Blue Mountain Community College to Lewis-Clark State College

Sociology 2025-2026

Advising Guide



 $\textbf{Contact: BMCC Advising} \mid 541\text{-}278\text{-}5757 \mid ssc@bluecc.edu$

EXPRESS

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PROGRAM REQUIREMENTS

Course #	Course Title	CR			
Major Cours	Major Courses				
ANTH 386 or	Ethnography or				
HIST 200 or	Keys to Historical Research or	3			
PSYC/SS 300 Statistical Methods					
POLS 200	Social and Political Philosophy	3			
SS 385	Research Methodology	3			
SS 499	Research Project and Seminar	3			
SOC 102	Social Problems	3			
Select 15 credits of SOC numbered 300 and above		15			
Select 8 credits of foreign/heritage language		8			
Select 15 credits ANTH/HIST/JS/POLS/PSYC numbered 300 and above; at least 3 credit each of ANTH, HIST, and POLS		15			
General Ele	ctives BMCC or LC State				
General Electives needed to reach at least 120 credits		Var.			
Graduation	Requirements				
Residency Credits		32			
Upper Division Credits		36			
Total Semester Credits					
LC State Admissions					
www.lcsc.edu/admissions or (208) 792-2378 admissions@lcsc.edu					

Notes:

GENERAL EDUCATION

	GENERAL EDUCATION		
Course #	Course Title	CR	
Written Comm	nunication		
WR 121Z	English Composition	4	
WR 122Z	English Composition	4	
Oral Commun	ication		
COMM 111	Public Speaking	4	
Mathematics			
Select at least 1 co	ourse 100 level or above, in consultation with BMCC advisor	4	
Science/Math,	/Computer Science		
	courses from 2 or more disciplines including at least 3 la with BMCC advisor	ıb scier	ices,
		1.	
		16	
Arts and Lette	rs		
Select at least 3 with BMCC adv	courses from 2 or more disciplines, in consultation isor	12	
Social Sciences	s		
SOC 204 or 205	General Sociology or General Sociology/Institutions	4	
Select at least 3	additional courses, in consultation with BMCC advisor	12	
Health/Wellne	ess/Fitness		
Select at least 3 credits, in consultation with BMCC advisor		3	
Cultural Litera	псу		
Select 1 course, in consultation with BMCC advisor		4	
Additional BM	CC Requirements		
Select addition	al credits in consultation with BMCC advisor	var.	
Additional BM	CC courses that meet LC State BA/BS Degree Require	ments*	**
SPAN 101, 102, 103	1st Year Spanish I, II, and III**	12	
SOC 213	Minorities**	4	
SOC 217	Families and Society**	4	
	Total Quarter Credits for Associate's Degree	90	



Complete all required/elective coursework for the AAOT degree at Blue Mountain Community College (90 quarter credits minimum).