Health & Kinesiology Program			
KIN 220	Social-Cultural Aspects of Sport	3	
KIN 260	Introduction to Kinesiology	1	
KIN 425	Ethical Decision-Making Sport Leaders	3	
KIN 484	Community Relations in Sport	3	
KIN 486	Organization and Administration of Health, Physical Education, Recreation, Athletics	3	
KIN 487	Sport Administration	3	
KIN 488	Sport Facilities and Event Management	3	
KIN 489	Sport Marketing and Advertising	3	
Choose 6 credits (TWO COURSES) from the following Selectives:		6	
HLTH 342, HLTH 352, HLTH 453, KIN 221, KIN 410			
Communications Program			
Select 15 credits of the following: COMM 250, 300, 301, 350, 394/494,			
COMM 400, 440, ENGL 308, 497		15	
Select 9 credits of the following: COMM 211, 302, 345, 380, 450,			
ENGL 209, 212, 304, 305, PITPT 119, 139		9	
Senior Research Project: Select KIN or COMM option			
Kinesiology option (take both courses):			
KIN 498	Senior Research Project I	3	
KIN 499	Senior Research Project II	3	
Communication option (take both courses):			
COMM 498	Senior Research Project Design I	3	
COMM 499	Research Project & Seminar in Comm	3	
Integrative Seminar: Ethics and Values			
Student does not need this class when transferring with an AA or AS			
COMM 499	Research Project & Seminar in Comm	3	
Graduation Requirements			
Resident Credits		32	
Upper Division Credits		36	
TOTAL NIC & LC State Credits		120	

Complete all required/elective coursework for the AA/AS degree at North Idaho College (60 credits minimum).

- This advising guide is based on completion of an Associates degree (AA/AS) in Exercise Science at the North Idaho College with additions made to meet lower division requirements.
- Students who transfer without being core complete may need to take additional LC State General Education core courses.
- 32 Residency (LC State) credits required for graduation/36 must be upper division.

At NIC a minimum grade of "C-" is required for Gen Ed courses and a minimum 2.0 GPA is required to qualify for Associate's Degree.