

## **Getting the Year in Gear**

Let's get your LC Work Scholar year off to a good start. Review the questions below with your supervisor. Answers don't need to be reported to the LC Work Scholars office but you and your supervisor must sign off that these questions have been discussed.

### **General Expectations**

- What is my expected schedule, including days and hours?
- Who do I notify when I'm going to be late or absent?
- What is the preferred method of communication (telephone, e-mail, text, etc.)?
- What is the dress code for the department/office?
- Who should I contact if I have a question, concern or problem at my work site?

### Departmental Rules and Boundaries

- What happens if I overhear a student/client talking about using drugs or being hurt by a parent or partner?
- What are the rules and parameters regarding social media?

### Goal Setting (see page 2)

- What does my worksite anticipate I will be able to accomplish during the semester?
- If there is something specific you would like to experience or accomplish, be sure to discuss this with your supervisor. Be realistic, but know that speaking up may open doors to additional experiences.
- How will I measure my progress?
- Are there any department-specific performance measures I'll be tracking?

### Training

- What type of training will I need? Are there specific programs, processes, or software I'll need to learn?
- Will I be allowed to take advantage of professional development classes offered by the college?

Work Scholar Signature: <sub>-</sub>	Date:	
Supervisor Signature:	Date:	

Adapted with permission from Lewis-Clark Service Corps AmeriCorps



# **Semester Goals**

In the tables below, list three goals to work on during the semester and include steps on how to achieve these goals.

- Make sure to keep this document for reference to review your progress towards these goals throughout the semester.
- Write in complete sentences and check for spelling/grammar.

Current Semester (Term	ı/Year):	
Goal #1:		
Specific - What exactly		
do I want to accomplish?		
(Define the new skill,		
knowledge, or outcome		
you're working toward.		
Be clear and focused.)		
<b>Measurable</b> - How will		
I track my progress and		
know when I've		
succeeded?		
(Think: How many? How		
often? What indicator of		
progress will I use?)		
Achievable – Is this		
realistic with my current		
resources and workload?		
What support might I		
need?		
(Consider whether you		
can reasonably reach this		
goal within the semester.)		
<b>Relevant</b> – Why is this		
goal important for my		
worksite role or long-term		
career goals?		
(Connect the goal to your		
current responsibilities or		
future ambitions.)		
<b>Time-Bound</b> – What		
is my deadline? What are		
key checkpoints or		
milestones?		
(Include a specific target		
date and, if helpful,		
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# Goal #2:

Specific - What exactly	
do I want to accomplish?	
(Define the new skill,	
knowledge, or outcome	
you're working toward.	
Be clear and focused.)	
<b>Measurable</b> - How will	
I track my progress and	
know when I've	
succeeded?	
(Think: How many? How	
often? What indicator of	
progress will I use?)	
Achievable – Is this	
realistic with my current	
resources and workload?	
What support might I	
need?	
(Consider whether you	
can reasonably reach this	
goal within the semester.)	
<b>Relevant</b> – Why is this	
goal important for my	
worksite role or long-term	
career goals?	
(Connect the goal to your	
current responsibilities or	
future ambitions.)	
<b>Time-Bound</b> – What	
is my deadline? What are	
key checkpoints or	
milestones?	
(Include a specific target	
date and, if helpful,	
smaller milestones.)	

# Goal #3:

Specific - What exactly do I want to accomplish? (Define the new skill,	
knowledge, or outcome you're working toward.	
Be clear and focused.)	
Measurable - How will I track my progress and know when I've succeeded?	



(Think: How many? How		
often? What indicator of		
progress will I use?)		
Achievable - Is this		
realistic with my current		
resources and workload?		
What support might I		
need?		
(Consider whether you		
can reasonably reach this		
goal within the semester.)		
Relevant – Why is this		
goal important for my		
worksite role or long-term		
career goals?		
(Connect the goal to your		
current responsibilities or		
future ambitions.)		
<b>Time-Bound</b> – What		
is my deadline? What are		
key checkpoints or		
milestones?		
(Include a specific target		
date and, if helpful,		
smaller milestones.)		
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Work Scholar Signature	:	Date:
Supervisor Signature		Date: